

# Saint John Wall Catholic School

## A Catholic School For All



### Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'



Issue 16

Weekly Information Bulletin

Date: Friday 14 January 2022

**Catholic Life - This year 's theme is based on the Parable of the Sower (Matthew 13)**

**Termly theme: Achievement (rocky soil)**

**Termly SJW values – Learned and Wise**

Dear Lord, We ask of you to help each and every unique child to become educated in our school. We also ask of you to hear and respond to each and every prayer of the students in our care, we ask you to guide them to what God calls them to be. We pray that our pupils become learned and wise and are grateful for your love, support and generosity.

Amen.

### Important Dates to Note

#### Assessment Week

- **Year 10 Assessment Week**  
Monday 17 January 2022 to Friday 21 January 2022
- **Year 8 Assessment Week**  
Monday 7 February 2022 to Friday 11 February 2022

#### Parents' Afternoon

- **Year 10 Parents' Afternoon**  
Thursday 10 February 2022 – 1pm to 4pm

We will decide nearer the time whether this will be face to face or virtual on Teams.

#### Other Dates

- **Values@SJW Day**  
Friday 28 January 2022
- **Spring Half Term**  
Monday 21 February 2022 to Friday 25 February 2022

### Year 10 Assessment Week

Next week is Year 10 assessment week. It is vitally important that all Year 10s are prepared with the correct equipment for each of their assessments. It is also important that all pupils' attendance and punctuality is high as it is a good habit to get into for the formal examinations in summer 2021.. Pupils who do not attend will have to still sit the assessments at a later date. A copy of the timetable of the assessments is displayed on the next page in this newsletter.

### Safety Notice

We continue to work with the police supporting their initiatives to ensure that pupils are aware of any dangers and risk to their life and others. Therefore, we shall be spot checking pupils as well as searching whole year groups as appropriate over the next academic year in line with our behaviour policy.

By Mrs Crooks



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## Year 10 Assessment Week

Monday 17 January 2022 to Friday 21 January 2022

Period	Monday 17 January	Tuesday 18 January	Wednesday 19 January	Thursday 20 January	Friday 21 January
1 9:15 Start		English Literature 1 Hour	RE 1 Hour	PE 1 Hour	French Speaking All Day - Individual Appointments
				Sport On Screen 1 hour	
				Performing Arts 1 hour	
Break					
2 and 3 10:45 Start	Science Combined 1 hour 10 Mins Calculators	History 1 Hour 15 mins	Maths 1 hour 30 Mins Calculator	Spanish Writing 1 Hour 15 mins	
		Spanish Speaking		Biology 1 Hour 45 Mins	
	Separate Science Chemistry 1 Hour 45 Mins	Individual Appointments		Health and SC 1 Hour	
				Travel 1 Hour	
Lunch					
4 13:45 Start	Geography 1 hour 5 mins	Enterprise 1 Hour 15m	French Writing 1 hour 15 mins		
			Imedia 1 Hour 15m		
			Hosp. and Catering 1 Hour		
			Resistant Materials 1 hour		



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## MathsWatch

MathsWatch Top Ten Users per year group for December 2021.

Well done to all these pupils for being Learned and Wise.

By Mrs Forde

First Name	Surname	Minutes	Class
Harsh	Kumar	3495	7Y1/Ma
Rihana	Guesh	2763	7Y3/Ma
Oluwaseyi	Ilori	387	7Y1/Ma
Anna	Horvathova	307	7Y1/Ma
Godson	Omenma	239	7Y1/Ma
Priya	Kaur	203	7X1/Ma
Imwenoghomwen	Imadonmwinyi	142	7Y1/Ma
Erica	Fosua Agyemang	56	7X2/Ma
Miradi	Pembele	49	7Y2/Ma
Arjan	Badhan	44	7Y1/Ma

