

# Saint John Wall Catholic School

## A Catholic School For All



### Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'



Issue 18

Weekly Information Bulletin

Date: Friday 28 January 2022

**Catholic Life - This year 's theme is based on the Parable of the Sower (Matthew 13)**

**Termly theme: Achievement (rocky soil)**

**Termly SJW values – Learned and Wise**

Loving God, we remember all those who are targeted because of their identity. Forgive us when we give space to fear, negativity and hatred of others, simply because they are different from us. Through our prayers and actions, help us to stand together in hope with those who are suffering, so that light may banish all darkness. Amen

### Headteacher's Message

I was delighted to receive an email from Mrs Quinn, Catholic Senior Executive Leader of the Romero MAC. Cardinal Wiseman Catholic School in Coventry is one of the schools within the Romero MAC. Several staff from Saint John Wall have supported colleagues at Cardinal Wiseman with improving the education provided there. Just before Christmas the school was inspected by Ofsted. Mrs Quinn wrote to formally thank me and the staff '*for your significant support that has enabled Cardinal Wiseman to secure a Good judgement*' Mrs Quinn went on to write that '*On Friday we shared with the pupils and it was wonderful to confirm that they learn and are inspired in a **Good school** and there is a lovely buzz in the community. Staff are just delighted and we have had so many messages from parents and partners around Coventry.*'

I am very pleased that Saint John Wall staff have played an instrumental part in moving another Catholic school forward, and therefore improving life chances for its students. If you are interested, you can read their Ofsted report using this link:

[Ofsted Information \(cardinalwiseman.coventry.sch.uk\)](https://cardinalwiseman.coventry.sch.uk)

We have a few staffing changes this month. We say thankyou and good luck for the future to Mr Leaver (Site Assistant) and Miss Bibi (Temporary Bucket 3 teacher), both of whom are off to pastures new. We welcome back Mrs Wallace who returns from maternity leave as MFL Coordinator.

By Miss Marston

### Defibrillator

I am pleased to let you know that our pupil and staff fund-raising has enabled the school to purchase a defibrillator. This is fixed in the foyer near reception and can be used in emergencies. Staff volunteers will receive training during their thinktank meeting in early February. Thankyou to all those who donated, including ex-colleagues and governors. Thankyou also to Miss Allen and Mr and Mrs Marston who recently gave generous donations to the fund.

By Miss Marston



Oxhill Road  
Handsworth  
Birmingham  
B21 8HH



0121 554 1825



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## Important Dates to Note

### Assessment Week

- **Year 8 Assessment Week**  
Monday 7 February 2022 to Friday 11 February 2022

### Parents' Afternoon

- **Year 10 Parents' Afternoon**  
Thursday 10 February 2022 – 1.30pm to 4pm

With the end of the government's covid Plan B restrictions, we are planning to invite parents and carers in to school to meet face to face for Parents' Afternoon.

### Other Dates

- **University of Worcester Trip – Year 10 & 11 (9 Pupils)**  
Monday 14 February 2022 – 8.50am to 3pm
- **Spring Half Term**  
Monday 21 February 2022 to Friday 25 February 2022

## StreetSafe

StreetSafe is a pilot service for anyone to anonymously tell the police about public places where you have felt or feel unsafe, because of environmental issues, e.g. street lighting, abandoned buildings or vandalism and/or because of some behaviours, e.g. being followed or verbally abused.

**Please note:** 'StreetSafe' is not for reporting crime or incidents.

If something has happened to you or someone you know (including in public spaces online) you can call us on 101 or go to <https://www.police.uk/pu/notices/streetsafe/street-safe/>

Encourage people you know to use StreetSafe too. With more reports, the police are able to spot common issues around safety in certain areas.

Remember, StreetSafe is not a crime reporting tool. If you want to report a crime you can live chat 8am – midnight on the police website or call 101.

By Mrs Crooks

## Medical Reminder

At Saint John Wall Catholic School, we welcome and support pupils with medical conditions who currently attend.

If your child has a medical condition or requires medication during school hours, please update the school by completing the medical conditions form linked below.

<https://forms.office.com/Pages/ResponsePage.aspx?id=NdJ8YPm2nE2O03yVNgtR9obd1nLTHY9Bu68k0yaJfCRUNFZJTfhDQzJJNTYwUzcwMVQzNFIWVdDWS4u>

Asthma - School Emergency Inhaler Opt-Out Form

<https://forms.office.com/Pages/ResponsePage.aspx?id=NdJ8YPm2nE2O03yVNgtR9obd1nLTHY9Bu68k0yaJfCRUNjREUk1QUkVRWkQ0RUNUTEewMTM4Q1QySC4uA>

By Miss Bryan

## 'Punctuality to School' Week

Monday 31 January to Friday 4 February, will be a 'Punctuality to School' focus week.

Any pupil who is late after the gate is shut will be in an hours detention after school that evening as well as break detention.

As normal, pupils who are late twice will owe an hour on Friday too.

