



# Saint John Wall Catholic School

*A Catholic School For All*

## Monthly Newsletter



Headteacher: Miss K Marston BSc (Hons) LLE  
Chair of Governors: Mr M Jones

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Friday 27 November 2020

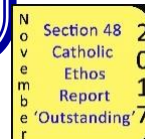
Mission Statement: 'To educate each and every unique child in our care to hear and respond to what God calls them to be'

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### Prayer

Dear God, as I face this new day, help me to use my time in a way that pleases you. Help me to be the best that I can be in all that I do and say, whether at school or at home. Even when I am so busy, help me to think about you and what is really most important.

Amen



## Message from Miss Marston Headteacher

As we move closer to the end of term, I am pleased to be able to let you know that there is still high pupil and staff attendance at school. Although some pupils and staff have had to isolate, the actual number of confirmed positive coronavirus cases has been low. This means that the majority of pupils are being able to access their full curriculum, and it is taught by subject specialist teachers. A big thankyou to all the staff, pupils and parents for their vigilance and dedication to making a success of the term so far. However, the constant need to socially distance, wash hands and keep bubbles separate can cause a strain, especially on people's mental health and wellbeing. Here are some top tips about wellbeing from BBC Newsround that you may find helpful.

### 1) Connect with other people and talk about your feelings

It is quite normal to feel scared and confused with everything you're hearing about coronavirus and lockdowns. But don't bottle up your worries. It's really important to talk to an adult you trust, such as your parents or teachers, about how you're feeling.

### 2) Keep Active!

Staying healthy and being active isn't only great for your physical health and fitness. Experts say it can also improve your mental wellbeing by making you more confident.

It can even cause chemical changes in your brain, which help to make your outlook more positive!

### 3) Try to be 'mindful' and don't worry about what you can't control

Try not to worry about all the things you can't control and try to make the best of what you can do.

Rather than worrying about the past or the future, concentrating on the present moment can improve your mental wellbeing. This includes your thoughts and feelings, your body and the world around you.

Some people call this awareness "mindfulness". Mindfulness can help you enjoy life more and understand yourself better.

### 4) Do what you enjoy

It's really important to do things YOU enjoy. That could mean reading a book, playing a board game or doing some arts and crafts. Or have you ever wanted to try a new language or learn to cook or how to take great photographs? It might seem like you're too busy with school and homework, but think of it as finding new hobbies and learning new skills you might want to continue even when lockdown is over.

### 5) Be Kind

Giving back to other people is a great way to also feel good about yourself! It could be small acts of kindness towards other people, or larger ones like volunteering in your local community. When we're living as we are now and meeting up in person can be difficult, remember how important it can be to say "thank you" to someone for something they have done for you. Or to ask friends, family or colleagues how they are, and really listening to their answer.

### Remember...Pupils...

If you are feeling worried, there is lots of support out there for you to get help. Speak to an adult you trust, like a parent, guardian or a teacher. You can also contact Childline on 0800 1111 for free at any time. Childline is run by the NSPCC.

### Remember... Staff...

All staff have received training on supporting pupils with mental health, the strategies can also be used to support colleagues.

Speak to somebody you trust, or you can get confidential support by contacting the free Education service using [www.educationsupport.org.uk](http://www.educationsupport.org.uk) or contact the helpline on 0800 562561.

**And for all members of the school community**, we have a team of wellbeing staff you can email using [wellbeing@sjw.bham.sch.uk](mailto:wellbeing@sjw.bham.sch.uk).



