

Saint John Wall Catholic School

A Catholic School For All



Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'



Issue 19

Weekly Information Bulletin

Date: Friday 3 February 2023

Catholic Life - This year we are focusing on 'The Year of Sanctuary'.

Termly theme: Peace

Termly SJW Values – Eloquent and Truthful

This week in Weekly Worship... pupils focused on Safer Internet Day 2023. Pupils listened to a reading from the Gospel of Saint Matthew on The Beatitudes. They listened to how this Gospel teaches about peace and the importance of being in charge of your own actions. As well as this, pupils were reminded that they must focus on actions which promote peace. Pupils responded by thinking of the positives that the internet and technology can bring, for example, information and learning. However, they also thought about the possible downsides of the internet and how they can be SMART when using the internet. Pupils were then able to go forth and think about their own actions online and whether what they say or do helps to make, create or be an example of peace.

"I found our Safety Internet Day Weekly Worship important because there are many dangers of the internet that we need to know about." By Sidia Saidy 7LEV

This week in Afternoon Prayer... pupils prayed for our school theme of peace. As well as this, they also prayed for Pope Francis' Intention for the month of January, which is for all educators. On Wednesday, pupils prayed for all teachers around the country who went out on strike. They also thought about other individuals around the world who are not able to strike and for charities such as CAFOD that help to challenge issues such as working conditions. Towards the end of the week, prayer focused on the Presentation of Jesus in the Temple which was celebrated on Thursday. On Friday, pupils prayed for Internet Safety and reflected on how they can be safe online.

"I really like having afternoon prayer because it helps me reflect on what is going on around the world and how we can help people." By Mercedes Johnson 9WOO

Safety Notice

We continue to work with the police supporting their initiatives to ensure that pupils are aware of any dangers and risk to their life and others. Therefore, we shall be spot checking pupils as well as searching whole year groups as appropriate over the academic year in line with our behaviour policy.

By Mrs Crooks

Keeping Pupils Safe

Saint John Wall is committed to keeping pupils and staff safe while at school and in the local community. It is important that we ensure that pupils are informed of the consequences that may occur should they not meet the high standards and expectations of the school.

Pupils may automatically warrant a PERMANENT EXCLUSION for the following:

- bringing a weapon to school (imitation or otherwise)
- using a weapon
- bringing drugs into school
- using drugs in school
- selling drugs in school
- any action(s) that in the opinion of the Headteacher may endanger pupils or staff as they go about the business of education.

The school has a two-way information sharing agreement in place with West Midlands Police.

By Miss Timmins



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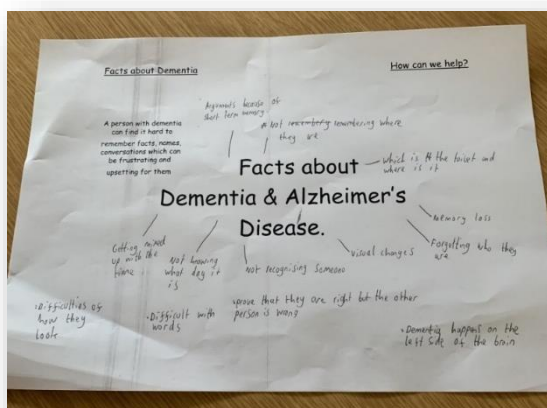
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St Mary's Coffee Morning

We have listened to a dementia talk today delivered by Sue Hinds the Head of Services for Dementia Carers Count. It was full of useful information and focused on how we can help those in our families to live with a diagnosis of dementia. We are hoping that as a part of the Young Carers organisation we will be able to have some speakers in school for our Values days in future.

<https://dementiacarers.org.uk/>

By Mrs Clayton



Important Dates to Note

- **Year 7 Transition Trip – Nechells Wellbeing Centre (10 Pupils)**
Tuesday 7 February 2023 - 9am to 12.30pm
- **Year 7 and 8 Girls Football Festival – King Edward Aston**
Wednesday 8 February 2023 – 9am to 1pm
- **Year 8 University of Birmingham Pathways Trip**
Tuesday 14 February 2023 – 8.30am to 1.45pm
- **Year 9 Retreat to Soli House (30 Pupils)**
Wednesday 15 February to Friday 17 February 2023
(Leaving at 2pm arriving back at school at 4pm on Friday)
- **Year 10 Parents' Afternoon + Invited Year 7, 8 & 9**
Thursday 16 February 2023 – 1.30pm to 3.30pm
- **Half Term**
Monday 20 February to Friday 24 February 2023
- **Year 11 Mock 2**
Week commencing 27 February 2023



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National Schools' Football Week

Next week is national schools' football week. Schools' Football Week, in partnership with Pro:Direct Sport, is an ongoing ESFA initiative designed as an opportunity for schools, teams and clubs from across the country to embrace schools' football and the wellbeing benefits it provides to pupils and players. It celebrates the importance of schools' football, competitive or otherwise, to pupils across England and provides teachers and coaches with tools and a motivation to further discuss the benefits of schools' football within their educational environment.

