

# Saint John Wall Catholic School

## A Catholic School For All



### Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'



Issue 32

Weekly Information Bulletin

Date: Friday 23 May 2025



Catholic Life Annual Theme: Pilgrims of Hope on the Path of Peace

Termly Theme: 'To hear and respond to what God calls them to be'

Termly Catholic Social Teaching: Peace

Termly SJW Values: Compassionate and Loving

### This week in Weekly Worship...

"We focused on the Ascension. The Ascension is a time when Jesus rose from the dead, spent time with his disciples and returned back to God in Heaven. We can be **curious and active** by thinking about how we can ascend in our own lives - by thinking about what we can achieve, how we can grow and how we can make a positive impact."

By Gradi Pembele 7RES

### This week in Afternoon Prayer...

"We prayed for Water Saving Week. This prayer focused on the theme of 'small waste, big impact'. There are many ways that we can be **active** when it comes to saving water - we can turn off the tap when we are not using it. We also prayed for Birmingham's Pilgrimage to Lourdes. This is a place where people go to pray, to get spiritual guidance and for healing. We pray for those who are going to Lourdes, that they have a safe journey. We like Afternoon Prayer because it helps us to reflect on our actions."

By Amrita Uppal 7HAS and Jenifer Demeterora 7RES

### Class Mass

"This week, we went to Mass as a class. At first, I felt nervous as I was reading in front of my class, but generally, the atmosphere was **peaceful**. Fr Subba asked us about how we are doing in school and reminded us about the importance of listening to our parents and our teachers."

By Liyah Nadeem Rani 7RES

### Dates to Note

- **GCSE/AS/CNAT External Examinations**  
Continue after half term from Monday 2 June 2025 until Wednesday 18 June 2025
- **Half -Term (Whitsun Week)**  
Monday 26 May 2025 to Friday 30 May 2025
- **Year 7 and Year 10 Assessment Week**  
Monday 16 June 2025 to Tuesday 24 June 2025

### Year 11 Half Term Revision

Next week, half term, Year 11s have been informed if they need to attend revision sessions. This is to provide extra support for their exams. See schedule below.

The morning sessions for intervention begin at 9:30am prompt and pupils can arrive from 9:15am. The afternoon sessions for intervention begin at 12:30pm prompt and pupils can arrive from 12:15pm. Pupils who are attending both a morning and afternoon session must remain on site for their lunch break. Please ensure that pupils have brought in their own lunch as the school canteen will not be open.

May Half Term Revision				
	28th May 2025	29th May 2025	30th May 2025	31st May 2025
Admin / First Aid	POL	POL	POL	SAN
AM	Y10 / 11 Science (HAB / CAL/ILY/HEW) Y10 CNAT Sport (YOU)	Maths	English (HEA)	Maths
PM	Geography Health & Social (REY/YOU)	GCSE PE (RAC)	History (GUE/MCI)	



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## GCSE/AS/CNAT Examination Timetable

02/06/2025	09:15	45 mins	GCSE	Italian Tier H - Italian Listening Test Tier H	AQA
02/06/2025	09:15	1 hour 00 mins	GCSE	Italian Tier H - Italian Reading Test Tier H	AQA
03/06/2025	09:15	1 hour 20 mins	GCSE	Arabic Option F - Writing (f)	Edexcel GCSE
03/06/2025	09:15	1 hour 25 mins	GCSE	Arabic Option H - Writing (h)	Edexcel GCSE
03/06/2025	13:15	35 mins	GCSE	Bengali Tier F - Bengali Listening Test Tier F	AQA
03/06/2025	13:15	45 mins	GCSE	Persian Option H - Listening (h)	Edexcel GCSE
03/06/2025	13:15	45 mins	GCSE	Bengali Tier F - Bengali Reading Test Tier F	AQA
03/06/2025	13:15	45 mins	GCSE	Punjabi Tier H - Punjabi Listening Test Tier H	AQA
03/06/2025	13:15	45 mins	GCSE	Polish Tier H - Polish Listening Test Tier H	AQA
03/06/2025	13:15	1 hour 00 mins	GCSE	Punjabi Tier H - Punjabi Reading Test Tier H	AQA
03/06/2025	13:15	1 hour 00 mins	GCSE	Polish Tier H - Polish Reading Test Tier H	AQA
03/06/2025	13:15	1 hour 05 mins	GCSE	Persian Option H - Reading (h)	Edexcel GCSE
04/06/2025	09:15	1 hour 30 mins	GCSE	Mathematics Option F - Calculator (f)	Edexcel GCSE
04/06/2025	09:15	1 hour 30 mins	GCSE	Mathematics Option H - Calculator (h)	Edexcel GCSE
04/06/2025	13:15	1 hour 00 mins	GCSE	Religious Studies Route B - Rs Component 3 Judaism	WJEC GCSE
04/06/2025	14:30	1 hour 15 mins	CNAT	Hsc: Principles Of Care In Hsc Sttns - Hsc: Prncpls Care In Hsc Sttns Wtn	OCR
05/06/2025	09:15		GCSE	History Option Br - Early Elizabethan	Edexcel GCSE
05/06/2025	09:15		GCSE	History Option Br - Superpower Relations	Edexcel GCSE
05/06/2025	09:15	1 hour 50 mins	GCSE	History Option Br - Superpower, Elizabethan	Edexcel GCSE
05/06/2025	13:15	1 hour 00 mins	GCSE	French Tier F - French Writing Test Tier F	AQA