## Autumn SJW Values: **Generous and Grateful**

### Remote learning Masterclass Timetable

Timings: After school Live Masterclass 3:00pm to 3:40pm

Evening Microsoft Teams Masterclass 5:00pm to 5:40pm

Saturday Masterclass 11:00am to 11:40am

**PLEASE NOTE - All masterclasses will be taking place on Microsoft Teams (5PM) until 2nd December 2020**

	W/C	Monday	Tuesday	Wednesday	Thursday	Saturday Assessment Week Master Class Prep.
<b>Term 1</b>						
<b>November</b>	<b>30</b>	EAL Intervention Masterclass (Year 7-10) Mrs Kawecka	<b>YEAR 7 Evening SCIENCE Masterclass Mr Mahmood</b>	Year 10 Evening Health and Social Care Masterclass Mr Parekh		
<b>December</b>	<b>7</b>	Year 10 After School ART Masterclass Miss Restauri Room 1	Year 9 After School PE-PHYSICAL TRAINING Masterclass Mr Janes Room 32	Year 10 Evening SCIENCE Masterclass Mrs Habibullah	Year 9 Evening SCIENCE Masterclass Miss Timmins	
	<b>14</b>	Year 10 After School ART Masterclass Miss Restauri Room 1	Year 9 After School ENGLISH Masterclass Mrs Wieremiewicz	Year 10 Evening MATHS Masterclass Miss Allen (HIGHER)		
	<b>21</b>			End of term		

### Late Focus Week!

From Monday 30 November we will be having a LATE FOCUS WEEK.

If you miss the gate at 8.50am you will be greeted by a member of the Pastoral Team in reception.

You will be given a detention after school on the SAME DAY that you are late.

'I am working towards being discerning about the choices I make and the effects of those choices on myself and others.'

### Free School Meal (FSM) Vouchers

Some of you may have heard on the news about the Government providing FSM vouchers for October half term.

You should have received information on how to access the vouchers via your child's email address.

**By Mrs Crooks - Assistant Principal  
(Personal Development, Safety, Behaviour & Attitudes - DSL & SPOC)**

### Potentially harmful game

This game has been highlighted as potentially harmful to young people. It simulates how illegal drugs are transported from one area to another, often across police and local authority boundaries, usually by children or vulnerable people who are coerced into it by gangs. Should you have any concerns about your child and this game, please contact the school.



**By Miss Timmins - Temporary Associate Assistant Principal, Head of Science and STEM**

### Monthly Attendance

#### Our Top Form Groups

10FOR 98.3%

11SIM 98.1%

9PEJ 98.1%

8JON 98.0%

7BRK 96.8%

**Well done for your excellent  
attendance!**



## Head of Year

### YEAR 7

**Mrs Ellis**

#### Year 7 Parents' Day Thursday 17 December

Our parents' day will be held online on Thursday 17 December. More details will be sent to parents over the coming days, please look out for this information. This will be a good opportunity to speak to your child's class teacher about their progress, behaviour and attitude to learning. Pupils will also be given a report to bring home so that you can see the progress that has been made since they began in September. It is important that all parents speak to our subject staff on Parents' Day. Please put this date in your diary.

#### School Uniform

Due to current Covid restrictions, pupils in Year 7 are spending more time outside than they would have done in their Primary School. The days are now getting much colder and we are asking all parents to ensure that their child has a winter/waterproof coat, and that any girls in skirts are wearing tights to help keep them warm throughout the day. Should you find you are struggling to get a winter coat in the current climate please contact the school and speak to Mrs Ellis or another Head of Year.

#### Dinner Money

Dinner money can be paid directly by parents and eating habits monitored through Parent Pay. Parents please use this system rather than give your children cash. This is because, we have noticed a rise in the number of pupils who are spending their dinner money at the local shops on sweets, crisps and energy drinks rather than on a healthy meal in school. Please speak to your child about how they are spending their money each day and the benefits of a healthy lifestyle. Please note, energy drinks are banned in school and it is illegal to purchase an energy drink if you are under the age of 16 years.

#### Saints League

In December Year 7 will have a special awards Collect Worship where they will be shown their current standings in our Saints League. Each pupil will be awarded a certificate either of bronze, silver or gold which will reflect their attitude to learning, behaviour and progress within school. These are awarded every 8 weeks and so can change over time. Look out for their certificates.

#### Early Help

Should you need any support please contact the school for help.

#### Attendance Matters

##### Form Groups

7BRK	96.8%
7FLI	96.6%
7FOX	96.5%
7WAL	93.5%
7CUG	92.8%

**Well done to the forms with excellent attendance @96% +**

### YEAR 8

**Mr Hussain**

Our year have continued to maintain social distance and follow the school procedures. We made a strong effort during Remembrance by being respectful and contributing during form time, and I am proud of the leadership shown by our pupils in distributing poppies across our form classes. Our year were excellent during Cultural Capital Day and were very positive about the experience and learning during the different sessions.