By Mrs Crooks



Oxhill Road  
Handsworth  
Birmingham  
B21 8HH



0121 554 1825



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## ATTENDANCE MATTERS

### FORM GROUPS

<b>7FOR</b>	<b>95.0%</b>
<b>7HAY</b>	<b>95.0%</b>
<b>7PAW</b>	<b>94.5%</b>
<b>7PEJ</b>	<b>92.9%</b>
<b>7COB</b>	<b>92.8%</b>

Well done for excellent attendance

## ATTENDANCE MATTERS

### FORM GROUPS

<b>8BRK</b>	<b>93.0%</b>
<b>8HUL/BAL</b>	<b>91.8%</b>
<b>8TOW</b>	<b>91.7%</b>

Well done for excellent attendance

## ATTENDANCE MATTERS

### FORM GROUPS

<b>9GOS</b>	<b>93.6%</b>
<b>9HEA/BUR</b>	<b>93.5%</b>
<b>9JON</b>	<b>92.5%</b>
<b>9WIO</b>	<b>92.5%</b>
<b>9OWE</b>	<b>90.7%</b>

Well done for excellent attendance

## ATTENDANCE MATTERS

### FORM GROUPS

<b>10FOD/MAN</b>	<b>93.1%</b>
<b>10HAB</b>	<b>91.9%</b>

Well done for excellent attendance

## ATTENDANCE MATTERS

### FORM GROUPS

<b>11RAH</b>	<b>95.3%</b>
<b>11SIM/GRE</b>	<b>92.2%</b>
<b>11WOO</b>	<b>91.6%</b>

Well done for excellent attendance

## ATTENDANCE MATTERS

### BEST PERFORMING FORM GROUPS

<b>11RAH</b>	<b>95.3%</b>
<b>7FOR</b>	<b>94.6%</b>
<b>9GOS</b>	<b>93.6%</b>
<b>10FOD/MAN</b>	<b>93.1%</b>
<b>8BRK</b>	<b>93.0%</b>

Well done for excellent attendance



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## Values@SJW Day – Year 7

Year 7 attended sessions focusing on self-confidence and right choices.

The sessions were about:

- Puberty which looked at the changes that happen to our body as we grow up
- Confident Me, a session which focused on how to be the best version of ourself
- Bouncing Statistics working with Rackeem and Grayson looking at what motivates us
- Smoking and vaping which looks at the dangers of these addictive habits
- Relationships, a session which encouraged pupils to consider equality and diversity in the school

Pupils had the following comments to make about these sessions:

*"I have learnt the different challenging times that boys and girls go through as they grow up" Erica Dogleag 7HAY*

*"I have learnt about the dangers of smoking and vaping" Sara Yemane 7HAY*

*"I have learnt that you should not judge people because of race, age or gender" Arjan Badhan 7PEJ*

*"You shouldn't body shame people because it makes people feel upset and uncomfortable." Precious Ilori 7PEJ*

*"We learnt about how people photoshop their images to make them prettier" Rayna Jassal 7PEJ*



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## Values@SJW Day – Year 8

Year 8 attended sessions focusing on the dangers we face in society.

The sessions were about:

- Safe, Just, Wise which talked about peer-on-peer abuse and what we as a school do to keep our children safe
- Bait - which focused on grooming and the dangers of speaking to strangers
- Smoking and vaping which looks at the dangers of these addictive habits
- Relationships, a session which encouraged pupils to consider equality and diversity in the school
- Computing session as part of our aspirational personal development offer

**Pupils had the following comments to make about these sessions:**

*"I learnt about consent in relationships."* **Zephaniah Lebert 8MCI**

*"I enjoyed the computing session and how to be a robot."* **Natasha Glenn 8BRK**

*"I have learned about abuse and staying safe."* **Sarah Manu 8MCI**

*"I have learnt about the importance of consent in relationships and understanding the word no."* **Kameron Chem 8MCI**



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## Values@SJW Day – Year 9

Year 9's Values@SJW Day focused on how to keep ourselves and other people safe.

The sessions were about:

- Sexting and online privacy which focused on how to keep safe online and the 'dos' and 'don'ts' when using our phones
- Street First Aid looked at what to do in an emergency
- Domestic Violence focused on what support is available for victims of domestic abuse and violence
- Unhealthy relationships which focused on how to spot signs of emotional abuse and control in relationships
- Smoking and vaping which looks at the dangers of these addictive habits

**Pupils had the following comments to make about these sessions:**

*"I have enjoyed learning about why exactly vaping is bad for you and the side effects."* **Peter Pham 9WIO**

*"I learnt how to do CPR and the recovery position and how this can save someone's life."* **Akeyo Cunningham 9WIO**

*"I found the unhealthy relationships session really interesting. I liked learning about why vaping is bad."* **Julian Omenma 9WIO**

*"I liked using the dummies to practice CPR because this is important for saving lives."* **Natasha Phaganina 9WIO**



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## Values@SJW Day – Year 10

Year 10's Values@SJW Day focused on how to keep ourselves and other people safe.