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05/06/2025	13:15	1 hour 15 mins	GCSE	French Tier H - French Writing Test Tier H	AQA
06/06/2025	09:15	1 hour 45 mins	GCSE	English Language - English Language Paper 2	AQA
06/06/2025	13:15	1 hour 30 mins	GCSE	Geography - Geography Paper 2	AQA
09/06/2025	09:15	1 hour 10 mins	GCSE	Combined Science Option F - Paper Four: biology(f)	Edexcel GCSE
09/06/2025	09:15	1 hour 10 mins	GCSE	Combined Science Option H - Paper Four: biology(h)	Edexcel GCSE
09/06/2025	09:15	1 hour 45 mins	GCSE	Biology Option H - Paper Two(h)	Edexcel GCSE
09/06/2025	13:15	1 hour 00 mins	GCSE	Physical Education Mod Upd - Pe: Socio-ctrl Issues Sport Psych Wtn	OCR
09/06/2025	13:15	1 hour 15 mins	GCSE	Italian Tier H - Italian Writing Test Tier H	AQA
10/06/2025	09:15	35 mins	GCSE	Spanish Tier F - Spanish Listening Test Tier F	AQA
10/06/2025	09:15	45 mins	GCSE	Spanish Tier F - Spanish Reading Test Tier F	AQA
10/06/2025	09:15	45 mins	GCSE	Spanish Tier H - Spanish Listening Test Tier H	AQA
10/06/2025	09:15	1 hour 00 mins	GCSE	Spanish Tier H - Spanish Reading Test Tier H	AQA
10/06/2025	13:15	1 hour 30 mins	GCSE	History Option Br - Weimar & Nazi Germany	Edexcel GCSE
11/06/2025	09:15	1 hour 30 mins	GCSE	Mathematics Option F - Calculator (f)	Edexcel GCSE
11/06/2025	09:15	1 hour 30 mins	GCSE	Mathematics Option H - Calculator (h)	Edexcel GCSE
12/06/2025	09:15	1 hour 00 mins	GCSE	Bengali Tier F - Bengali Writing Test Tier F	AQA
12/06/2025	09:15	1 hour 30 mins	GCSE	Geography - Geography Paper 3	AQA
12/06/2025	13:15	1 hour 15 mins	GCSE	Panjabi Tier H - Panjabi Writing Test Tier H	AQA
12/06/2025	13:15	1 hour 20 mins	WTA	Hosp & Catering Industry Paper New - Hosp & Catering Unit 1: Paper New	WJEC GCSE
13/06/2025	09:15	1 hour 10 mins	GCSE	Combined Science Option F - Paper Five: chemistry(f)	Edexcel GCSE
13/06/2025	09:15	1 hour 10 mins	GCSE	Combined Science Option H - Paper Five: chemistry(h)	Edexcel GCSE
13/06/2025	09:15	1 hour 45 mins	GCSE	Chemistry Option F - Paper Two(f)	Edexcel GCSE
13/06/2025	09:15	1 hour 45 mins	GCSE	Chemistry Option H - Paper Two(h)	Edexcel GCSE
13/06/2025	13:15	1 hour 15 mins	GCSE	Polish Tier H - Polish Writing Test Tier H	AQA
13/06/2025	13:15	1 hour 25 mins	GCSE	Persian Option H - Writing (h)	Edexcel GCSE



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16/06/2025	09:15	1 hour 10 mins	GCSE	Combined Science Option F - Paper Six: physics(f)	Edexcel GCSE
16/06/2025	09:15	1 hour 10 mins	GCSE	Combined Science Option H - Paper Six: physics(h)	Edexcel GCSE
16/06/2025	09:15	1 hour 45 mins	GCSE	Physics Option F - Paper Two(f)	Edexcel GCSE
16/06/2025	09:15	1 hour 45 mins	GCSE	Physics Option H - Paper Two(h)	Edexcel GCSE
17/06/2025	09:15	1 hour 00 mins	GCSE	Spanish Tier F - Spanish Writing Test Tier F	AQA
17/06/2025	09:15	1 hour 15 mins	GCSE	Spanish Tier H - Spanish Writing Test Tier H	AQA

## Summer Uniform

After half term, you are allowed to wear your blue polo shirt instead of your shirt and tie.

You must wear this with your blazer around school.

The blue polo shirt must be the PE polo shirt with St John Wall badge on.

**By Mr Price**



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## Catholic Life

### Visit to St Mary's Coffee Club

Pupils have taken part in a line dancing lesson today which was great fun and very energetic. They were also very helpful when a guest had an issue with a Duolingo app on their phone. Guests commented on how polite and courteous pupils had been.

By Mrs Clayton



### Class Mass

When we returned to school after Easter last month, the whole of Year 8 gathered at St Augustine's Church for their year group Resurrection Mass. Thank you to all those pupils who showed they were **active** in volunteering to read and to all of Year 8 for singing so well throughout the Mass. A big thank you to Mr Price, Miss Antonucci and Mr Wieremiewicz for their support in preparing for the Mass and to all class teachers that accompanied Year 8. During this Mass, some of our Year 8 pupils took part in the offertory, carrying the donations that they had **generously** given during our Lenten Reverse Calendar. These donations were given to the St Vincent de Paul Society.

We have also continued with our Class Masses this month and thank Fr Subba and his parishioners for their continued support.



### Caring for Creation

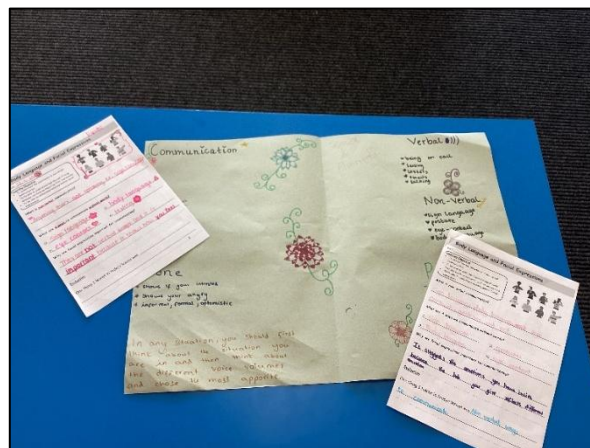
As the weather is now starting to pick up, pupils have been able to focus more on the Catholic Social Teaching of **Care for Creation**. They have helped in many ways including continuing to support the Great British Spring Clean through going litter picking and with Mrs Clayton in our school garden during lifestyle lessons.

A big well done and thank you to our Year 7 lifestyle pupils who helped to clean out our school pond, even when it meant getting their hands dirty and for helping to water all the plants in the greenhouse and garden!



### Communication/Teamwork

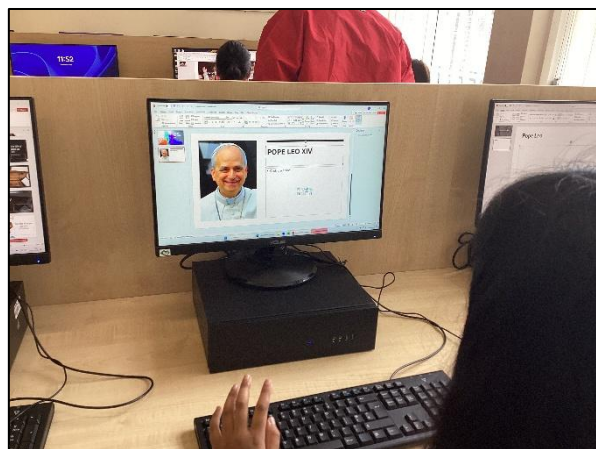
This week, pupils in lifestyle have been looking at the importance of communication, teamwork and body language. Pupils in the Chaplaincy teams thought about verbal and non-verbal ways of communication and how their body language and facial expressions can have an impact. Pupils were very **eloquent** in the way they spoke about these topics and were **curious** about how every situation is different and so it is important to present themselves well. Well done!





## Pope Leo XIV

Over the past few weeks, pupils in lifestyle groups have been finding out about the life of our new Pope, Leo XIV. Pupils watched his first address from the Vatican and reflected on important points that he spoke about including **hope, peace**, building bridges and equality. As well as this, pupils visited our school library, working on the computers to find about more about his childhood, his family and his upbringing.