All our pupils should be arriving to school on time and when escorted off school premises at the end of the day; every pupil must go home straightaway to maintain health and safety. Every pupil is responsible for following and maintaining acceptable school behaviour and this includes indoors and outdoors.

We have a lot of exciting work our pupils are doing during form time and in lessons and we look forward to showcasing this across the school in the coming weeks and before Christmas.

#### Attendance Matters

##### Form Groups

8JON	98.0%
8RAT	97.5%
8WIO	97.0%
8JOS	91.6%
8JAN	88.6%

**Well done to the forms with excellent attendance @96% +**



## YEAR 9

**Miss Reynolds**

### Assessment

Year 9 have had a week of their first set of assessments in line with their GCSE and BTEC subjects. Overall, most pupils conducted themselves in a fantastic way and have shown real determination to do well through the assessments. The pupils have worked hard in preparing for this and results will be given to parents on parents' day.

### Parents' Day

Parents will have the opportunity to speak to teachers about their child's results and progress on Thursday 17 December. Pupils should book in appointment times with their teachers. Parents' day will take place via Microsoft Teams.

If a pupil has been absent for any of the assessments - class teachers will be responsible for ensuring they take the assessments.

Form tutors will be sending their tutor groups a test email that they will need to reply to from home so that we know who has access to Microsoft teams from home

### Late focus week

Next week between 30/11/20 - 04/12/20 we will be having a late focus week. During this time if a pupil arrives at school after 9:50 they will be issued with a detention until 15:30 on the same day. Parents will receive a text to notify them that the pupil has arrived late.

### Food bank

We know it is a tough time for some families. There is an opportunity, for anyone who needs support with food to visit Aspire housing on Rookery Road on Monday/Wednesday/ Friday from 13:00 onwards. You can turn up to collect free food parcels. You do not need a ticket; all you will need is a mask and some carrier bags. We hope this will help you and your families.

### Uniform

As the weather gets colder it will be necessary for Year 9 to have warm coats and to start

thinking about other warm clothes they can wear - remember no caps and hoodies should be worn but a warm coat and woolly hat might be a good idea as we spend more time out in the cold.

Year 9 must also have a plain mask, not black, to wear as they go to lessons on corridors. If they do not have one they can buy one for 10p from a safety associate.

### Attendance Matters

#### Form Groups

9PEJ	98.1%
9HAR	98.0%
9HAB	96.8%
9PAR	92.6%
9COL	89.2%

**Well done to the forms with excellent attendance @96% +**

## YEAR 10

**Miss Moyo**

Hello Year 10, since returning from your half term break, you have begun Passport to Life in form. In this programme you will be learning key skills that will create a strong foundation for you before you head into Year 11. Please begin applying the revision tips and exam skills this year so that they are second nature to you next year.

Please continue to attend your Wednesday evening Masterclasses on Teams and speak to myself and your form tutor if you have any trouble logging on. You are also expected to be attending all of your scheduled lessons on Teams if you are isolating and well enough to do so.

### A Reminder about Standards

Since returning from the summer break you have observed the new health and safety guidelines regarding washing your hands and avoiding contact with other year group bubbles in order to minimize the spread of COVID 19. I would like to take this opportunity to remind you that you must wear a face mask in the school corridors. Put it on before you leave the playground or any classroom.

If you have lost the free mask that was distributed to you, masks are available to purchase from our safety associates at 10 pence each. Also, please ensure you are adhering to general safety expectations around the building - no running in corridors and sensible behaviour on the stairs.

### Saints League

Soon you will receive your certificate and current placement for Saints League, these results will be based on your conduct, attendance, punctuality and work ethic. In discussions with your form tutors this week, there was quite a bit of positive movement. Continue to do your best to be on time each day and complete work set by your teachers. As mentioned in our Collective Worship this week, there will be a same day late detention issued each day you are late next week as part of our Late Focus Week. Go to bed on time, don't use your mobile phone in bed and wake up in time to get to school ten minutes early.

Finally, a massive Saint John Wall welcome to our new pupil Brajan Kozakiewicz, we hope you enjoy your time here with us.