The sessions were about:

- Consent, rape and harassment- A session which focused on what consent is and the difference between sexual violence and sexual harassment.
- Sexual Bullying looked at how to spot the signs of sexual bullying in and out of relationships
- Safe, Just, Wise which talked about peer-on-peer abuse and what we as a school do to keep our child safe
- LMLMN- A session which looked at the importance of healthy relationships and the true meaning of love.
- Life skills which focused on making the right decisions in difficult situations.

### Pupils had the following comments to make about these sessions:

*"I learnt to be aware of my surroundings and particular situations that would put me and my family at risk."* **Zoiya Kaval 10HAR**

*"I learnt about consent and why it's important"* **Deborah Gebrekiristos 10HAR**

*"I learnt about consent and what it means."* **Samiya Muhumed 10HAR**

*"I enjoyed learning how you need consent to do many things, and it is important that both people give consent."* **Brajesh Lal 10HAR**



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## Mock 2 Launch Day – Year 11

Year 11 had their Mock 2 Launch Day today. This focused on how to prepare the pupils for mock 2 and their next steps in life.

The sessions were about:

- Motivation
- Attendance
- #bethegreatest
- Learning Performance

**Pupils had the following comments to make about these sessions:**

*"I have learnt useful memory techniques for revision!"* **Darren Nzoukeu 11SIM**

*"This day has really opened my eyes, time will go by fast which means I need good revision strategies"*  
**Jenny Tran 11SIM**

*"I have learned that putting revision into a story is a useful technique"* **Ricky Sangar 11SIM**

*"I have learnt many strategies for learning and I have been encouraged to be the greatest and achieve the best I can achieve."* **Zohaib Sheikh 11SIM**

*"I have learnt many useful revision techniques and have thoroughly enjoyed all the sessions"* **Chandani Chana 11SIM**

# Learning Performance



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## Head of Year Messages

### Head of Year 7 Message

#### Attendance and Punctuality

Attendance and punctuality to school are important as they encourage us to develop life skills needed as we mature into young adults. Punctuality is the habit of doing a task on time and good punctuality can improve work load stresses, academic performance and your personal life. Punctuality and good attendance are really important life skills to learn as they can help to shape your integrity. If you have promised to do something like help a friend with their homework, but then can't do it, you have broken a promise. However, if you are able to help that friend and they succeed, you show that you follow through with your promises and have integrity. This is similar to having good attendance and punctuality; you all show your willingness to learn by being in school on time every day. When you have good punctuality and attendance you show to staff that you are dependable, a great quality to develop, especially as you edge towards further roles and responsibilities within our school community.

Try some of our top tips for good attendance and punctuality:

1. Pack your bag the night before, ensuring that you have everything that you need ready for the morning.
2. Have your uniform ready and laid out before you go to sleep.
3. Turn off any screens an hour before bed and refrain from drinking caffeinated drinks. Having a good night's sleep can really help your mood in the morning.
4. Set your alarm and ensure that you have plenty of time in the morning to get ready.
5. Plan your route. If there are going to be any roadworks or closures, plan ahead and add time to your journey if needed.
6. Have a good breakfast. Food fuels our bodies and can help to turn a bad morning into a good one. Keep it healthy though!

Next week will be a '**punctuality to school**' focus week. Any pupil who is late after the gate is shut will be in an hour's detention after school that night as well as break detention. As normal, pupils who are late twice will owe an hour on Friday too.

By Mrs Ellis

### Head of Year 8 Message

February will be a busy month for our Year 8 pupils. During this month Year 8 will be having their first assessments and they will have already received examination homework booklets from all their subjects to support them and get them ready to do their best and try to achieve the best they can especially as we will be focusing on Achievement this term.

Over the past week pupils were asked to complete letters to self and be able to name a safe person in school that they can talk to. We were happy that most pupils could name a person that they would be able to go to and talk about any issues or concerns. We have supported a small number of others to identify someone they could talk to.

#### Children's Mental Health Week 2022 - Growing Together

From 7-13 February 2022, schools, youth groups, organisations and individuals across the UK will take part in Children's Mental Health Week. This year's theme is **Growing Together**.

**Growing Together** is about growing emotionally and finding ways to help each other grow. Challenges and setbacks can help us to grow and adapt and trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'.

For Children's Mental Health Week 2022, we will be encouraging children (and adults) to consider how they have grown and how they can help others to grow.

1 in 6 children and young people have a diagnosable mental health problem, and many more struggle with challenges from bullying to bereavement. Whether you're someone who works with children, a parent or carer, passionate about spreading the word, or keen to raise vital funds for Place2Be, you can help us reach as many people as possible.

As always please stay safe and look after each other.

By Mrs Chand



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## Head of Year 9 Message

Our year have continued to be engaged by maintaining appropriate distance from other year groups and following the correct procedures.

You have made a strong start to the year by being respectful and contributing during form time, and I am proud of the leadership shown by Year 9 pupils in and around school.

All our pupils should have a set routine in and out of school. This includes leaving home in the morning as early as possible and arriving to school on time and, when escorted off school premises at the end of the day, every pupil must go home straight away to maintain health and safety. At home have a timetable set for completing your schoolwork and having downtime away from your phone and technology. Have a set time to go to bed during school days and stick to this routine, as your body needs consistency to function at full capacity.