We have some exciting tournaments and events going on around school which we encourage as many of you to participate and develop your love for football! This is a house event and as such triple points will be on offer all week. The scores for the leader board are very close together with only 50 points dividing 1st place from 5th place, meaning this week could change the leader board very quickly! Remember, it's all about enjoying and engaging in football, there will be points available for everybody who contributes whether that be officiating the games, encouraging your peers and taking part in tournaments! Watch the clip below if you want more information around schools' football week. <https://youtu.be/jzaATmddB1k>

By Miss Young

	<u>Lunch</u>	<u>After School</u> 3:10 – 4:00	
Monday	Penalty shootout Y7 – Mr Ahmed	Year 7/8 Football X band vs Y band Mr Brooks – BOYS Miss Young - GIRLS	<p>Maximum 11 per team!</p> <p>Please bring team lists to Miss Young the day before your fixture at latest!</p> <p>All extracurricular clubs this week will be football. Normal extracurricular resumes 13/02/23.</p>
Tuesday	Penalty shootout Y8 – Miss Young		
Wednesday	Penalty shootout Y9 – Mr Bakshi	Year 9 football X band vs Y band Miss Young – GIRLS Mr Patel – BOYS	
Thursday	Penalty shootout Y10 & 11 – Mr Patel	Year 10 football X band vs Y band Mr Ahmed – GIRLS Mr Patel - BOYS	
Friday		Year 11 Football - Mr Bakshi	



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**COME AND TRY
BRING IT ON BRUM!**



You are invited to join us at some exciting events taking place across Birmingham during February 2023.

There are 2 opportunities to get involved in sessions via our 'Come and Try Bring It On Brum!' February half-term activity sessions or Bring it on Brum! Family Food Festivals.

Come and Try Bring it on Brum! is aimed at children and young people in Birmingham aged 4-16 who are eligible for benefits-related free school meals. The activities are running in 20 venues across all 10 Birmingham districts from **Monday 20th February to Friday 24th February**. We are particularly excited to welcome children, young people and families that haven't accessed the fantastic Bring It On Brum! programme before.

The huge range of activities include sports and games, arts and crafts, cookery, dance and music as well as information and advice for the whole family. Programmes will vary depending on the type and location of each local club, but each will be serving a **FREE** nutritious lunch! (you must book in advance to receive your free lunch)

To book your place at one of our sessions or to find out more about the Bring It On Brum! programme visit www.bringitonbrum.co.uk . **Bookings are open now!**

Bring it on Brum! Family Food Festivals are aimed at children aged 4-16 and their families who are eligible for benefits-related free school meals. The events are running in 14 locations across the Birmingham districts from **Saturday 11th February to Sunday 26th February** (with most taking place in half term week).

Each event will include a variety of practical demonstrations, workshops for children and adults to get involved in, plus information and advice on cooking for a family, low cost meals and available support. The exact programme will vary depending on the venue and location of each session, but each will serve a **FREE** nutritious lunch (you must book in advance to receive your free lunch) PLUS all families registering in advance will receive a **FREE** cupboard essentials food box to take home (subject to availability)

We hope you will take advantage of these great **FREE** opportunities so your child/ren can have a real taste of Bring It On Brum! fun with their friends and will feel confident in joining our Bring It On Brum clubs during the spring, summer and winter holidays!

To book your place at one of our sessions or to find out more about the Bring It On Brum! programme visit www.bringitonbrum.co.uk . **Bookings are open now!**



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Birmingham
City Council



Department
for Education

COME AND TRY BRING IT ON BRUM!



Suitable for children & young people aged 4-16
eligible for free school meals.

Young people and their families are encouraged to join us this
half-term at one of our **FREE** taster sessions, to learn all about
Birmingham's **FREE** Holiday Activity & Food Programme.

- Activity tasters including, Arts & Crafts, Cooking & Sports
- Signposting to further cost-of-living support services
- And much more!