Our stars of the week this week are Szymon Skrobisz and Tomas Czech. Well done for being loving and compassionate as you supported Brajan with settling in this week.

A scripture for us to ruminate on over the weekend:

Exodus 15:2 "The Lord is my strength and my song; he has given me victory"

As the nights get darker and the days are getting colder, let's remember to thank God for giving us the strength to get through each day.

Have a lovely weekend.

### Attendance Matters

#### Form Groups

10FOR	98.3%
10FOD	95.8%
10BRO	90.6%
10WOO	89.7%
10LAL	88.6%

**Well done to the forms with excellent attendance @96% +**



## YEAR 11

*Mrs Chand*

A big well done to Year 11s who have shown great maturity after returning after half-term. We are expecting all our Year 11s to wear face masks during lesson changeovers, and we need to maintain high levels of safety for everyone whilst they are in school. Masks are available to buy in school for 10p if you need one.

Just a reminder that Year 11 revision classes will resume from Monday 30 November 2.50 - 3.50pm every day. This will ensure you are getting the best support heading into Mock 2 and then GCSE formal exams in the Summer term. Can pupils also make sure you are wearing appropriate winter coats as we are heading into the cold season.

If Year 11 pupils are isolating at home, please can parents ensure that they are logging onto teams to continue their learning from home as this is an important year and I would not want them to miss vital lessons.

As always thank you for your continued support during these uncertain times.

Stay safe and look after each other.

### Attendance Matters

#### Form Groups

11SIM	98.1%
11LAK	97.4%
11PAW	96.9%
11RAH	95.2%
11WIN	94.2%
11MAN	92.4%

Well done to the forms with excellent attendance @96% +

## Stars of the Month

### Science

**Sonia Sandhu 7CUG** - For being curious and active in lessons.

**Francisca Idemudia 7BRK** - For being curious and active in lessons.

Sara Manu for being learned and wise in science.

**Natasha Glenn 7BRK** - For being attentive and discerning in her work.

**Michel Frimpong 7BRK** - For being curious and active in lessons.

**Elisa Breton-Johnson 7FOX** - For being attentive and discerning in her work.

**Janelle Ajayi 8JAN** - For being faith-filled and hopeful in the perseverance with which she participated to lessons.

**Jasmeet Kaur 8JOS** - For being attentive and discerning in her work.

By Dr Consonni





## Stars of the Month

### Geography

**Kymani Harvey 9HAR** - An excellent start to GCSE Geography.

**Irene Rose Jain 11LAK** - A super mock result.

**Ahmad Ibraheem 11LAK** - A super mock result.

**Jessica Martin 8JAN** - Consistent and excellent effort in lessons and superb classwork.

**Regina Mukuangu 10BRO** - Excellent effort in lessons and superb classwork.

**Kamron Graham 7FLI** - A superb Geography assessment result.

#### By Mr Woodward

**Sunil Rai Sehjail 10LAL** - A great start to Year 10 Geography focused and attentive.

**Abi Brown 7WAL** - Exercise in immaculate condition and some great answers.

**Gerrard Mendoza 8JOS** - Great effort in the development homework.

**Ivie Imadonmwinyi 9COL** - Being learned and wise by consistently offering excellent contributions in class.

**Sarah Ishma 10WOO** - Good effort on assessment 1, well done.

**Simran Tiwana 9HAB** - Excellent quality of work in your exercise book and a great 6 mark answer on adaptations. Well done.