First Name	Surname	Minutes	Class
Esaias	Stewart	576	8Y1/Ma
Marwan	Khan	485	8Y1/Ma
Qasim	Rehman	264	8X1/Ma
K'Yaana	Douglas	244	8X1/Ma
Elisa	Breton-Johnson	196	8X1/Ma
Krish	Harjiv	187	8Y1/Ma
Natasha	Glenn	152	8X1/Ma
Emmanuel	Erikowa	112	8X1/Ma
Daniel	Oji Okafor	112	8Y1/Ma
Nicola	Matusik	110	8Y1/Ma

First Name	Surname	Minutes	Class
Eldana	Guesh	2945	9F4/Ma
Hassan	Muhumed	539	9F1/Ma
Janelle	Ajayi	298	9F4/Ma
Ezekiel	Osazemwinde	283	9H1/Ma
Gerrard	Mendoza	257	9H1/Ma
Julian	Omenma	228	9F2/Ma
Harkirat	Singh Kanwar	185	9F4/Ma
Emmanuel	Ifeosame	173	9H1/Ma
Hannah	Khan	171	9H1/Ma
Daniel Wainer	Kodua	145	9H1/Ma

First Name	Surname	Minutes	Class
Julia	Moszczyńska	2170	10F1/Ma
Alisha	Shafiq	814	10H1/Ma
Anthony	Frimpong	706	10F1/Ma
Samiya	Muhumed	568	10F1/Ma
Victoria	Omozee Ufumwen	535	10H1/Ma
Himna	Mustafa	495	10H1/Ma
Said	Fouenang Abba Kaka	452	10F1/Ma
Ravjot	Singh	416	10H2/Ma
Roland	Ofori	335	10F1/Ma
Meerab	Hussain	305	10F4/Ma

First Name	Surname	Minutes	Class
Jimmy	Le	880	11H2/Ma
Aryan	Mann	765	11H1/Ma
Zainab	Bouterse	562	11H1/Ma
David	Kurek	537	11H2/Ma
Shiv	Patel	481	11H1/Ma
Tamkeen	Altafi	400	11H2/Ma
Chenai	Pryce-Andrade	368	11H1/Ma
Franklin	Medukam	310	11H1/Ma
Chandani	Chana	307	11H2/Ma, 11SIM
Safiya	Muhumed	297	11H1/Ma



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## BeeZee Bodies - Local Authority funded Healthy Weight Management

BeeZee Bodies are currently running a free healthy lifestyle program for children and families across Birmingham commissioned by Birmingham City Council.

We have attached some information regarding program start dates and healthy recipe tips to share with parents and pupils to encourage healthy sustainable change.



HELLO, PARENTS & GUARDIANS! WE ARE BEEZEE BODIES, AND WE WORK WITH BIRMINGHAM CITY COUNCIL TO PROVIDE FREE (AND FUN!) HEALTHY LIFESTYLES SUPPORT FOR FAMILIES.

### WOULD YOU LIKE YOUR FAMILY TO BE HEALTHIER?

GOOD NEWS! WE HAVE NEW GROUPS STARTING NEAR YOU. CLICK BELOW TO SIGN UP FOR YOUR FAMILY'S FREE PLACE!\*

CLICK HERE OR SCAN THE QR CODE WITH YOUR SMARTPHONE CAMERA TO SIGN UP FOR YOUR FAMILY'S FREE PLACE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>HOLYHEAD</b> Oakland Young Peoples Centre 17:00 - 19:00	<b>HANDSWORTH</b> St Andrews Community Centre 17:00 - 19:00	<b>PERRY COMMON</b> North Birmingham Academy 17:00 - 19:00	<b>FRANKLEY GREAT PARK</b> King Edward Five Ways 17:00 - 19:00
<b>CASTLE VALE</b> The Sanctuary 17:30 - 19:30	<b>BORDESLEY &amp; HIGHGATE</b> The Pod 17:00 - 19:00		<b>KINGS NORTON</b> Kings Norton Boys 17:00 - 19:00
<b>ONLINE</b> Age 9 - 12 17:30 - 19:30	<b>ONLINE</b> Age 5 - 8 16:30 - 17:30	<b>ONLINE</b> Age 5 - 8 17:30 - 19:30	<b>ONLINE</b> Age 9 - 12 14:30 - 17:30

\*to be eligible for this awesome free service, your family must live/go to school/be registered with a GP in Birmingham and include one child who is above their ideal healthy weight.



