

Saint John Wall Catholic School

A Catholic School For All



Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'



Issue 8 Weekly Information Bulletin

Date: Friday 4 November 2022

Catholic Life - This year we are focussing on 'The Year of Sanctuary'.

Termly theme: Solidarity (The Good Samaritan)

Termly SJW values – Compassionate and Loving

Dear Heavenly Father, I know that my words and actions have influence on those around me. I pray that you help me be conscious today so that my words and actions provoke good works in others. Help me lift them up. Help me encourage them. Help me motivate others to be the best version of themselves, as you motivate me to be the best version of myself. Amen

Important Dates to Note

- **Millennium Point Apprenticeships Trip (14 Year 11 pupils)**
Thursday 10 November 2022
- **House trip to Inflata Nation (Pankhurst House)**
Tuesday 15 November 2022
- **Aston University Trip (7 Year 11 pupils)**
Wednesday 16 November 2022
- **Values@Day**
Thursday 17 November 2022
- **Aston University Trip (7 Year 11 pupils)**
Friday 18 November 2022
- **JLH Languages (Year 8 pupils)**
Friday 25 November 2022
- **Year 7 and Year 9 Assessment Week**
Monday 28 November 2022 to Friday 2 December 2022

Winter coats

Welcome back and we hope you had a restful half term break. As the winter weather sets in, can parents ensure your child is wearing a warm winter coat.

If you need any support with purchasing a winter coat, please contact your child's Head of Year.

Firework Safety

Fireworks often play a big part in celebrations like Bonfire Night, Diwali and New Year. Between 2014 and 2019, our firefighters responded to some 1,760 bonfire and fireworks-related incidents, so we're asking people in the West Midlands to help avoid a surge this year.

During the same period, there were more than 1,000 severe burn injuries involving fireworks in England and Wales, with 38% of these involving under-15s and the majority being male.

Users often forget that fireworks are explosives and burn at high temperatures, so they need careful handling and storage.

By West Midlands Fire Service



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DLP Hub Saint John Wall Catholic School

The DLP (Developing Local Provision) Hub has now been up and running for just over a year. Our first year has been very successful with bespoke teaching for pupils who need support in attaining higher literacy levels. The Local Authority has funded this provision for the schools in the North West region of Birmingham; twelve out of sixteen secondary schools have engaged with us on this project and we have facilitated pupils that have been referred by these schools. After attending a six week programme, pupils have made significant progress in their literacy assessments (LAO and NGRT/NGST). In addition, pupils have improved their reading age through Accelerated Reader. We are now in the Hub's second year and will continue to the summer term in 2023.

During this week, we have had the opportunity to visit ex pupils in their home schools. We had a catch-up with pupils from Holyhead School, Nishkam High School, Holte Secondary School, and Eden Boys School. We were delighted that attending the Hub has made a huge impact on their attitudes towards learning, social interaction with peers and members of staff. We are very proud to see that all the pupils had matured and taken their education more seriously than before attending the hub. Here are some comments left by the ex-pupils:

"Attending the Hub helped me learn things I never knew before, Maths especially. I am more confident in English and I read more and help my family to read as well."

By Devraj Singh - Holte School

"After attending the Hub, I try to behave better in my lessons back at homeschool. I've tried to settle in to lessons which helps me to focus better."

By Ibrahim Colad – Holyhead School

"After leaving the Hub I felt lessons are easier to understand and I am a lot more confident in asking for help."

By Bhupinder Panesar – Nishkam High School

"I now know how to write a good paragraph."

By Subeg Singh - Nishkam High School

"I felt the first week being in the hub was difficult. However, being in a smaller group helped me with my focus, concentration and behaviour. After leaving, I feel I have changed as a pupil as I know now how important my education is. I'd love to come back."

By Tajun Kumar – Holyhead School

"Tajun has dramatically changed since attending the hub. I can't believe how he has transformed in 6 weeks!"

Teaching Assistant – Holyhead School

"I found learning at the hub was fun and I want to come back."

By Harvey Butlin – Holyhead School

"I found the hub to be very helpful and would like to come back."

By Mohamed Ayan Khan – Holyhead School

"I enjoyed learning about Oliver Twist and doing PE at St. John Wall. I also learned to listen more and not be silly. I focused much better at the hub. I'd love to come back."