#### By Mr Cockburn

### History

**Rachel Williams 9PAR** - Excellent answer to a 16-mark question.

**Ivie Imadonmwinyi 9COL** - An excellent start to GCSE History.

**Alicja Gomes 7WAL** - Being learned and wise by taking a conscientious approach to her History lessons.

**Linh Hoang 10FOD** - Being intentional and prophetic by preparing for her assessment and gaining an excellent result.

#### By Miss Lally

**Samah Khan 11SIM** - Being learned and wise by preparing thoroughly for the History Mock exams.

**Michel Frimpong 7BRK** - Being active and curious by enquiring about the Poppy Appeal.

**Michael McDonough 7FLI** - Being learned and wise by completing an excellent piece of work at home.

**Trishani Jack 11RAH** - Excellent effort and contributions in History- well done and keep it up.

#### By Miss Guest

**Gabriel Sylva 8JON** - Excellent classwork.

**Rayaan Nawaz 8WIO** - Excellent classwork.

**Daniel Wainer Kodua 8JON** - Excellent classwork.

#### By Mr John

**Jemima Malundama 10FOR** - A conscientious attitude in lessons and taking pride in her work.

**Haidar Ali 7FOX** - An excellent attitude and approach to completing work.

**Salah Alameen 7WAL** - Being active and curious in History lessons and sharing knowledge.

**Ubaid Akhtar 8RAT** - A great effort in class.

**Denzel Okyei 7FLI** - Being learned and wise and completing examination homework to a high standard.

#### By Mr McIntosh

### EAL

**Jashanpreet Singh 11WIN**

**Harpreet Kaur 11WIN**

#### By Mr Rosellon

### Maths

**Julita Wruckowska 8JOS**

**Connie Grant 8HAR**

**Shantae Campbell 10FOR**

#### By Mr Hussain

## Remembrance

Well done to everyone for raising £55.07 and a big thank you from Mr Woodward to all forms and form teachers who took part in the poppy appeal, and also to the poppy sellers, well done!





## Department News

### What's inside a PC?

By Mr Rathbone

As part of the school's exciting new Computing curriculum, this term Year 7 have been looking at Computer Systems and this week 7YJ learnt about the components used within the computer. In the lesson they looked at the main hardware found within a desktop PC such as RAM and Motherboard and got to handle some real physical pieces of hardware. When pupils got to see a real Central Processing Unit they were surprised by how something so small could have such a big role within a computer. The pupils then got hands on by building their own paper based desktop PCs in their books. The rest of the term we will be looking at the Operating System, Networking and how the Internet works.

#### Pupil comments:

*"I learnt about the different things inside a computer that I didn't know were there before."* By Jalal Aziz 7CUG

*"I learnt that a motherboard is a component that fits all the other components together."* By Uzair Mohammed 7BRK

*"I have learned that there are lots of things you need to work a computer"* By Ellie-May Middleton 7FLI





## Department News

### Instrumental Lessons

By Mrs Crooks

New instrumental lessons at SJW.  
Year 7 and 8 if you are interested please see Mrs Crooks.



### PE

By Mr Janes

Pupils across the school have been having their official football team photos over the last two weeks. We were very fortunate to secure two new football kits that are worth around £1000. Hopefully pupils can represent the school in the kits in the near future.



### Numeracy Skills Check Champions

By Mrs Pawlowska

Numeracy Skills Check Champions are:

10WOO - Sarah Ishma  
10FOR - Sanj Bhardwarj  
10LAL - Shiv Patel  
10FOD - Franklin Medukam  
9PAR - Timothy Renju  
9HAR - Brajesh Lal

Well done all!

### Macmillan Cake Sale

By Mr Owen

A big thank you to Heads of House, staff and pupils for taking part in the Macmillan cake sale. We have had a letter to confirm the total amount raised was £146.14.



## Department News

### Hospitality and Catering

By Mrs Breslin

Last Friday 20 November we had Chef Stuart Brown come into school to teach Year 10 and 11 Hospitality and Catering pupils how to de-bone a chicken in preparation for their practical cooking examinations. There was a real buzz about the school as we prepared for the day and all pupils tackled the task with enthusiasm and respect.



Learning to de-bone a chicken gives pupils the opportunity to not only learn about where their food comes from, how it is butchered and prepared ready to be bought or cooked in a restaurant, but gives them the skill level to reach the top grade. All of our learners applied themselves and managed the task excellently, especially considering it was the first time most of the pupils had butchered a whole chicken. Once butchered the pupils bagged their chicken and the bones (to be used to make a pale chicken stock), for the freezer. The portions will be taken out and cooked in the coming weeks to practise for their formal examination.