## Veganuary Tacos!

Is your family taking part in Veganuary? Or do you just want to increase veggies in your meals? Try tacos! Quick & easy for busy parents, and loads of fun for the kids to stuff their own!

### SERVES 4

#### What you'll need:

1 tbsp olive oil, 1 onion (diced),  
2 garlic cloves (diced), 2 x 400g  
cans black beans, 2 tsp ground  
cumin, 1 tsp ground coriander,  
2 tsp paprika, 2 tsp chilli  
powder, 8 taco shells

#### FOR THE GUACAMOLE:

2 avocados, 1 red chilli, Lime,  
1 garlic clove, Coriander

#### FOR THE SALSA:

3 tomatoes, 1 red chilli,  
½ small red onion, Coriander

#### OPTIONAL ADDITIONAL TOPPINGS:

Charred sweetcorn, vegan  
cheese, dairy free sour cream

#### What to do:

Heat oil in a pan over medium heat. Add the  
garlic and onion and sauté for 3 minutes.  
Add the drained beans and seasonings. Stir for 5-  
8 minutes until warmed, crushing some of the  
beans with the back of a spoon.  
Remove from heat and set aside.

#### TO MAKE THE GUACAMOLE:

Crush the garlic and mix with the coriander and  
chilli in a bowl.  
Add the avocados and roughly crush with a fork  
so that it is still a little chunky.  
Add the lime juice and stir through. Set aside.

#### TO MAKE THE SALSA:

Mix all of the salsa ingredients together in a  
bowl. Set aside.

#### TO CONSTRUCT YOUR TACOS:

Heat the taco shells according to packet  
instructions, stuff with your fillings and enjoy!



[beezeebodies.com](http://beezeebodies.com)

BeeZee Families

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## BIRMINGHAM FAMILY WEIGHT MANAGEMENT COURSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 <b>HOLYHEAD</b> Oakland Young Peoples Centre 17:00 - 19:00 Age 5 - 15	 <b>HANDSWORTH</b> St Andrews Community Centre 17:00 - 19:00 Age 5 - 15	 <b>PERRY COMMON</b> North Birmingham Academy 17:00 - 19:00 Age 5 - 15	 <b>FRANKLEY GREAT PARK</b> King Edward Five Ways 17:00 - 19:00 Age 5 - 15
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 <b>ONLINE</b>  17:30 - 18:30 Age 9 - 12	 <b>ONLINE</b>  16.30 - 17:30 Age 5- 8	 <b>ONLINE</b>  17:30 - 18:30 Age 5- 8	 <b>ONLINE</b>  16:30 - 17:30 Age 9 - 12



For more information and to book your  
free place go to [www.beezeebodies.com](http://www.beezeebodies.com)



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At National Online Safety we believe in empowering parents, carers and educators with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. Please visit [nationalonlinesafety.com](http://nationalonlinesafety.com) for further guides, hints and tips for adults.

Part of our Gaming & Gambling Series



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[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

# What you need to know about... GAMING STREAMERS & INFLUENCERS



## What are they?

### 'Gaming Streamers & Influencers'

Streamers are people who stream themselves gaming, drawing, making things etc. for people to watch on the internet. Usually this will be done live, and others are able to chat with them in real time while they do so. Influencers are social media stars who hold influence over the people that follow them, like a kind of trend-setter or taste-maker, who companies often pay to promote their products. A streamer could also be considered an influencer in their chosen area.