Every pupil is responsible for following and maintaining acceptable school behaviour and this includes indoors and outdoors. 100% cooperation is expected and required at all times! We have a lot of exciting work our pupils are doing during form time (house competition) and in lessons and we look forward to showcasing this across the school in the coming weeks.

"If your mind can conceive it, and your heart can believe it — then you can achieve it"

**By Mr Hussain**

## Head of Year 10 Message

Hello Year 10, this month has been another good month for Year 10, assessment week was very successful, and behaviour was good so well done to you all.

Coming up next month is internet safety day/ week. Over the week you will look at different things that will help you understand ways you can ensure you are safe online.

**Safer  
Internet  
Day 2022** | **Tuesday  
8 February**

Coordinated by the UK Safer Internet Centre

- Protect Your Personal Information with Strong Passwords. - "password" is not a good password
- Keep Personal Information Private - don't share information with people online regardless of if you know them or not

- Make Sure Your Devices Are Secure.- Try to ensure you have passwords on all your devices
- Be Careful About WiFi.- Connecting to some WiFi's can allow people access to your information.

If there is something you do not like that you see while on the internet- remember who you should talk to. The police – parents - safe person in school - responsible adult.

Finally, remember it is Year 10 Parents' Afternoon coming up, from Monday you need to book in with your teachers, this will be in person.

Have a wonderful month!

**By Miss Reynolds**

## Head of Year 11 Message

Dear Year 11, I would like to thank you for your hard work so far this year! Many of you are now taking proactive steps in applying for colleges, sixth forms and the world of work. It is refreshing to see that your education means so much to you and you are prioritising your future. You are not far away from Mock 2 and therefore need to ensure that revision is a pivotal part of your daily routine. If you need a revision timetable then please come to the Head of Year office and we will sit down with you and construct one that will be beneficial to you. I am currently trying to organise some more careers related trips for you as a year group so you can experience first-hand what next year may look like and make informed decisions. The only way to achieve success is through hard work! Therefore, it is paramount that within these next few months, you push yourself academically as much as possible so that on results day you can have a set of results to be proud of. The Head of Year office is there for your assistance whenever you need it, please do not be shy to come and say how you are feeling and if you require any additional support as we will be glad to do what we can to help.

**By Mr Brooks and Miss Fox-Roberts**



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## Stars of the Month

### English

**Erica Fosua Agyemang 7FOR & Bryan Le 7HAY** - for hard work and great participation in every English lesson.  
**Haidar Ali 8TOW** - for excellent participation in every lesson.  
**Stefania Holodeair 8BRK** - for always presenting her work beautifully.  
**Brajesh Lal 10HAR** - for putting dedication and effort into his studies.  
**Sophie Khan 11LAK** - for being so helpful.  
**Anthony Clarke - 11LAK & Franklin Medukam - 11LAK** for brilliant retrieval.

#### By Miss Lake

**Mohammed Abdi 9JON & Ezekiel Osazemwinde 9GOS** - for improved effort and communication in lessons.  
**Roland Ofori 10PAR** - for being so attentive and always willing to respond to questions.  
**Mohit Badhan 10FOD** - for continuing to put 100% effort into his work.  
**Camya Johnson 11RAT** - for trying her best and working hard during lessons.

#### By Mrs Mann

### Drama

**Andrei-Felix Cantaragiu 7HAY, Maja Karwanska 7PAW** - for showing good subject knowledge and working as a team during practical sessions.  
**Nilasha Kanna 8MCI & Tennice Wright 8MCI** - showing good subject knowledge for Noughts and Crosses and being creative.  
**Laiba Shahzadi 9OWE** - for great progress in both practical and coursework.  
**Samuel Wren 10HAB & Malika Rahman 10PAR** - for showing great progress and teamwork in practical lessons.

#### By Miss Cummings

### Computing

**Kai Nguyen 8MCI**      **Mohammed Saahil 8TOW**      **Daniel Oji 8BAR**      **Lena Le 8MCI**  
for showing an interest into coding and showing great progress.

#### By Miss Cummings

### STAC Hub

**Malachi Badley** - for being active and curious by bringing in some fabulous books to share with the group. We used these books in lesson and all pupils really enjoyed looking at them. Thank you.

### Maths

**Paul Bacoï 8BRK**      **Daniel Wainer Kodua 9JON**      **Gabriel-Iulian Potropascu 10HAR**  
**Sophie Khan 11LAK**      **Temi Luxmoore-Babalola 11WOO**

for being learned and wise.

#### By Mr Hussain





## Stars of the Month

### MFL/EAL

**Justin Holodeair 7FOR** - for his excellent attitude towards Spanish and his great achievement in the Spanish assessment.  
**Anay Parekh 9GOS** - for being attentive and discerning by showing a consistently great attitude in Spanish lessons.  
**Haidar Ali 8TOW** - for being active and curious in Spanish, excellent work.