Pupils also continued to be **loving and compassionate** when reflecting on the life of Pope Francis and when thinking about the importance of Pope Leo XIV carrying on his work.



## The Ascension

This week, the pupils had a Weekly Worship that focused on the Ascension. They carried on exploring this in their lifestyle lessons, looking at the timeline of events from Palm Sunday to Easter Sunday and the Ascension. Pupils were **attentive** in thinking about how Jesus commissioned his disciples and the importance of how they can ascend in their own lives with their growth and achievements.



## Mental Health Awareness Week

This month, we celebrated Mental Health Awareness Week and thought about the importance of community. A big thank you to those pupils in the Year 8 Wellbeing Team who helped to lead a Weekly Worship on Teams on the theme of community for pupils from Year 7-Year 10.

### Respond

This year, Mental Health Awareness Week is taking place this week – from 12-18 May 2025.

This year, the theme is 'community'. This is because the Mental Health Foundation want to celebrate the power and importance of community.

Being part of a safe, positive community is vital for our mental health and wellbeing. Communities can provide a sense of belonging, safety and support and can give us a purpose.

They can help us to feel connected and valued.

Mission Statement: "To educate each and every unique child in our care to hear and respond to what God calls them to be"

### MENTAL HEALTH AWARENESS WEEK

12-18 MAY 2025

By Mr Lysaght



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## Bulls in the City 2025 – “Forte”



The other side displays meaningful emblems of hope:

- A lantern for guidance and light in darkness
- An anchor for faith and stability
- A dove for peace
- And two hands cradling the world inside a heart for love, care, and compassion

This design was created by pupils from across the school, with each contribution offering a personal interpretation of hope and faith. Together, these elements celebrate the diversity of our community and the strength we find in walking together in faith.

We'll keep you updated on where *Forte* will be located during this summer's trail!

By Mrs Towie



For the past two months, we've had an extra special visitor in the art room — a member of the herd from *Bulls in the City*, an exciting public art trail taking place across Birmingham this summer. These stunning sculptures will be displayed throughout the city during July and August. Find out more at [bullsinthecity.co.uk](https://bullsinthecity.co.uk).

Our school's contribution is titled **Fortes In Fide** – Latin for *Strong in Faith* – taken from our school motto. Affectionately known as "**Forte**", our bull is a powerful symbol of spiritual strength, unity, and resilience.

One side of the sculpture features a path with people walking alongside Jesus, symbolising our journey as Pilgrims of Hope, inspired by Pope Francis' call for Jubilee 2025. It reflects our Catholic identity and the shared pilgrimage we undertake as a faith community, united in the belief that we never walk alone.



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## Brilliant Club – Warwick University Graduation

On Thursday, myself and Miss Lally accompanied 14 Year 8 pupils on a trip to visit Warwick university and celebrate their achievements in 'The Brilliant Club'. Over the past few months, pupils took part in seminars led by a PhD tutor and became 'disease detectives' as they learnt about how Malaria is spread and came up with potential ways to limit its dangers. At the end of the course, our brilliant scholars wrote a 1,500-word report about everything they have learnt. This was celebrated by a graduation at the university.

Our pupils not only received a certificate and rounds of applause but also went on a tour of the university campus and started to discuss their future plans concerning further education. When pupils were collecting their certificates, Seth Holder and Sarah Omenma became 'spoke scholars' and presented their experiences to everyone. A massive well done to our pupils, who not only became brilliant scholars, but also brilliantly represented our school!

By Miss Lastun



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## Head of Year News

### 100% Attendance and Punctuality

A huge congratulations to all the pupils who achieved 100% attendance with no lates this month. Your dedication, punctuality, and commitment to learning set a brilliant example for everyone.

As we move further into the summer term, we encourage all our pupils to aim for this outstanding level of attendance. Everyday counts – being present and on time gives you the best chance to learn, grow and succeed.

Let's all strive for 100% attendance and zero lates in June!

Together, we can make every moment of learning count.

By Mr Hussain

Daniel Aleksejevs	7PHA
Humaira Arshad	HUB
Sunny Atobrhan	8HEA
Riya Bains	10ANT
Kritika Basra	10MOH
Hafija Begum	HUB
Sham Behane	10BRO
Amrit Bhopal	7RES
Ernesto Johnson	9CAL
Aneesa Chucha	SFC
Valerie Ejianreh	8AHM
Elisha Ezebuio	7PHA
Samadhi Fernando	7MAV
Erica Fosua Agyemang	10ANT
Rihana Guesh	10ANT
O'Mari Harvey	11MUH
Seth Holder	8AHM
Favour Ifeosame	7PHA
Annabel Ika	7PHA
Amarachi Isife	7PHA

Chinomso Isife	8AHM
Anamul Islam	HUB
David Kadzik	8BRS
Sandra Lutrzykowska	10TOW
Ellie Mai	10ARD
Zakariya Malik	9ILY
Jose Malundama	11MUH
Daiana Mancescu	10TOW
Zion Matondo	7RES
Jannat Mehmood	HUB
Elaine Mensah	9CAL
Joshua Berhe	9LEV
Akram Morisho	7HAS
Dieudonne Nah	8AHM
Arielle Elise Njike Yomi	9ILY
Chisom Nwaichi	10MOH
Daniel Oji	11JON
Denzel Okyei	11MCI
Sana Rani	7BRK
Kavishnan Sanker	9ESM
Malachi Scarlett	8HAB
Aiden Shergill	HUB
La'Sharnti Stewart	7PHA
Mateusz Teterycz	10MOH
Jayden Tyrell	8HEA





## Head of Year News

### Helping Your Child Manage Separations and Goodbyes

For many parents, saying goodbye to their child – whether it's at the school gates, a sleepover, or a new club – can be tough. If your child struggles with separations, you're not alone. Even older children can feel unsettled by change, and it's important to understand what might be going on beneath the surface.

#### Why Is My Child Anxious About Separation?

Separation difficulties are often rooted in fear of the unknown. New situations, people or places can feel overwhelming. Children naturally seek the comfort of those they trust most when they're scared. This is normal – and in many ways, it's a protective instinct.

#### How Does This Affect Me as a Parent?

Watching your child become upset during a goodbye can trigger a wave of emotions – from anxiety to frustration, even guilt. You may worry if they'll be okay, especially when tears and clinginess take over. This can make leaving feel stressful and emotionally draining for you both.

#### What Can Help?

Here are some practical tips to ease the process:

**Start small:** Gradual exposure to new settings can help, especially for shy or anxious children.

**Be present daily:** Offer them your full attention for even just 10–15 minutes each day. Quality time builds emotional security.

**Validate their feelings:** Try saying, "It's hard saying goodbye, isn't it? But I'll be back soon and you'll have fun while I'm away."