By Shehroz Gull - Eden Boys School

"I felt I learnt better being in a small group. I enjoy English much more compared to before attending the hub."

By Aayan Yahiah - Eden Boys School

"Being at the hub really helped me to have a better attitude towards my education. It was a better place for me to learn and I wish I could come back."

By Muhammed Yasin Ahmed - Eden Boys School

"I got more help from teachers at the hub. I appreciate having one-to-one help. I am reading a lot more at school and read a little bit more at home. Would love to come back."

By Sameer Nobin - Eden Boys School

We are looking forward to continuing partnerships with the schools in the North West region of Birmingham so that lots of pupils can have an opportunity to attend this provision. Due to a high demand of referrals we have a sister Hub at Hamstead Hall School which is in its infancy but its first cohort in September has been a huge success.

Mrs J Kaur
DLP Hub coordinator

Poppies

Poppies will be on sale during form period all of next week for 50p. Poppies are worn as a show of support for the Armed Forces community and as a symbol of both remembrance and hope for a peaceful future.

By Mr Woodward



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Visit to Saint Mary's Church Coffee Morning

Pupils have been very busy on Thursday helping out with a game of bingo. There was also a great deal of washing and drying up to do so they definitely earned their slices of homemade ginger cake. Next week is poetry which will be Christmas themed.

By Mrs Clayton



Duke of Edinburgh

A reminder to Year 9 pupils who received a Duke of Edinburgh letter this week to pay for the award using parent pay or via the barcode as soon as possible to avoid missing out.

Also, if any Year 9 or 10 pupils are still interested, see Mr Woodward or the school office for more information and a letter.

By Mr Woodward



Eating Disorders for Parents

We are delighted to inform you of the upcoming instalment of our next Mental Health and Wellbeing webinar in our (For Parents) series: **Eating Disorders Explained**.

Places are limited, so will be offered on a first come first served basis. Register your place [here](https://us06web.zoom.us/webinar/register/WN_cDK_dR2S_TLO0I5zta2ZDew#/). Furthermore, if you register for this webinar but cannot attend, we can send you out a recording so you can catch up on the webinar at a time convenient for you. If the link above is not working, you can copy and paste this into your browser:

https://us06web.zoom.us/webinar/register/WN_cDK_dR2S_TLO0I5zta2ZDew#

Eating Disorders Explained (For Parents) - Thursday 17th November 2022

We are excited to announce the next webinar in the series (for parents) - **Eating Disorders Explained**. This webinar is designed to give parents an understanding of the types of eating disorders, why they develop, what to look out for and when, and how to act if they suspect their child is at risk. The webinar is led by Alicia Drummond, leading adolescent therapist, parent coach and founder of Teen Tips. At the end of the talk, you'll have the opportunity to ask Alicia any burning questions you might have.

Many thanks
The Micro-Tyco Team



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MathsWatch

MathsWatch Top Ten Users per year group for October 22.

Well done to all these pupils for being Learned and Wise.

By Mrs Forde

First name	Last Name	Minutes	Class
Moses	Johnson	1554	11H2/Ma
Jaskarn	Sampla	741	11H2/Ma
Roland	Ofori	715	11H2/Ma
Simran	Tiwana	704	11H1/Ma
Meerab	Hussain	669	11F2/Ma
Samiya	Muhumed	520	11H2/Ma
Ronny	Nkuidjeu	452	11F1a/Ma
Jarhle	Ingram	438	11H1/Ma
Timothy	Renju	397	11H2/Ma
Nadwa	Hassan	380	11F1a/Ma

First name	Last Name	Minutes	Class
Natasha	Phagania	606	10H2/Ma
Rahma	Samia Miah	465	10F1/Ma
Shera	Khinda	421	10F1/Ma
Kameron	Chem	327	10H2/Ma
Nikola	Dawicka	261	10F3/Ma
Gerrard	Mendoza	249	10H1/Ma
Hannah	Khan	241	10H2/Ma
Harkirat	Singh Kanwar	208	10F4/Ma
Rayaan	Nawaz	196	10H1/Ma
Janelle	Ajayi	190	10F3/Ma