#### By Mr Rosellon (Spanish)

**Success Ihaza 7FOR** - for her excellent achievement and hard-work for her Spanish assessment.  
**Dhiraj Ram 9WIO** - for being intentional and prophetic by consistently completing a high-quality work.  
**Ruth Kidane 8TOW** - for being curious and active in French and consistently demonstrating excellence.

#### By Miss Gosselin (French/Spanish)

**Shahzaib Begum 10PAR** - for being active and curious and putting great effort in class. For being helpful and respectful.  
**Fasika Araya 7COB** - for being active and curious and trying to achieve his best.

#### By Mrs Kawecka (EAL)

### History

**Natalia Budna 9GOS** - for achieving an excellent assessment result.  
**Akeyo Cunningham 9WIO** - for being active and curious by always contributing answers in class.  
**Ivie Imadonmwinyi 10ESM and Timothy Renju 10PAR** - for being learned and wise by having an excellent result in assessment 2.

#### By Miss Lally

**Deborah Gebrekiristos 10HAR** - Learned and wise by completing examination homework to an excellent standard.  
**Geremie Ntelo 11WOO** - great work in History.

#### By Miss Guest

**Sarah Manu 8MCI** - excellent participation in History lessons.  
**Denzel Okyei 8MCI** - excellent participation in History lessons.

#### By Mr John

**Zephaniah Lebert 8MCI** - excellent work produced in History.  
**Darling Dikoko 7COB** - for consistently completing work to a high standard.  
**Nilasha Kanna 8MCI** - excellent engagement in History.  
**Nathalia Campbell 8HUL** - Learned and wise by completing excellent exam homework.

#### By Mr McIntosh





## Stars of the Month

### Geography

**Laaiba Akhtar 9WIO** - excellent Year 9 Geography result.

**Daniel Slowikowski 10HAR** - excellent Year 10 Geography result.

**Amelia Baldyga 10HAB** - excellent Year 10 Geography result.

By Mr Woodward

**Kritika Basra 7PEJ** - excellent Year 7 Geography assessment result. Well done!

**Mohammed Saahil 8TOW** - excellent contribution in Year 8 Geography lessons, keep it up!

**Dimitre Vernon 10ESM** - great effort on your assessment, well done.

By Mr Cockburn

### Science

**Erika Dovleag 7HAY** - for being compassionate and learned in all of her science lessons.

**Rehan Khan 7PAW** - for being compassionate and learned in all of her science lessons.

**Nhi Mai 7COB** - for being Active and Curious during all of her science lessons. Mrs Bates is really proud of the progress that you are making!

**Rako Hussain 7COB** - for being Wise and compassionate by giving excellent answers to questions in class and also listening to and supporting others in the class. Well done Rako.

**Kibriya Jawaid 8TOW** - for being active and curious during his science lessons.

**Kellianne Levande 8BAR** - for being learned and wise in all of her science lessons. Great listening skills shown. Keep up the great start to the term.

**Francis Idemudia 8TOW** - for being Active and Curious in all of his Science lessons. For providing great answers to questions and always listening to Mrs Bates on how to improve his answers further.

**Ali Mirshekarikazerouni 9JON** - for being Wise and compassionate during his Science lessons.

**Kyra Mills 9OWE** - for being learned and wise in her Science lessons. Great listening skills shown during practical lessons too.

**Nathan Jiang 9OWE** - for being Wise and compassionate in all of his Science lessons. Great answers to questions within the lesson and also for taking the time to help others in the class.

**Jannat Begum 10ESM** - Learned and Wise for achieving an outstanding grade 98 in her Science Autumn whole School Assessment.

**Mohit Badhan 10FOD** - for being Wise and compassionate during Science lessons.

**Ronny Nkuidjeu 10HAR** - for being Learned and Wise in all of his Science lessons. Excellent detailed answers to questions posed in the lesson which is leading to good progress. Keep up the good work.

**Deborah Gebrekirstos 10HAR** - for being Learned and Wise in all of her Science lessons. Excellent effort shown in all tasks completed. Keep up the great work.

**Jamal Ul-Hasan 11RAT** - for being hopeful during science revision, making some good contributions throughout the lessons and preparing for Mock 2 exams.

**Mariam Ali 11RAH** - for being hopeful, grateful and her continuous effort to succeed during lessons.

**David Kurek 11WOO** - for being Learned and wise. Producing outstanding work during lessons and revision.

**Shiv Patel 11RAH** - for being hardworking, good behaviour and attitude in lessons and active and curious in class.

**Mariam Rahman 11RAH** - for being hardworking, good behaviour and attitude in lessons and active and curious in class.

**Jenny Tran 11SIM** - for being hardworking, good behaviour and attitude in lessons and active and curious in class.

By the Science Department







## Department News



### Keystage 3 Poetry Workshop

In the past 2 weeks, Year 7s and 8s have taken part in a poetry workshop, organised by Young Writers and lead by the poet Mark Grist. This workshop was a fantastic opportunity for pupils to consolidate their understanding of metaphors and to express their loves, hates and memories in a piece of creative writing. Some of our favourite examples are below.