**Create a goodbye ritual:** A high five, a special wave, or a set number of kisses can provide comfort and consistency.

**Leave a reminder:** A family photo in their bag or a small note can help them feel connected to you during the day.

**Stay calm:** Your confidence reassures them. Try to manage your own emotions before the goodbye moment.

**Seek support:** If your child's anxiety is persistent and impacts daily life, don't hesitate to speak with your GP or school for further guidance.

Remember, it's often the moment of separation that's hardest. Most children settle once they've had time to adjust.

Every child is different, and some may need more support than others. If your child has additional needs, there are dedicated services and organisations that can offer tailored help. Reach out – support is available.

Your patience and understanding now can help build your child's independence for the future.

**By Mrs Ellis**

### What's on during May/June 2025

#### Resorts World Free Family Fun Days - 26–27 May

Enjoy live science shows, an animal petting zoo, a Great Science Hunt, and crafty colouring stations at Resorts World. It's a perfect spot for a full family day out.

#### Lapworth Museum of Geology - Open Daily

Located at the University of Birmingham, this museum offers interactive exhibits showcasing fossils, rocks, and minerals. It's a great educational outing for families.

#### The Donkey Sanctuary, Sutton Park - Open Daily

Meet and learn about donkeys at this sanctuary located within Sutton Park. It's a delightful experience for animal-loving children and offers a chance to enjoy the surrounding natural beauty.

#### Inspired Festival: Family Day - Saturday, 7 June 2025

Birmingham City University, City Centre Campus  
Enjoy a day filled with creative and inspiring activities suitable for all ages. The event offers various hands-on experiences designed to engage families in fun and educational ways.

#### Summer Solstice Festival - Saturday, 21 June 2025

326 Oxhill Rd, Birmingham  
Celebrate the longest day of the year with a community festival featuring live music, arts and crafts, and family-friendly activities. A great way to enjoy the summer atmosphere with loved ones.

#### Walsall College June Open Day - Saturday, 21 June 2025

Explore educational opportunities with interactive sessions and family-oriented activities. While primarily an open day, the event includes workshops and demonstrations suitable for children and parents.

**By Miss Cummings**



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## Head of Year News

### Head of Year 11

Well done Year 11 pupils who are half way through their GCSE examinations. Fantastic effort so far - keep it up.

#### Why This Time Matters

The period after half term is crucial. It's your final stretch for your remaining exams, and every day counts. Being present, on time, and ready to learn gives you the best chance to succeed.

#### Top Tips for Exam Preparation

##### 1. Be Present Every Day

- Every lesson builds your knowledge and confidence.
- Missing even one day can leave gaps that are hard to fill.
- Teachers often give key revision tips and exam techniques in class.

##### 2. Arrive On Time

- Being punctual shows respect for your learning and your teachers.
- It helps you start the day calmly and focused.
- Late arrivals can mean missing important instructions or warm-up tasks.

##### 3. Come Prepared

- Bring all necessary equipment: pens, pencils, ruler, rubber, highlighter etc.
- Have your revision notes ready.
- Use a planner or timetable to stay organised.

#### Smart Revision Strategies

- **Make a revision timetable:** Break subjects into manageable chunks.
- **Use active revision:** Flashcards, quizzes, mind maps, and teaching others.
- **Take regular breaks:** Short, focused sessions are more effective.
- **Practise past papers:** Get used to the format and timing of exams.

### Look After Yourself

- Get enough sleep – your brain needs rest to retain information.
- Eat well and stay hydrated.
- Talk to someone if you're feeling stressed – you're not alone

### Final Thought

- Success doesn't come from cramming the night before. It comes from consistent effort, day by day. Make the most of every school day, and give yourself the best chance to succeed.

#Limitless

By Mrs Chand



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## Stars of the Month

### English

**Awais Ahmed Khan 10TOW** - Outstanding contributions to class discussion.

**Africa Beauty Garcia George 10BRO** - Sharing fantastic written examples with the class.

**Riccardo-Mario Sfeta 10ANT** - Always looking to improve work and build on success-keep up the fantastic attitude.

**Lena Le 11JEL** - Positive outlook and supporting peer.

**Jose Malundama 11MUH** - Continued focus and positive outlook.

### By Miss Jones

**Erica Fosua Agyemang 10 ANT** - For consistent effort, a positive attitude in lessons, and showing great improvement in written work this month.

**Raydon Nguyen 8HAB** - For showing excellent focus in class, contributing thoughtfully to discussions, and making strong progress in his reading and writing.

### By Mrs Wieremiewicz

**Sana Rani 7XJ** - for her attention to detail and going above and beyond for her Bedrock homework.

**Matthias Makinde 7XJ** - for his new found enthusiasm in English. Matthias has proved to be a very capable and confident pupil when studying poetry.

### By Mrs Ellis

### PE and Health & Social Care

**Veer Kaura 10MOH** - For his amazing enthusiasm and engagement for cricket and rounders.

**Arashjit Singh 10BRO** - Good effort on his coursework so far.

**O'Mari Harvey 11MUH** - Great subject knowledge and his hard work in class and on moderation day.

### Mr Arshad

**Chisom Nwaichi 10MOH** - Contributing more in lessons.

**Alexandru- Ionut Sultana 9ILY** - Positive and friendly attitude towards subject.

### By Miss Reynolds

**Jenifer Demeterova 7RES** - Fantastic attitude towards PE, supportive and motivating to others.

**Dieudonne Nah 8AHM** - Gives 100% in all sports. Listens to feedback and always tries to improve.

### By Mrs Ratcliffe





## Stars of the Month

**Emmanuel Franklyn-Uloh 8BRS** - Great leadership in lessons and effort levels within lessons this term.

**Denisa-Alexia Caldararu 11JON** - Shown great effort within coursework and exam lessons this term.

**By Mr Ahmed**

**Kushi Patel 8HAB** - For always answering questions and working hard to achieve the best score she can in athletics.

**Nikodem Jaron 9ILY** - For taking on board information and using this to inform and complete his coursework.

**By Mrs Padmore**

### CNAT SPORT

**Sebastian Kaso 9ESM** - For working really hard on his coursework in sports studies.

**Sunnah Rafiq 10TOW** - For being confident when delivering her session plan to peers.

### Year 9 Core PE

**Nagina Amdad 9LEV** - For giving every activity within PE her all.

**Hairan Kimba Musah 9ILY** - For being helpful within lessons, always being polite and caring towards others.

**By Miss Young**

### Science

**Kaylan Phu 7PHA**  
**Aangelinah Pereira 9LEV**

**Jayda Corbett-Brooks 7PHA**  
**Charlene Tuong 9ILY**

**Kamalpreet Kaur 9CAL**  
**Amarvir Dhanda 10BRO**

All above pupils are excellent achievers in class. They are all learned and wise, filled with catholic values.