First name	Last Name	Minutes	Class
Qasim	Rehman	904	9H2
Mawra	Hussain	758	9F3
Ameira	Peart	603	9H2
Mercedes	Johnson	361	9F2
Bindiya	Badhan	360	9F1
Shriya	Nandy	343	9F1
Muhammed Sheraz	Rafaqat Begum	336	9F3
Nikita	Marsden	266	9H1
Lena	Le	256	9H2
Jalal	Aziz	236	9H2

First name	Last Name	Minutes	Class
Yakob	Binyam	483	8X2/Ma
Sebastian	Lambert-Blackwood	389	8Y2/Ma
Valentina	Opoku	342	8Y2/Ma
Priya	Chem	331	8Y1/Ma
Rihana	Guesh	328	8Y2/Ma
Priya	Kaur	231	8X1/Ma
Dajaun	Robinson	196	8X3/Ma
Jaskirat	Sahota	109	8Y1/Ma
Kemissa	Ible	103	8Y2/Ma
Godson	Omenma	89	8Y1/Ma

First name	Last Name	Minutes	Class
Lydia	Binyam	633	7Y1
Makda	Abraha	625	7Y2
Tia	Mattis	452	7Y1
Kevin	Sledz	298	7Y1
Ernesto	Breton Johnson	252	7X1
Antoni	Kozłowski	244	7Y1
Davide	Bacelan	240	7X3
Gloria Osavbie	Osazemwinde	226	7X1
Hero	Dania	224	7X2
Dante	Blair	220	7X2



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Free Essential Maths Equipment

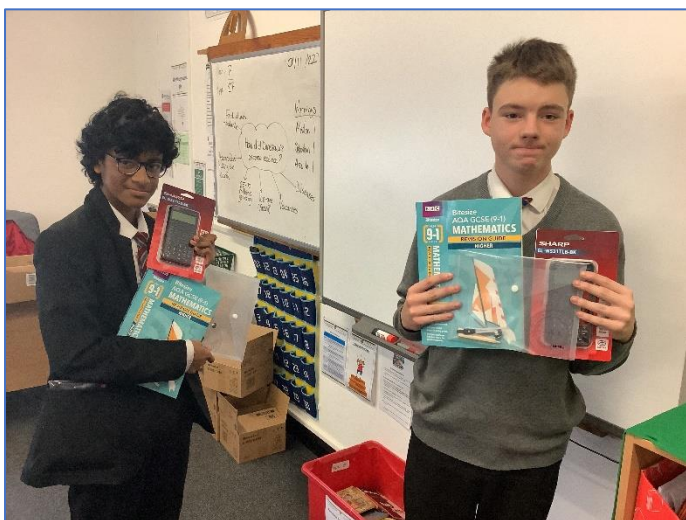
Year 9 pupils have received some early Christmas presents! The Maths Department have provided all Year 9 pupils with their own:

- Revision guide - tailored to the tier of GCSE exam they will take in Year 11
- Scientific calculator - the same model as they use in school & exams
- compass
- protractor
- clear pencil case - to keep everything in

With the addition of the various online resources provided, we hope pupils will take every opportunity to utilise these free resources to revise for their upcoming assessments.

Remember to use them regularly & don't lose them, they are only free once!

SJW Maths Team



Comments

"When I received the equipment from the maths department I was ecstatic because equipment nowadays is very expensive especially now that the cost of living has gone up. It has become difficult for a lot of families living in the UK to afford food let alone school equipment and the staff of the maths department have been so generous that they have gifted each and every child in Year 9 a set of maths equipment to help them."

By David Ejiofor 9WOO

"When I received my maths equipment I felt grateful because the equipment could help with upcoming assessments."

By Jamie Van Le Ashford 9BRK



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HelpinBrum



HelpinBrum



Help in a short-term crisis
Help for vulnerable people in short-term
crisis with food and essential items.

- Are you worried about the rising cost of energy bills, food and transport?
- You are not alone; the cost of living crisis is affecting many of us.
- You may want help accessing grants and debt advice, support getting all the money you're entitled to, or simply want to know more about the government's recent support measures.
- Whatever your money worries may be, we've put together some helpful information in the links below to help you.

Warm welcome spaces in Birmingham

Help in a short-term crisis

**If you are experiencing immediate problems,
please call HelpinBrum on 0121 303 1116**

**Our opening hours are Monday to Friday from
9am to 7pm, and Saturday 10am to 1pm.**



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How to build a good online reputation

Tips to help kids create a good digital footprint

Teach them the difference between public and private information online

Review their privacy settings on the platforms they use to **make sure they stay in control** of who has access to what they share.