**DON'T MISS OUT
THIS HALF-TERM!**

BOOK IN ADVANCE TO GET A FREE LUNCH WHEN YOU ATTEND

**TO BOOK A PLACE AT YOUR LOCAL
VENUE AND TO FIND OUT MORE GO TO:
WWW.BRINGITONBRUM.CO.UK**

SCAN HERE



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Anonymous Apps

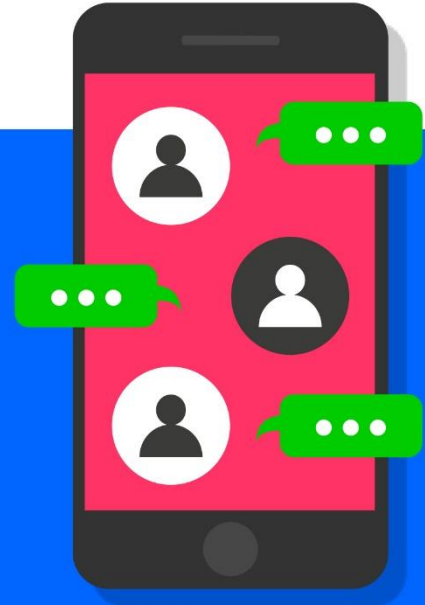
internet
matters.org

What parents need to know ▶▶

What are Anonymous Apps?

Anonymous apps allow users to share and interact with each other **without revealing who they are**. Unlike social media sites, many of these apps encourage users to stay anonymous and chat to each other or post questions and answers on a range of topics.

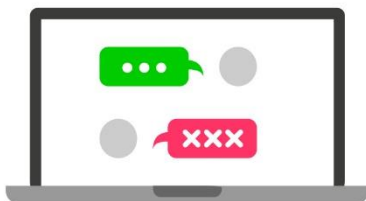
Although anything shared on these apps is anonymous, it's important to note that anonymity is not guaranteed as certain types of information like an IP address or cookies can be used to identify who you are. Also, some apps sync to a user's contact list or location to provide a personalised experience on the platform.



Why are these apps popular with children?

The ability to be anonymous and **ask questions that may be sensitive or embarrassing** is one reason why millions of teens worldwide are using these apps.

Also, these apps remove the anxiety of presenting your 'best self' online and allow teens to take on different personas and explore different ideas without fear of repercussions.



What risks do Anonymous apps have?

Anonymous apps can expose children to a range of online risks, including inappropriate content, cyberbullying and sexting.

Under the cover of anonymity, people may feel less accountable for what they say and may share things that they would not on open social platforms.

By the very nature of these apps, **keeping teens safe becomes that much more of a challenge**, so having regular conversations on the subject is key. Make it a habit to talk about which apps they are using and any associated watch outs.



What is the minimum age of most anonymous apps?

Most Anonymous apps range from a minimum age of **13 to 17**. Whatever the minimum age, it's important to make sure to review these apps to make sure that the content on the platform is age appropriate.



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What do the experts say?

Online safety experts have raised concerns over anonymous apps that **allow users to give feedback to others as this has led to cases of cyberbullying.**

A number of these 'anonymous feedback apps' hit the headlines because of safety concerns over the need for more safety tools on the platform to keep children safe.



Are there any positives to anonymity apps?

For some teens they offer a chance to ask intimate or sensitive **questions** on subjects that they feel embarrassed to talk openly about. However, as the information comes from an anonymous source, it's important to be critical about what is shared.

Top tips to support children

1. Talk to them about their app usage

It's important to know what your children are doing on their devices, **so speak to your child regularly** about which apps they are using and who they are speaking to.

2. Review apps on their devices

Check age ratings of any apps you're not familiar with. It's a good idea to use app store settings to only show age appropriate apps. Also, review the privacy settings on these apps to make sure they are in control of how their information is used, who can see their account and what they share.

3. Don't be afraid to set some rules on app use

Children seek out norms to follow so it's important to sit together and set some boundaries on the types of apps they can and can't download. This will help them understand your concerns and why it is beneficial for them to use certain apps and not others.

4. Explain the risks

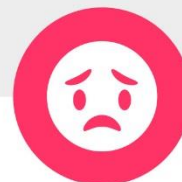
Help your child to **understand the impact these anonymous apps can have** on their digital wellbeing, and that what they say online to another person can have real life consequences. Ensure they are aware of community guidelines and reporting functions on the app to flag anything that upsets them.

5. Help them think before they post

Although anonymous apps may hide your identity to some extent **there are certain pieces of information that can identify you like an IP address** so it's important to advise children not to say or share something they wouldn't want to be shared publicly.

6. Be supportive

If your child is being cyberbullied then be calm and considered, listen to their concerns and offer your parental support. Don't deal with it alone, talk to friends and if necessary your child's school who will have an anti-bullying policy.





**Birmingham
Community Healthcare**
NHS Foundation Trust

ChatHealth

Do you know where I can
get some health advice?

The School Health
Support Service can
help students with all
kind of things like...

Relationships, mental
health, alcohol, bullying,
self-harm, smoking,
drugs and healthy eating

**Text the School Nurse
for confidential advice and
support on **07480635485****

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting **STOP** to our number. Please respect your schools mobile phone policy. Messages are charged at your usual rate.



Better Care: Healthier Communities

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