**By Mr Rahman**

### RE

**Ansh Kumar 7XS** - For settling in so well and working hard each lesson.

**Zara Sheikh 7YJ** - for her hard work and dedication to her learning.

**Filip Daszkiewicz 8YS** - For his engagement and involvement in class discussions.

**Kelly Pham 8XW** - For her focus and dedication to taking on board teacher suggestions. Also, for her lovely reading in lesson.

**By Mrs Ellis**





## Stars of the Month

### Maths

**Serafein Khan 7BRK** - Consistent effort in lessons.  
**Brian Borawski 7PHA** - Continued effort in lessons and persevering despite a hand injury which made it difficult to write.  
**Ruth Grewal 7MAV** - Excellent verbal contributions in lessons  
**Patrick Westwood 8PAD** - Consistent effort and contribution in lessons.  
**Nathan Elue 8HAB** - Consistently good presentation and layout of bookwork.  
**Maninderdeep Sidhu 9RAH** - Excellent attitude to learning.  
**Justin Holodeair 10ANT** - Consistent effort and contribution in lessons.  
**Noah Paul 10TOW** - Excellent attitude to learning.  
**Yacob Binyam 10BRO** - Outstanding Sparx homework record.  
**Isabella Gill 10MOH** - Outstanding Sparx homework record.  
**Rayna Jassal 10MOH** - Outstanding Sparx homework record.  
**Kaiden Mowatt 7HAS** - Excellent verbal contributions in lessons.  
**Alzbeta Kalokova 8PAD** - Consistent effort in lessons.

### By The Maths Department

### Science

**Elana Harris 8PAD** - for always working hard in her science lessons.  
**Amrit Singh 8HAB** - for insightful participation in all lessons.  
**Alex Dirda 8AHM** - for always working well in lessons.  
**Patrick Westwood 8PAD** - for his participation in lessons.  
**Aaliyah Bains 9CAL** - for producing some excellent work in science.

### By Mrs Ilyas

**Jalal Aziz 11MUH** - for his determination to succeed in his exams. Faith-filled and Hopeful.  
**Zara Khan 11KIY** - for her positive effort and attitude towards her exams. Faith-filled and Hopeful.  
**Zakir Waqas 9CAL** - for improvement in science - Learned and wise.  
**Har-Sahib Singh 8BRS** - for excellence in science.  
**Adunoluwa Adesola 8PAD** - for excellence in science.

### By Ms Forbes

**Tia Mattis 9ESM** - Always trying her best, a really positive attitude in Science.  
**Hairan Kimba Musah 9ILY** - Always trying her best, a really positive attitude in Science.  
**Dieudonne Nah 8AHM** - Focused and determined in every science lesson.  
**Justin Singh 8HEA** - Always helpful and insightful during lessons.

### By Miss Kiyani



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Handsworth  
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B21 8HH



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www.sjw.bham.sch.uk





**Maths Department**

## **Pupils in Year 7, Year 8, Year 9 & Year 10**

From this term onwards all pupils in Year 7 to Year 10 will be required to purchase their own

**CASIO Maths calculator** product number

**Fx-85GT CW**

Some are currently available to purchase from school at a HEAVILY discounted price of....

**£5 from Reception**

(This offer is only available until the End of July)



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[www.sjw.bham.sch.uk](http://www.sjw.bham.sch.uk)



## Athletics Awards

Well done to the following pupils that have achieved Bronze, Silver or Gold awards in their athletics lessons this week.

### Year 7

800m

Meera Badhan - Bronze

Sana Rani - Gold

### Year 8

800m

Goldlyn Omali - Okonkow- Silver

Z'neah Williams -Bronze

Praise Ejiofor - Bronze

Angela Baruti - Bronze

### Shot Put

Sunny Atobrhan - Gold S

Tanaka Johwa - Gold

Kushi Patel - Gold

Elana Harris - Gold

Olawunmi Ilori - Silver

Rupinder Ram Rani - Silver

Iman Buttran - Bronze

Alysha Gabor - Bronze

Georgia Goring - Bronze

Christina Morisho - Bronze

### 100m Sprint

Jayden Tryrell - Bronze

Chinomso Isife - Bronze

Caleb Buck - Bronze

Ksawery Winczura - Gold

Dieudonne Nah - Gold

### Year 9

100m

Jamie Hoang - Silver

### Javelin

Aaliyah Bains - Bronze

Favour Basil - Bronze

Lorraye Harris - Silver

Arielle Elise Njike Yomi - Bronze

### Year 10

#### Shot Put

Rehmidi Wright - Bronze

Valentina Opoku - Bronze

Rayna Jasal - Bronze

Precious Ilori - Bronze

Success Ihaza - Bronze

Darling Dikoko - Bronze

Priya Chem - Bronze

Deborah - Agbolade - Bronze

Monique Smikle - Silver

Sunnah Rafiq - Gold

Erica Fosua Agyemang - Gold

Kritika Basra - Bronze

Rihana Guesh - Bronze

Sandra Lutrzykowska - Bronze

Silvia Nah - Bronze

Chisom Nwaichi - Bronze

Ella Prescott-Hopkins - Bronze

Aaphryl Pereira - Gold

**By Mrs Padmore**



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## School Games News – May 2025

### The School Games Mark 24/25



The School Games Mark is a government-led awards scheme launched in 2012 to reward schools for their commitment to development of competition across their schools and into the community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress.

The School Games Mark for 2024/2025 academic year is now available to complete from **Thursday 1 May to Friday 25 July 2025**.

Last academic year St John Wall achieved the bronze award, let's see what this academic year brings!

So far.....

Windsor Olympus Academy have achieved GOLD

St John Wall Catholic School have achieved GOLD (pending validation)

Oasis Academy Woodview have achieved GOLD (pending verification)

Grestone Academy have achieved SILVER

Hamstead Hall have achieved BRONZE (pending verification)

St Marys C of E Primary and Nursery, Academy Handsworth have achieved GOLD

If you are yet to start, please take advantage of the afternoon of support here at St John Wall: **Thursday 12<sup>th</sup> June 2pm - 5pm (SJW: B21 8HH)** I will be hosting an afternoon where you can attend SJW and complete your application with my support. You will need to bring your laptops; however, I will be able to provide you with WIFI. Colleagues that have attended this afternoon previously found it beneficial and speedy as I can review with you there and then and confirm your overall award level there and then. **If you would like to attend, please just let me know as I will need to keep a record to share with the office (safeguarding) and an approx. time of arrival.**



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## **Up and coming events – summer term - Primary & secondary**

### **Primary**

Monday 9<sup>th</sup> June - Yr3+4 Tennis Festival at Windsor Olympus (B18 4LX)

Inspire Event - Aim to raise the aspirations of young people. Focus on engagement, competition or a blend of both. Wanting young people to feel inspired and enthused.

6 School MAX - 6 pupils per school.

Monday 16 June - Yr5+6 Tennis Festival at Windsor Olympus (B18 4LX)

Inspire Event - Aim to raise the aspirations of young people. Focus on engagement, competition or a blend of both. Wanting young people to feel inspired and enthused.