By Miss Lake

I'm human  
I fall, I stumble  
I get things wrong  
and forget  
I also have feelings  
and I'm insecure  
But at the end of the day  
I'm just a normal girl  
And my flaws and  
mistakes don't define me

By Elisa Breton-Johnson 8TOW

My mind is a swirling vortex  
It keeps twisting and turning  
I go home, rest my heart,  
Then it starts to fade.

Memories are things you cherish  
Things that are not meant to be taken for granted  
Things that are meant to be shared with  
Friends and family  
Don't ever forget these things are precious.

By Jayden Platt 8BAR

The countdown has begun and here I stand a fraud to my  
own ambition,  
as I ready my bow and arrow I am yet again, concealed  
within my self-hatred.

While in my humble state of mind I see my opportunities  
gasping for air and clawing at my feet.

Though still I keep to myself and wolly in my self-pity.  
Once a star shining with admiration, now nothing but a  
lowly beggar begging the girls of tomorrow her  
forgiveness.

Now what was once pity is hatred,  
the look twists and contours her face the feeling of love  
and pity is now laced with anger and frustration.

She will live alone unable to rescue what once was lost.  
Forever knowing it's her fault.

By Lovinnia Rose 9HEA - Inspired by 'The women' from  
the Bridge Monologue.

Whenever I feel alone  
I just pull out my phone.  
I go to the corner of my room,  
crouch down and start scrolling  
on my phone.  
I start listening to music  
and pop on my headphones  
because my phone is there for me  
when I feel alone.

By Kibriya Jawaid 8TOW

Family is love  
Family is pride  
Family is kind  
Family is divine  
Family is fine  
Family is life

By Francis Idemudia 8TOW



Oxhill Road  
Handsworth  
Birmingham  
B21 8HH



0121 554 1825



enquiry@sjw.bham.sch.uk  
www.sjw.bham.sch.uk

## Departmental News

### Science

This week Year 7 undertook some Science experiments where they carried out the process of Filtration and Chromatography. They really enjoyed the activity.

**By Mrs Habibullah**

Here's what pupils had to say about the activity:

*"Hi I'm Erika Dovleag and today we did an experiment about chromatography. I really enjoyed the lesson."*

**By Erika Dovleag 7HAY**

*"I really enjoyed the filtration experiment. It was so much fun. We learnt something different."*

**By Hazeem Omar Rahma Hashrafani 7HAY**





## Book Reviews

### 3DEE – By Danny Pearson

"It is a book about a girl working all her life in a DVD rental store then one day an old man walked in and gave her a tape, they haven't sold those for a while, so she checked his member card. It was very old, so she was going to give him a fine he said he had very little money, so he wanted her to take the fine off, but she didn't care if he had little money, he said she had no manners, and he walked out leaving the tape behind. She was curious what was on the tape so she went to the stock room to see what was on the tape. When she put the tape in the recorder she saw the old man, the old man slowly opened up a smile. Out of nowhere she heard a roar coming out of the streets she saw lots of people looking back, she opened her door to see what was going on, but a car came flying by, she ran with the crowd and looked back and saw a huge monster tearing down buildings. As she kept running people stopped. She was pushing her way to the front, and she saw aliens, the aliens said that they were not going to get hurt but they were getting captured. Then a sound of an engine was heard there was a car speeding towards the aliens. Everyone ran out the way while she just stared, she was shocked that that the greatest action star, Arnold Van Damme was driving the car. Honestly, my opinion of the book was it was a good book."

By Krzysztof Daszkiewicz 7HAY

### Great Expectations – By Charles Dickens

"I read a book called "Great Expectations." This was a simplified version of a Charles Dickens story. It was based around a young boy named Pip, who was an orphan, and his time in London with a girl named Stella. Ms. Havisham, his "caretaker" while he was in London, had forced them to play a game of cards each time he had visited London, in her room, which was described as old, and collecting dust. Pip later learnt that she had been jilted on the day of her wedding. This was why she wore white clothes and had a wedding cake in her room.

I started to enjoy the book later when Pip had found out that the person who provided the money for him to live in London for some time wasn't Ms. Havisham, and when he had met up with Stella again. I expected the book to be a little more complex, but in the end, it was a good read, and I'm excited to read another book!"

By Nhi Mai 7COB

### Pink Football Boots – By Ian MacDonald

"The book I read was called pink football boots, the book was about a girl who didn't have her football boots and when she got a new pair of them she was bullied but later she was given pink boots and played well with them in the finals. I liked reading the book because it was interesting."

By Harrum Sajid 7PEJ

### Diary of a Wimpy Kid: Old School - By Jeff Kinney

"I found the book amazing! It was about a boy going to a camp because he didn't want to face his father, so he went. But when he arrived, the school that came before them, someone was at the back of the bus saying beware of Silas Stracch, but he didn't care. Someone was so scared that they ate half a bar of deodorant, everyone else got so terrified they didn't want to come there anymore. When Greg's team didn't want to grab the sticks for the fire since it was low, Greg had to do it himself, so he went to check it out, but he realised it was a hoax. His dad made it up to keep this clean special place a secret. In the end it is still a secret place."