Pupil Comments:

*"I really enjoyed de-boning the chicken even though I'm a bit squeamish, If I did it again I'd be better it was my first time of cutting up a chicken like that. This will help me with my examination when I make a chicken curry."*

**By Lewis Collect 11WIN**

*"I'm looking forward to learning more with the chef. I'd like to thank him for teaching me the skill, so I can use this in my exam, when I make Asian Sticky Chicken and Rice."* **By Sh'Marl Lewis 11RAH**

This Friday 27 November we welcomed Chef Stuart Brown back to teach our pupils how to pipe mashed potato and develop our learners' presentation skills. He will also be on hand to help our pupils inject some creativity and personal flair into their chosen recipes. We're all really looking forward to high quality, chicken curry, fresh pasta and shrimp, gyoza, lasagne, short crust pie and shepherd's pie dishes that are going to be prepared by our pupils in their exams.

**Next up on the menu:**

- Year 11- Practise their final cooking dishes ranging from; Sticky Asian Chicken and jasmine rice, Chicken Chow Mein with fresh egg noodles, Apple Crumble with fresh custard to, Fresh Shrimp Gyoza and asian salad, Mexican Chicken Lasagne and garlic bread and Sri Lankan Chicken Curry.
- Year 10 - Make burgers and Christmas sweet treats from scratch.
- Year 9 - Make Shepherd's Pie and mini pavlovas
- Year 8 - Make Banana Cake
- Year 7 - Make Pizza Toast





## House News

## House Points

### House System

By Mr Owen

#### Year 7 & 8

Key Stage 3 have been asked to design a nativity set for the Christmas period. This will encourage pupils to use their creativity skills and help remember the reason we celebrate Christmas with the birth of Jesus. Forms will have the opportunity to gain points for their house and also to showcase their creative skills in this important and holy time of year.

Here is a nativity scene from last year.



#### Year 9 & 10

Key Stage 4 have been asked to design the Saint John Wall Christmas card. This is an annual tradition where cards are posted to the local community wishing them well and to let them know they are in our thoughts.

Here is a design from last year.



#### King House

Form	Name	Points Awarded this Month
	Sanamdeep Kaur 8JOS	194
	Andrea Zajacova 9PEJ	109
	Tyreike Bailey 9PEJ	91
	Lovinnia Rose 8JOS	81

#### Mandela House

Form	Name	Points Awarded this Month
	Natalia Moszczynska 9PAR	103
	Hawa Jammigeh Tunkara 8RAT	84
	Nikola Dawicka 8RAT	66
	Miya Taggart 7WAL	55

#### Gandhi House

Form	Name	Points Awarded this Month
	Francis Idemudia 7FOX	72
	Karen Karenga 7FOX	71
	Ronny Nkuidjeu 9HAR	60
	Ruth Kidane 7FOX	53

#### Pankhurst House

Form	Name	Points Awarded this Month
	Stefan Dahorea 8JON	70
	Shahab Butt 8JON	68
	Mylan Hoang 7BRK	60
	Nikola Buksa 7BRK	56

#### John Paul House

Form	Name	Points Awarded this Month
	Manmeet Singh JAN	70
	Talhah Munawwar 8JAN	67
	Sahar Strosray 9COL	64
	Tjahari Macdonald 8JAN	63

#### Leaderboard

**Luther King 9644**

**John Paul 7649**

**Gandhi 7562**

**Mandela 7394**

**Pankhurst 7259**





## Performing Arts

### Year 9 Project with Ifa Yoruba

By Miss Cummings

The SJW Performing Arts Department are proud to announce that this year our Year 9's have the opportunity to take part in a new educational project by Ifa Yoruba!

This external company has previously run music clubs here at SJW and are now looking to get involved in the Drama side of our school, which is very exciting! Ifa Yoruba are in the process of launching 'Birmingham Jazz Radio' and as part of this radio, they would like to have writers to create radio-plays which our Year 9's will have the opportunity to be a part of. With meetings and rehearsals starting very soon, the Year 9's will be working closely with the team and taking part in online workshops (lead by a professional script-writer and director) which will encourage the development and creation of characters and gain skills in storytelling and vocal work.

Birmingham School Health Support Service

**NHS**  
Birmingham  
Community Healthcare  
NHS Foundation Trust

# SCHOOL NURSE VIRTUAL DROP-IN CLINIC

Every  
Tuesday  
from  
4:30-5:30pm

Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

**Join the link and talk to a School Nurse.** We provide a confidential and friendly service.

<https://nhs.uk/BCHC/C-F/Schl-Nurse/Drop-In>