JADAGAMING

LIVE

## Know the Risks

### Adult Content

Many streamers use platforms such as Twitch or YouTube to broadcast themselves. YouTube for example, is only for ages 18+. YouTube Kids is for under 18s and may contain a lot of other adult content. Streamers themselves, may be unsuitable for younger audiences with the kind of content they make, and with many opting to stream live, anything can – and does – happen.

### Authenticity Risk

A lot of streamers will have some kind of sponsorship deal in place with a company trying to sell their products to an audience. When the audience is mostly younger viewers, they may not realise that streamers are getting paid to promote a product and may not necessarily have their best interests in mind.

### Bullying and hate

While some streamers do employ moderators to try and combat hateful comments or bullying in their comments sections, they can still be very hectic. Hateful language is quite common, and people looking to groom children or engage in online bullying behaviour, could frequent the live chats.

### Subscriptions

Streamers also make money through subscriptions on websites like Twitch, where fans will donate them a small amount as little or as often as they like. Called 'bits', they can be bought in bundles of varying prices which can be gifted to streamers via cheers. Children could buy these 'bits' in large amounts without realising what they're doing, leaving a big bill behind.

## Safety Tips

### Discuss what's real online

Be sure to teach kids the difference between what's real and honest, or fake and untrustworthy online. Photoshopping fake images and videos and bragging about themselves online is unfortunately quite commonplace so it is difficult to tell what is real or fake. People with large followings can be promoting unhealthy or unattainable lifestyles to children to boost their own online influence.

### Use Filters

There are filters that can be put in place to block out a lot of adult content on streaming sites. Just make sure you have access to children's accounts so you can set the parameters and keep track of what they're seeing yourself. Usually, parental controls will be located in the settings portion of an account's menu.

### Check age settings

Both YouTube and Twitch state that they are not suitable for children under 13 years old, but other sites might be different. YouTube Kids, for example, is for ages 13 and under, and offers much of the same kid-friendly content that YouTube does without the risk of running into something improper.

### Affiliate links

Keep an eye out for affiliate links in social media posts and tags like #ad. UK influencers have to follow the CAP Code for advertising standards, but many don't. It can be hard to tell who is working through legitimate channels because it's almost impossible to regulate. Many streamers encourage fans to buy merchandise through online shops and stores.

## Action & Support

### Name check streamers

If your child has begun showing an interest in a streamer or influencer, check their names on Google. Some popular streamers have been discovered flouting industry regulations and using their young audiences to enhance their personal wealth through scams whilst others may swear on streams or promote drinking, substance abuse or links to gambling sites they operate to their young audiences.

### Talk to your child

Initiate an open dialogue with your child about the kind of content they're consuming online. Ask about their favourite streamers and whether they like their personalities or the games they play and the community they have. Also remind them about what they should and shouldn't be sharing about themselves online and that just because social media stars do it, it can also be damaging.

### Block and report

If you suspect a streamer might be taking advantage of their audience, or worse grooming children in any way, and have irrefutable evidence, do not hesitate to block and report them. First, block your child from being able to view their content and alert other parents to your concerns. Go immediately to the police or local authorities with the evidence of what you've seen.

## Our Expert Mark Foster



Mark Foster has worked in the gaming industry for 5 years as a writer, editor and presenter. He is the current gaming editor of two of the biggest gaming news sites in the world, UNILAD Gaming and GAMINGBible. Starting gaming from a young age with his siblings, he has a passion for understanding how games and tech work, but more importantly, how to make them safe and fun.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

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# An Audience With... *a trainee teacher*

We invite you to join us online and find out if teaching is the career for you

**Train to teach with BCTSA  
in Birmingham and beyond**



**Thursday 10th  
February 2022  
6.00-7.00 pm**



**See our website and book  
your place: [www.bctsa.org](http://www.bctsa.org)**



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