By Vanessa Kodua 8BRK

### The Unicorn Quest – Secret in the Stone (Extract) By Kamilla Benko

"I would rate this extract 4 stars because it is about twisted adventures. I liked this book because Claire had a good sister bond with Sophie."

By Alicja Gomes 8RES

"I think this extract is 8/10, the reason for this is because the book was interesting as it is filled with excitement and is a fun book to read. I would recommend this to someone who likes adventurous and magical books."

By Francisca Idemudia 8BRK

"The Unicorn Quest is a book about Sophie and Claire who save a land full of unicorns."

By Sarah Ogoloma 8RES

### Staff Book Review

#### The Marrow Thieves by Cherie Dimaline (Young adult novel)

"I love this book and recommend KS3-KS4 to read it at some point! "Humanity has nearly destroyed the world through global warming" and all people except indigenous North Americans have lost the ability to dream... These people become victims of "the marrow thieves". This book cleverly uses the science-fantasy genre to portray historic maltreatment of indigenous North Americans. Dimaline tightly intertwines empathy with identification of persisting social issues."

By Mrs Baxter - Trainee teacher of English



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Handsworth  
Birmingham  
B21 8HH



0121 554 1825



enquiry@sjw.bham.sch.uk  
www.sjw.bham.sch.uk



## Accelerated Reader

Well done to the following Year 7 and 8 pupils who have made excellent progress in their Accelerated Reader lessons. The following pupils have increased their reading ages in their 2<sup>nd</sup> Star Reading Test which took place in December.

By Mr Mull

Year 7	<u>Age increased by:</u>	
Jacob Boahene	+2.01	Ranveer Gill +1.01
Elnael Fasil	+1.05	Kailen Graham +0.11
Robert Gregoryan	+0.11	Cristi Zamfir +0.06
Abhijit Kanwar	+0.08	Kemissa Ible +1.05
Borys Morawski	+2.10	Arjan Badhan +0.04
Harrum Sajid	+1.03	Harit Kumar +1.08
Damaris Tofei	+0.08	Maja Majrowska +3.08
Sara Yemane	+1.02	Daiana Mancescu +1.00
Kritika Basra	+1.06	Taylor Milligan +2.00
Erica Fosua Agyemang	+0.09	Godson Omenma +1.11
Nigel Mthinsi	+1.00	Dylan Sabharwal +1.03
Justin Holodeair	+1.01	Jaskirat Sahota +0.07
Kodi Brown	+2.09	Elijah Salimi +0.10
Riccardo Sfeta	+0.05	Kayden Tran +2.03
Bhagwant Singh	+0.05	Sham Behane +0.05
Arjan Badhan	+0.04	Jake Le +0.10
Arashjit Singh	+0.04	Maya Borkowska +0.05
Darryll Djuikouo	+0.04	Arashjit Singh +0.04
Paul Odey	+1.07	Hermon Fremkael +1.04
Noah Paul	+0.07	
Imogen Babalola	+0.06	
Jahari Smith	+0.06	
Michele Mares	+0.06	
Aaphryl Pereira	+2.11	
Eliza Chiriack	+1.01	
Andrew Le	+0.06	
Mateusz Teterycz	+1.03	
Emmanuel Umogbai	+0.08	
Krzysztof Daszkiewicz	+1.06	
Erika Dvleag	+0.08	
Carlisle Co	+0.07	
Joel Hinju	+0.05	
Jesika Gadova	+0.10	
Anna Horvathova	+1.06	
Sandra Lutrzykowska	+3.00	
Hazem Ashrafani	+0.10	
Muhammad Sahil	+1.04	
Deborah Agbolade	+0.07	
Priya Chem	+0.10	
Darling Dikoko	+2.06	
Ella Prescott-Hopkins	+2.04	

## Year 8

## Age increased by:

Salah Alameen	+2.05
Deborah Fadola	+1.00
Jose Malundama	+1.02
Kai Nguyen	+0.10
Mohamad Omar Hussein Ahmed	+1.04
Elisa Breton-Johnson	+1.07
Emmanuel Erikowa	+1.00
Jasmine London	+1.10
Shanae Warner	+1.05
Ashshani Edwards	+2.00
Shanay Grant	+1.10
Zara Khan	+1.09
Lovejeet Malliya	+0.10
Jaskaran Singh	+0.10
Mohammed Ehfaz	+0.10
Yousma Mustafa	+0.07
Hoodo Omar	+0.09
Sami Qasim	+1.04
Mohammed Hussain	+1.03
Sarah Manu	+2.08
Malkia Reid	+0.10
Dilpreet Sandhu	+1.04
Hilla Stosray	+1.03
Shannoi Campbell	+1.03
Francisca Idemudia	+0.11
Marwan Khan	+1.02
Kobi Mensah	+1.01
Mohammed Nawaz	+2.00
Daniel Pruteani	+1.04
Saya Aziz	+0.05
Abi Brown	+0.05
Tennice Wright	+1.10
Elisabeth Ajayi	+1.03
Daniel Oji	+0.11
Eryk Romanowski	+1.00
Esaias Stewart	+2.04
Mckeira Lobban benett	+1.01
Deborah Habteab	+0.08
Jaydon Platt	+0.06
Andra Iamandita	+0.05
Paul Baco	+0.07
Roberto Hoidrag	+0.07
Milcah Yosef	+1.02
Azfer Rahman	+0.09
Zaakir Hussain	+0.06
Nilasha Kanna	+0.04