It's important to make the point that if it's online there is the potential that the world could see it so **'Thinking before posting' is key.**

Encourage them to keep it positive online

Actions online can have a real world consequences - **share real stories** to help them understand the power of being positive online.



Make sure they know how to report abuse

Together get familiar with the **reporting and blocking settings** available on the platforms they use to screen out any abuse that breaks a platform's community guidelines.



Empower them to be themselves online

Encourage children **not to hide behind anonymity** online and be tempted to say or do things they shouldn't. Use examples to highlight the power of being real online and developing their passions to create a positive digital footprint.



Encourage them to do a search on their name

Make sure they are aware of the information that future employers and teachers may see and take a call to remove anything that is unpleasant or incorrect.



Make them aware that they can recover from mistakes made online

Let them know that if they make a mistake by posting something they shouldn't, **there is always a way to deal with it** and give them support to make smarter choices in the future.

Highlight the importance of choosing respect

Talk to them about **respecting other people's privacy and viewpoints** even if you don't agree with them.

internet
matters.org

Be the example they can follow

Let your child see how you interact online to **learn how to be kind and make safer choices online.**



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Worrying about money?

Support is available in Birmingham



Three steps to find options and places to get help

Step 1: What's the problem?

I suddenly have no money

- Lost job or reduced hours
- Money stopped
- Lost money
- Unexpected expense
- Disaster (e.g. flood or fire)
- Relationship breakdown
- Sanctioned (see option: 5)

See options 1 2 6

My money doesn't stretch far enough

- Deciding between food, fuel, and mobile credit
- Low income
- Zero hours contract
- Statutory Sick Pay too low
- Facing redundancy
- Not sure if eligible for support
- Change of circumstance

See option 1 2

I have debt

- Rent or Council Tax
- Gas and electricity
- Payday loans
- Owe friends or family
- Benefit repayments

See option 3

I am waiting on a benefit payment or advance

- New claim for benefit
- Payment delayed
- Waiting for decision

See options 1 4



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Step 2: What are some options?

1 Council Support Schemes

People on low incomes may be eligible for **Housing Benefit, Council Tax Support** and **Discretionary Housing Payment** from the council. This will depend on your current circumstances. You may also be eligible for a **Council Tax Discretionary Hardship Payment, Crisis Grant** or **Community Support Grant** Payment.

Find out more at: www.birmingham.gov.uk/benefits

2 Maximise Your Income

Anyone who is struggling financially can get a benefit check and speak to an advisor for free and confidential advice. A benefit check can ensure that you are receiving all the money you're entitled to, especially if your circumstances have changed recently. Speaking to an advisor could also help you find cheaper deals on things like gas and electricity and make sure you're not missing out on things like school clothing grants or free school meals.

3 Debt Advice

Debt can happen to anyone. Free advice and support can help you find ways to manage your debts and reduce how much you pay each month.

4 Benefit Advance

If you have made a new claim for benefit and are in financial hardship while you wait for your first payment, you may be able to get an advance to afford things like rent or food. It's important to get advice before taking out an advance. Benefit advances must be paid back, and the money will be taken from your future benefit payments (a loan).

5 Hardship Payment

If you have been sanctioned, you may be able to request a hardship payment from the Jobcentre. Hardship payments are not always paid immediately, and they're not available to everyone. Hardship payments of Universal Credit need to be paid back (a loan), but hardship payments of Job Seekers Allowance or Employment Support Allowance do not (not a loan).

6 Challenge a Decision

You can challenge a benefit decision if your benefit has been stopped / sanctioned / reduced / refused or you have been overpaid. Most benefit decisions need to be challenged within one month.

