

# School Games News

## School Games Mark 2023-2024 – Gold



As a school we have been working hard behind the scenes to enhance the PE & Health department! We aim to improve the quality of lessons, increase uptake in Year 9 and be the leading department for progress and results... this will take time... but we are up for the challenge! And because of the hard work of staff, pupils have been provided with a number of different experiences within the 'school games remit' to ensure as a school we meet the gold standard criteria! Now to keep it up, keep moving forward! Next stop.... Platinum!

## Year 3 & 4 Tennis Event – Windsor Olympus

As part of my role as SGO I have the privilege of working with a number of secondaries and primaries within my partnership. Wednesday 5 June, I hosted a Year 5 Tennis Event at Windsor Olympus!

- ❖ Barford Primary
- ❖ Oasis Boulton
- ❖ St Edmunds/St Patricks Catholic School
- ❖ St Marks Catholic School
- ❖ William Murdoch

All attended and played some fantastic tennis! Playing within the rules and developing their skills! A massive thank you to the Year7 leaders from Windsor Olympus supporting with the event!



## National Healthy Eating Week - 10 June to 16 June



### Healthy Eating Week is a flagship education programme promoted by The British Nutrition Foundation.

Healthy Eating Week 2024 was all about giving it a go!

The British Nutrition Foundation focused on;

- Get at least 5 A DAY
- Stay hydrated
- Move more
- Focus on fibre
- Reduce food waste

They encouraged everyone, including early years settings, schools, workplaces and community groups, to 'Give it a go'. Whether that meant having one extra portion of fruit or vegetables a day, being a bit more active, experimenting with a new recipe or using up leftovers.

You could do as much or as little as you liked!

All resources were shared during form time and challenges were displayed in the canteen!

Hopefully you played your part! 😊

### Secondary Athletics – Wyndley Track Monday 17th June

Year 8 and Year 9 girls and boys took to the track Monday 17 June to represent SJW in the secondary Athletics competition. All pupils gave 100% effort and performed amazingly. For those that represented SJW you should be so proud, to perform on that level of platform against other schools, take confidence, and everyone of you stepped up!

As I was leading the Athletics event, I got to see all results, and cheered from the finish line for most of you! You made me a very proud PE teacher!! Well done!

## Tuesday 18 June – Jo Nightingale Legacy Day

On Tuesday 18 June, five primary schools came together at Dorrington Academy to play Hockey in memory of Jo Nightingale, the previous SJW School Games Organiser. The event was led by Hockey England, that provided students with t-shirts, water bottles and other goodies for participating. It was an emotional day for some staff who worked closely with Jo, the day ran very well and Jo would have been looking down smiling! A fantastic effort from those that helped with the planning and organising of the day!

## National Sports Week 17 June – 23 June



This year's theme, powered by Sports Direct's Monster Kickabout, brings a special one-off Euro 2024 event that emphasises football as a means to engage young people in 60 minutes a day of PE, sport and play.

Within SJW we collapsed PE and lifestyle lessons and played mini tournaments of football within the lessons. All got involved and had enjoyable PE lessons. Monday 17 June, we had Sport4Life in supporting with PE lessons, therefore creating a carousel of practical activities.

Friday 21 June the canteen provided a 'German style' menu for pupils to sample German food, in line with the Football Euros competition currently on.





### Boys Move Project

The boys move project is coming to a close this Tuesday 25 June, however I wanted to mention how I have loved working with these boys. 😊

Every lesson we start by speaking about how the week has gone, how we can improve behaviour, attitude to learning and attendance. We set ourselves small achievable targets to make better decisions. The past two weeks we have been joined by Diamond Academy, football coaches, who have led some engaging coaching sessions. Pupils have related to the coaches and coaches have discussed their experiences of school and how they can make better choices – even better when some of the coaches have been past SJW pupils!!

Tuesday 25 June – we will be heading to domin8 studios for some Maui Thai – supporting with the community link and providing pupils with a new experience.

### KS2 Athletics Holyhead School

Tuesday 25 June, I will be hosting a KS2 Athletics event at Holyhead school, so far I have x4 primaries attending

- ❖ Oasis Woodview
- ❖ Oasis Boulton
- ❖ Dorrington Academy
- ❖ Cherry Orchard Primary

The event will be supported by Holyhead Yr7/8 leaders to help enhance their leadership skills.

**By Mrs Ratcliffe**