6 School MAX - 6 pupils per school.

Friday 13 June - Yr5+6 Athletics Competition at Holyhead (B21 0HN)

Competitive Event - Compete events aimed at young people who like to be competitive. test yourselves against other schools and develop your own skills.

6 Schools MAX - 8 Pupils per school.

Monday 7 July - Yr5+6 Cricket Festival at St John Wall (B21 8HH)

Inspire Event - Aim to raise the aspirations of young people. Focus on engagement, competition or a blend of both. Wanting young people to feel inspired and enthused.

5 Schools MAX - 6 pupils per school.

All of the above are mixed gender, where possible an equal split. Please can we also ensure we priorities PP students and those on FSM.

### **Secondary**

KS3 Boys Astro Cricket League – Summer Term 2

#### **Rounders Tournaments**

Year 7 – 7<sup>th</sup> July @King Edwards Handsworth Girls

Year 8 – 23<sup>rd</sup> June @Holyhead

Year 9 – 30<sup>th</sup> June @King Edwards Handsworth Girls

Year 10 – 16<sup>th</sup> June 2025 @King Edwards Handsworth Girls

#### **Athletics Competition**

Yr8 Girls & Boys – 17<sup>th</sup> June @Wyndley Athletics Track

Yr9 Girls & Boys – 25<sup>th</sup> June @Wyndley Athletics Track

**If you would like to represent SJW in any of the above events or would like to further develop your skills learnt within PE lesson this term please speak to a member of PE.**



## National sports week - Monday 16 June to Friday 20 June 2024

Team PE are working hard in the background to start to make plans for how this will look this year! Last year the focus was football due to the Euro's, this year we would like MAXIMUM PARTICIPATION from all students! Watch this space.....

National School Sports Week is an annual UK initiative run by the Youth Sport Trust to promote physical activity and the importance of PE, sport, and play in schools. It aims to encourage young people to be more active and to celebrate the benefits of sport and physical education.

### Sports Leadership

#### Girls Football Go Lead Project



The "Girls Go Lead" project, a component of the Barclays Game On initiative, focuses on empowering girls to become football leaders within their schools and communities. It aims to equip girls with the skills and confidence to design, deliver, and market football activities for their peers, fostering a culture of participation and leadership.

6 year 8 students have attended the training at Alexander Stadium & Aston Villa Ground to develop their leadership skills through football. Mrs Ratcliffe will be in touch with local primaries to discuss when the leaders can lead a session to hopefully promote girls football at grassroots level.

### LTA Tennis Leaders





8 Year 9 students have complete their LTA Young Tennis Leaders Award, following a session at King Edwards Trinity Road, Sports Playing Fields. They developed leadership skills and identified different qualities required to be a good leader. All students were active and engaged, some playing tennis for the first time. They are now confident to lead a skills session with primary level students. Mrs Ratcliffe will be in touch with local primaries to see when they are able to deliver some tennis skills session to other students!

**If any of the above leadership session take your interest please let me know**

**Saint John Wall Catholic School**  
*A Catholic School For All*



**ACTIVE**  
@SJW



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Be Empowered.....



Early Support Programme for SEND Parent Carers

## Be Empowered Workshops

(10.9) Online  
Friday 06/06 – 11/07  
10:00-13:00  
Joining instructions will be sent  
when space is confirmed

(10.10) Face-to-Face/Online  
Saturday 07/06 – 12/07  
12:30-15:30  
Oasis Academy Hobmoor, Wash Lane,  
Birmingham, B25 8FD.

Are you a parent of  
a child with special  
or additional  
needs?

Do you want to meet with other  
parents and learn more about  
local and national services and  
what they can offer?

Do you want to feel more  
confident about working with  
practitioners and making  
decisions about your child's  
journey?

We warmly invite you to a series of workshops that have been written by and are led by trainers who are parent/carers of a child with additional needs themselves.

These workshops are for parent/carers of children and young people of any age, with any additional need, with or without a diagnosis. They are an opportunity to support parent/carers through times of change and at whatever stage of the journey participants may find themselves, as well as to connect with other parents to help them to build additional connections and support networks in a positive way.

**TO BOOK – Please complete the booking form and return to:**  
[BeEmpowered@birmingham.gov.uk](mailto:BeEmpowered@birmingham.gov.uk) by Tuesday 3<sup>rd</sup> June 2025

For more information please contact: Christine Legore on **07770762056**  
or Nathalie Messanvi on **07943364833**



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Be Empowered...



## Be Empowered Workshop – Early Support Programme for SEND Parent Carers

### Booking form for Be Empowered Workshops

Please note there is no charge for these workshops. And we are unable to offer a creche facility.

Please complete all sections in BLOCK CAPITALS.

To ensure that we can process your form swiftly please ensure the form is fully completed and the consent overleaf is signed and dated.

#### Your Details:

Parent Carer Name.....

Address.....

Postcode.....Telephone (Mobile) Number .....

Email Address.....

Age of your child(ren) and their individual additional needs

.....

Any special requirements or access requirements (inc dietary requirements for refreshments/allergies):

.....

Which BEWs workshop do you wish to book? .....

If the one you have chosen is full, please list a second choice: .....

To ensure that we are being fully inclusive, we would appreciate your answer to the following questions, if you do not wish to say, please state that.

What is your nationality? .....

Do you identify as having a disability? Yes/No/Prefer Not to Say

Name: ..... Signature: ..... Date: .....



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**Please read Course Booking Terms and Conditions below. Please email both pages of this booking form including the signed consent to [BeEmpowered@birmingham.gov.uk](mailto:BeEmpowered@birmingham.gov.uk)**

For any queries about the Be Empowered Workshops please call  
Christine Legore, Parent Engagement Consultant on: 07770 762 056

## **TERMS AND CONDITIONS**

### **ALL Birmingham SEND SUPPORT SERVICE COURSES**

Due to current Covid-19 restrictions there is a maximum number of people that can attend a training session. Therefore, places will be allocated on a first come first served basis.

On receiving this booking we will assign available place/s where possible. If bookings are received after the deadline, places may not be available and you may be asked to join a waiting list. Whilst every effort will be made to ensure places and keep the dates and venues as advertised, we reserve the right to amend or cancel courses without notice. We will make every effort to inform you in advance if possible. Birmingham SEND Support Services do not accept any liability whatsoever, if for whatever reason, the course does not take place.

### **CONFIRMATION**

Bookings will be confirmed by telephone and/or email. In delivering these workshops we will be working to the current Covid-19 guidelines as stipulated at that time. A facilitator will explain in more detail when booking confirmation takes place.

### **RESERVING A PLACE AND CANCELLATION CONDITIONS**

By entering details on the booking form the delegates confirm they have read, understood and accepted the terms and conditions and are able to attend on the dates specified.