Step 3: Where can I get help? Each of these services offer free and confidential advice

BIRMINGHAM CITY COUNCIL

Neighbourhood Advice Service

Advice on benefits, debt, housing and other money-related issues

0121 216 3030

Help with options: 1 2 3 6

CITIZENS ADVICE BIRMINGHAM

Advice on benefits, debt, housing and more

0344 477 1010

enquiries@bcabs.birmingham.org.uk

www.bcabs.org.uk

Help with options: 1 2 3 4 5 6

THE PROJECT

Benefit, debt and housing advice

0121 453 0606

www.theprojectbirmingham.org

Help with options: 1 2 3 4 5 6

BIRMINGHAM SETTLEMENT

(West Birmingham) Advice service on benefits, debt and managing your money

0121 250 0765

money.advice@bsettlement.org.uk

www.birminghamsettlement.org.uk

Help with options: 1 2 3 4 5 6

SPLITFIRE SERVICES

Advice on money, benefit, housing and employment issues

0121 747 5932 | info@castlevale.org.uk

www.splitfireservices.org.uk

Help with options: 1 2 3 4 5 6

CENTRAL ENGLAND LAW CENTRE

Advice and representation to challenge a benefit decision, housing entitlement, and access to services incl. social care support

0121 227 6540

enquiries@centralenglandlc.org.uk

www.centralenglandlc.org.uk

Help with options: 6

DISABILITY RESOURCE CENTRE

Advice and advocacy services for disabled people

03030 402 040 | drc@disability.co.uk

www.disability.co.uk

Help with options: 1 2 3 6

CHRISTIANS AGAINST POVERTY

Free, nationwide debt counselling service for people in financial difficulty

0800 328 0006

www.capuk.org

Help with options: 3

WARMER HOMES WEST MIDLANDS

Personalised energy advice service to households struggling to heat their home

0808 196 8298 (option 1)

www.warmerhomesWM.org.uk

Help with options: 1 2 4 6

Other Support

Stop Loan Sharks

Investigates and prosecutes illegal money lenders and provides support for borrowers

0300 555 2222 | www.stoploansharks.co.uk

reportaloanshark@stoploansharks.co.uk

Local Energy Advice Partnership (LEAP)

Energy and money saving service

0800 060 7567 | support@applyforleap.org.uk

www.applyforleap.org.uk

Age UK Birmingham

Information, advice and helpline services for older people (50+), their families and carers

0121 437 0479 | info@ageukbirmingham.org.uk

www.ageuk.org.uk/birmingham

Birmingham Mind

Providing advice, information and signposting for people affected by mental health issues

0121 262 3555 | help@birminghammind.org

www.birminghammind.org



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Other Support

Birmingham and Solihull Women's Aid
Support for women and children affected by domestic violence and abuse
 0800 800 0028 | www.bswaid.org

Shelter
Housing advice
 0808 800 4444 | england.shelter.org.uk

MoneyHelper
Advice to help improve your finances
 0800 138 7777
 07701 342 744 (WhatsApp)
www.moneyhelper.org.uk

Step Change
Debt charity offering debt advice and money management
 0800 138 1111 | www.stepchange.org

Turn2Us
Information and financial support
 0808 802 2000 | www.turn2us.org.uk
benefits-calculator-2.turn2us.org.uk

The Active Wellbeing Society
Listen and Connect support people to feel heard, connect with others, be active, live well and access information
 0121 728 7030
listenandconnect@theaws.org
www.theaws.co.uk/listen-connect

Healthy Start Vouchers
To help buy fruit, vegetables and milk if you're on a low income and pregnant or have a child under 4.
Apply online: www.healthystart.nhs.uk

For Migrants, Asylum Seekers and Refugees

Central England Law Centre
Accredited immigration and asylum advice. Legal advice to access services and financial support
 0121 227 6540
enquiries@centralenglandlc.org.uk
www.centralenglandlc.org.uk

ASIRT
Advice on immigration and support options for people facing destitution because of the precarity of their immigration status
 0121 213 5893 | www.asirt.org.uk

Migrant Help
Asylum helpline available 24/7/365 and accessible to all asylum seekers in the UK
 Asylum helpline: 0808 8010 503
ASCorrespondence@migranthelpuk.org
www.migranthelpuk.org (Webchat available)

The Refugee and Migrant Centre
Advice on immigration, housing & destitution, welfare & health, employment & education, resettlement and citizenship
 0121 374 0140 | infobham@rmcentre.org.uk
www.rmcentre.org.uk

About this leaflet

This leaflet is based on learning from Scotland's A Menu for Change project and has been developed with support from the organisations below. You can access the 'Worrying About Money?' leaflets online at www.foodaidnetwork.org.uk/cash-first-leaflets. The information on this leaflet was last updated on 06/12/21.

Feedback? What did you find useful about this guide? www.bit.ly/moneyadvicefeedback



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