## House News

*Here are the top achievers for this month!*

### Gandhi

Kibriya Jawaids (8TOW)	60
Maja Majrowska (7FOR)	55
Dhiraj Ram (9WIO)	49
Connie Grant (10HAR)	41

### John Paul

Sarah Manu (8MCI)	61
Darryll Djuikouo (7COB)	55
Pavan Kumar (9OWE)	49
Julia Moszczynska (10ESM)	27

### Luther King

Kelly Odiase (8BAR)	52
Priya Chem (7PAW)	50
Sebastian Paul (9HEA)	36
Beatrice Tofei (10FOD)	27

### Mandela

Alicja Gomes (8RES)	63
Eliyah Salimi (7PEJ)	57
Jakub Borawski (9GOS)	53
Natalia Moszczynska (10PAR)	33

### Pankhurst

Nadia Yentumi (8BRK)	58
Hannah Khan (9JON)	50
Miradi Pembele (7HAY)	48
Hardi Pembele (10HAB)	45

## Current House Competition

### Model Rockets

Each form has begun getting stuck into this month's Department Challenge for House. January has seen Science take over to run their own competition which is to see who can build the best model rockets out of plastic bottles.

There are three categories for our pupils to achieve points from when building their model rockets.

- The best designed rocket
- The best built rocket
- The highest-flying rocket.

This House competition gives pupils an opportunity to work as a team to create the best rocket and experiment how to make it fly the highest when shot into the air. All form groups will submit their best rocket to fly next week on their allocated days.

Monday: Year 7

Tuesday: Year 8

Wednesday: Year 10

Thursday: Year 9

Thank you to Mr Hayaat for organising and running this event and best of luck to everyone!

## Upcoming House Competition

### Create a Plaque

Next month, we will be seeing Humanities taking over for their 'Department Challenge' to see who can design the best plaque for Queen Elizabeth's Platinum Jubilee.

Keep an eye out in form time on how to enter!

### How can pupils spend their positive points?

Pupils now have the opportunity to purchase some amazing prizes with the positive points they have been earning since September!

Each Year group has been assigned a time during form to claim their prizes.

Tuesday – Year 9 + 8

Wednesday – Year 11

Thursday – Year 7 + 10

**By Miss Cummings**



Oxhill Road  
Handsworth  
Birmingham  
B21 8HH



0121 554 1825



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# INVESTIN

## Invitation for Parents: Success Beyond School



We are delighted to announce the first events in our *Success Beyond School* series for 2022. **These are free-of-charge, live online seminars featuring career experts, designed to help parents amplify their children's career potential.**

We have 5 fantastic seminars this term, including topics such as 'how to help your child choose their career' and 'how to inspire young women to become entrepreneurs.' **These events are for parents of students aged 12-18 and are free to attend.**

[Register here](#)



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# Upcoming Events

## **Wednesday 9th February: Making it in Medical Sciences**

Expert advice on breaking into medicine, dentistry and veterinary science.

## **Wednesday 9th March: Women in Business**

Inspiring entrepreneurship in our young women

## **Wednesday 23rd March: The Ultimate Career Experience**

Everything you need to know about InvestIN's life-changing Summer Experiences

## **Wednesday 6th April: The Career Workshop**

Helping your child to choose their future with confidence



Over 50,000 students from 100+ countries have already taken advantage of InvestIN's once-in-a-lifetime career programmes designed to help students make confident choices about their futures. Learn from expert professionals, gain top career coaching and experience unparalleled industry simulations not normally available to school students. Find out more below.





## What Parents & Carers Need to Know about

# YOUTUBE

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

### INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

### CONNECT WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering online predators.

### SUGGESTED CONTENT

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but can also lead to binge-watching and the risk of screen addiction, especially if 'auto-play' is activated. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

### HIGH VISIBILITY

Content creators can also be put at risk – especially young ones who try to make their online presence as visible as possible. Creating and uploading content exposes children to potential harassment and toxicity from the comments section, along with the possibility of direct messaging from strangers. Videos posted publicly can be watched by anyone in the world.

### TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice challenge', which can cause injuries very quickly, is just one of many such examples.

### SNEAKY SCAMMERS

Popular YouTube channels regularly have scammers posing as a well-known influencer in the comments section, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and sometimes offer cash gifts or 'get rich quick' schemes. Children may not realise that these users are not who they claim to be.

## Advice for Parents & Carers

### APPLY RESTRICTED MODE

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from changing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.

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CENSORED

### TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.

### CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.

### CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online. It also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.

### MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.

### LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!

### Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



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Handsworth  
Birmingham  
B21 8HH



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[www.sjw.bham.sch.uk](http://www.sjw.bham.sch.uk)