Please contact us as soon as possible if you need to cancel so the place can be offered to someone else.

### **EQUAL OPPORTUNITIES**

Birmingham SEND Support services are committed to equal opportunities in training and professional development and we positively welcome course delegates irrespective of their gender, race, disability, colour, ethnic or national origin, nationality, sexuality, marital status, responsibility for dependents, religion, trade union activity and age. We will not accept any form of discrimination at any time during the event.

### **CONSENT**

### **CONSENT – TO BE COMPLETED AND SIGNED BY ALL PARENTS / CARERS/ PROFESSIONALS**

☐ I agree to Birmingham City Council (BCC) SEND Support Services processing personal details and contact information and I understand that both paper and electronic records may be kept as a result of my attendance on the 'Be Empowered' Workshops and that any records will be kept securely and destroyed safely in accordance with BCC Document Retention and Deletion Schedule.

☐ I understand that information (for example my name, address, phone number, email address) will only be shared with course facilitators as a result of attending the 'Be Empowered' Workshops. This will be done in accordance with Birmingham City Council's Information Sharing Protocols. This will only be information that is relevant and necessary, shared with people who need that information and, when there is a specific need for that information to be shared at that time.

☐ By signing this form I give explicit consent for BCC SEND Support Services to communicate with me including by secure email.

☐ I understand that as part of the General Data Protection Regulations I have a right to request a copy of the information BCC holds about me. For more information, I can contact BCC's Data Protection Officer at the Corporate Information Governance Team, PO Box 16366, Birmingham, B2 2YY or email: [infogovernance@birmingham.gov.uk](mailto:infogovernance@birmingham.gov.uk)

☐ I understand that I can access the BCC Privacy Notice at  
[www.birmingham.gov.uk/info/20154/foi\\_and\\_data\\_protection/384/privacy\\_statement/1](http://www.birmingham.gov.uk/info/20154/foi_and_data_protection/384/privacy_statement/1)

Name (please print):

Signed:

Date:



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[www.sjw.bham.sch.uk](http://www.sjw.bham.sch.uk)



# MIND MATTERS

"You're Not Alone. We're Here to Help"

Mental Health Awareness Newsletter  
Ladywood & Perry Barr Edition | May 2025

## Welcome

May is Mental Health Awareness Month, and we're shining a light on the mental wellbeing of our communities in Ladywood and Perry Barr. Whether you're struggling, supporting a loved one, or simply looking for ways to boost your wellbeing, you are not alone. This newsletter brings you local support services, community events, and practical tips to care for your mental health. Mental health is a vital foundation for a healthy, fulfilling, and long life — and we believe that everyone should have the chance to experience it.



In the UK, no one should be denied the opportunity for good mental health because of their identity, background, or where they live.

Poor mental health is not inevitable. There are steps we can take — as individuals, within our communities, and across society — to support and promote mental wellbeing for everyone.

## Local Support Services



Mind Birmingham  
Local branch of the national charity  
17 Graham Street, Birmingham  
B1 3JR  
0121 262 3555  
[birminghammind.org](https://www.birminghammind.org)  
Drop-in mental health support,  
counselling, peer support groups.



Kooth is a free, anonymous online mental health and wellbeing service for young people aged 11–25 in Birmingham. It offers live chat with qualified counsellors, peer support forums, self-help tools, and a digital magazine. The service is available 24/7, with live chat hours from 12pm–10pm on weekdays and 6pm–10pm on weekends.



Forward Thinking Birmingham (FTB)  
For young people aged 0–25  
0300 300 0099  
[forwardthinkingbirmingham.org.uk](https://www.forwardthinkingbirmingham.org.uk)  
Offers mental health support, therapy, and crisis intervention for young people in Ladywood and Perry Barr.



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[www.sjw.bham.sch.uk](http://www.sjw.bham.sch.uk)





## "TOGETHER FOR MENTAL WELLBEING" "Speak Up. Reach Out. Be Heard."

"Breaking the Stigma, One Conversation at a Time."



**PAPYRUS**  
PREVENTION OF YOUNG SUICIDE



Aspire & Succeed is a community organisation based in Lozells, Birmingham, offering support to local families and young people.

- Free advice on housing, benefits, and complaints
- Affordable academic tuition
  - Health & Wellbeing
- Youth engagement activities
- Community campaigns and support

3a Carpenters Road, Lozells, B19 2BA

0121 507 0218

Email: [info@aspireandsucceed.org](mailto:info@aspireandsucceed.org)

[aspireandsucceed.org](http://aspireandsucceed.org)

PAPYRUS is a national charity dedicated to the prevention of young suicide.

They offer free, confidential support to anyone under 35, or concerned about a young person.

HOPELINE247: 0800 068 4141 (24/7)

Text 88247

Email: [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

[www.papyrus-uk.org](http://www.papyrus-uk.org)

Based in Aston, Saathi House supports women, young people, and migrant communities through education, wellbeing, and empowerment.

- Mental health & wellbeing workshops
- Youth support and creative programmes
- Women's empowerment and confidence-building
- Community activities

49 Bevington Road, Aston, B6 6HR

0121 328 0013

[saathihouse.org](http://saathihouse.org)



**The Waiting Room (TWR) Directory**  
A free online directory of health and wellbeing services in Birmingham

[the-waitingroom.org](http://the-waitingroom.org)



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[www.sjw.bham.sch.uk](http://www.sjw.bham.sch.uk)

## 31 Upcoming Community Events – West District

### Mental Wellness Walk – Summerfield Park (Ladywood)

1 Saturday, 18 May | 11:00 AM – 1:00 PM

Free, family-friendly walk and talk. Open to all.

### Men's Mental Health Meet-Up – Holford Drive Community Hub (Perry Barr)

1 Thursday, 23 May | 4:30 PM

A safe space for men to talk about mental health and wellbeing

**LADYWOOD HEALTH & HAPPINESS CLUB**  
STARTING THIS MARCH

- Learn self care
- Trips across the city
- Urbane walks in nature
- Reflective time
- Guest health workshops
- Guest professionals
- Meet new people

FOR MORE INFORMATION  
Get in touch:  
T: 0121 516 3341 or  
Lyndy on 07931 931561  
Email: jlojeda@ventureschool.co.uk

Venue: YARD ArtHouse, 25 Batten Park Street, Port Loop Birmingham, B16 0AE

FRIDAY MORNINGS 10AM TO NOON  
FREE FOR THE OVER 50'S

LADYWOOD NEIGHBOURHOOD NETWORK SCHEME



### Birmingham Wellbeing Hub

Second Floor, Link Street, Birmingham B5 4BS



	MON	TUE	WED	THU	FRI
	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM	DROP IN 10AM - 4PM
MORNING	10:00 - 13:00 <b>DROP IN FROM 10:00 AM</b>	10:30-12:30 <b>UNRAVEL: CROCHET &amp; KNITTING GROUP</b>	11:00 - 13:00 <b>EMPLOYMENT SUPPORT</b> shaw trust	10:00 - 13:00 <b>DROP IN FROM 10:00 AM</b>	10:30 - 12:30 <b>WOMEN'S CUPPA AND CATCH UP</b>
AFTERNOON	13:00 - 15:00 <b>INTENSIVE COMMUNITY REHAB TEAM</b> <b>SOCIAL DROP (CLOSED SESSION)</b>	14:00 - 16:00 <b>EMPOWERING CHANGE</b> HOUSING, BENEFITS, HEALTH AND WELLBEING <b>CRANSTOWN</b> Improving Health & Wellbeing <b>BI WEEKLY</b> 14 JAN, 28 JAN, 11 FEB, 25 FEB, 11 MAR & 25 MAR	14:30 - 16:00 (EARLIER START TIME) <b>MEN ONLY HEALTH SESSIONS</b> <b>BI WEEKLY</b> DROPPIN FOR MENS MENTAL AND PHYSICAL HEALTH PEER SUPPORT	14:30 - 16:00 <b>WEEKLY CBT &amp; DBT SESSIONS</b> <b>BETTER PATHWAYS</b> Positive about mental health STARTS FEB 2025 17:30 - 19:00 <b>MALE DOMESTIC ABUSE AND SEXUAL TRAUMA SESSIONS</b>	13:00 - 16:00 <b>DROP IN UNTIL 4:00 PM</b>

**What's On: Apr-Jun**

South House  
48 Bevington  
Aston B6 6LE  
Tiffany@southhouse.org  
www.southhouse.org

<b>Monday</b> Creative English 9:30-11:30am Creative English & Walk 9:30-11:30am Diabetes Programme with CET 1-3pm	<b>Tuesday</b> Creative English 9:30-11:30am Debt Advice Surgery 9:30am-2:30pm Mental health programme - starts 13th May 9-12pm Creative Arts 12:30-2:30pm Creative English 12:30-2:30pm ESOL 2-5pm Girls Youth Club 4-6pm
<b>Wednesday</b> ESOL 9:30-11:30am Sewing 9:30-11:30am Walk & Talk 9:30-11:30am ESOL Advanced 12-2pm Creative English 12:30-2:30pm Girls Youth Club 5-7pm	<b>Thursday</b> Step up to democracy programme 9:30-11:30am Creative English 12:30-2:30pm Digital Skills 12:30-2:30pm Homework Club (boys & girls 8+) 5-7pm
<b>Friday</b> Weekly Workshops 9:30-11:30am Girls Youth Club 5-7pm	<b>Sat &amp; Sun</b> Mother & Daughter cooking 10:30am-12:30pm Ladies only football at Park 10:30am-12:30pm Ladies only basketball at Park 1:30pm-12:30pm Kids Ping Pong at Aston Park 10am-5pm Girls Youth Club 10am-5pm

Projects funded by:

The Leazes South Charity, BARCLAYS, SMALLWOOD TRUST, Ronald Clark, West Midlands Community Foundation, HARRISON FUNDATION, NFL, SPORT ENGLAND, THE MIX, SAATHI HOUSE

**If you need to chat this Mental Health Awareness Week**

**mind**  
SAMARITANS  
CAMPAIGN AGAINST LIVING MISERABLY

**0300 102 1234**  
Open 9am-6pm weekdays

**116 123**  
Always open

**0800 58 58 58**  
Open 5pm - midnight

**0800 132 737**  
Always open

**Text THEMIX to 85258**  
Always open

**Share and save this post**



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family  
action



### Mental Health Tip of the Month

**"Check in with yourself daily."**

Even a 5-minute self-reflection can help you notice stress, anxiety, or low mood before it builds up. Try journaling, a quiet moment of mindfulness, or just taking a few deep breaths.



Handsworth Association of Schools (HAOS) – Mental Health & Family Support  
Handsworth area (serving Perry Barr & surrounds)  
0121 515 0240  
[www.handsworth.bham.sch.uk](http://www.handsworth.bham.sch.uk)  
Support for parents, children and schools around emotional wellbeing.

**Living Well**  
Consortium UK

Living Well Consortium  
Community-based mental health support  
0121 663 1217  
[livingwellconsortium.com](http://livingwellconsortium.com)  
Access talking therapies, wellbeing workshops, and culturally sensitive support.

BIRMINGHAM **ASIAN**  
RESOURCE  
CENTRE

Supporting the local Asian community with advice, care, and wellbeing services.

- Welfare & housing advice
- Carer and elder support
- Immigration sessions
- Mental health & wellbeing activities
- Befriending for isolated elders

149 Lozells Rd, B19 2TP  
0121 523 0580

[asianresource.org.uk](http://asianresource.org.uk)



**FamilyLine** is a free service available to support adult family members on all aspects of family life issues via telephone, text message and email. Whether it's emotional support or practical advice on any aspect of parenting or broader family issues, call: **0808 802 6666**, text: 07537 404282, email: [familyline@family-action.org.uk](mailto:familyline@family-action.org.uk) or live web via our website [www.family-action.org.uk](http://www.family-action.org.uk). - Monday to Friday: 9am – 9pm. The helpline will be covered by SHOUT our text crisis line outside these hours including weekends and bank holidays.

#### We Value Your Feedback

Your experiences matter! Share your thoughts and suggestions for future newsletters. How can we better serve you and our community.

Thank you for your unwavering support. Together, we are building a stronger, more compassionate community.

#### Contacts Us – Early Help Community Development Workers

[Fareen.akhtar@family-action.org.uk](mailto:Fareen.akhtar@family-action.org.uk) – [Aisha.abdulmalik2@family-action.org.uk](mailto:Aisha.abdulmalik2@family-action.org.uk)



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[www.sjw.bham.sch.uk](http://www.sjw.bham.sch.uk)



**BARNARDOS** Changing childhoods  
Changing lives

**forward** steps The best start for our children

**FamilyHub** SEND SERVICES

**best start for life**

**FLOURISH**

**seven UP**

**ATHAC**

# Ladywood District SEND Family Fun Day

**Free Drop in, and meet  
and greet local Ladywood  
District SEND Services for  
Parents/Carers and young  
people aged 0-25**

**Fun SEND activities for the  
whole family .**

**Outdoor play space with  
sport activities and a secret  
garden.**

**Meet different SEND  
Services, access free advice  
and guidance on the day.**

**Refreshments provided.**

**Thursday 29<sup>th</sup> May  
10am-2pm  
Drop in**

**Benson Community Hub  
Hockley  
Benson Road  
B1B 5TD  
(Bottom of Benson Rd  
Past school car park  
Near mini roundabout)**

**IF YOU REQUIRE  
SUPPORT TO  
ACCESS THE EVENT,  
PLEASE SCAN THE  
QR CODE**



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