

Saint John Wall Catholic School A Catholic School For All



Issue: 18

Friday 12 February 2021

Oxhill Road, Handsworth, Birmingham B21 8HH • Tel: 0121 554 1825 • www.sjw.bham.sch.uk • enquiry@sjw.bham.sch.uk



Weekly Information Bulletin



Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'

Catholic Life Termly theme: Hope



"There is nothing concealed that will not be disclosed, or hidden that will not be made known. What you have said in the dark will be heard in the daylight" Luke 12:1-3

This week, as a school the focus of our Daily Reflections and Collective Worship was 'Safer Internet Day'. This year is the 18th edition of Safer Internet Day with actions taking place right across the globe. With a theme of "Together for a better internet", the day called upon us all to join together to make the internet a safer and better place for everyone, especially children and young people. During formtime, the Values@SJW Powerpoint shared examples of fake news, and what you can and can't trust online. During Collective Worship the focus was on how to stay safe online and how to monitor your digital footprint.

Our scripture focus comes from the Gospel of Saint Luke and encourages us to reflect on how we speak to others. We all now know that what is written online is written in ink, not in pencil. Although we may think that we have deleted posts, pictures or blogs that have been made in anger or without thought for consquences, the reality is that anything put onto the internet can be recovered or snapped as a picture. We really need to consider our digital footprint and the consequences for our future when online.

Ash Wednesday

Wednesday 17 February marks the first day of Lent in the Church. We are encouraged to reflect upon ourselves and start our Lenten journey with prayer, fasting and charity. Should you wish to attend an online service for Ash Wednesday please check the link below: <u>MCN Media | CCTV, Sound & Live Streaming Specialists, Northern</u> <u>Ireland</u>

Please check times for Ash Wednesday online.

Mass for the repose of the soul of Keon Lincoln

A Mass is being held in memory of Keon Lincoln, an ex-St John Wall pupil who sadly passed away in January. This Mass is being held at St. Chad's Cathedral in Birmingham on Monday 15 February 2021 at 12.15pm. We would like to see as many members of our community join in with this Mass via the live link which can be accessed here <u>https://www.mcnmedia.tv/camera/st-chads-cathedral-birmingham</u>. We would like to thank Fr Tomas for offering this Mass in memory of Keon.

Chair of Governors' Message Superheroes don't fly. They walk.

This tribute to the late Captain Sir Tom Moore sums up his dogged determination to overcome the difficulties he himself and indeed many have experienced over the past 12 months. It could also apply to the approach Miss Marston and her colleagues have adopted to tackle the constant changes made by the government as to how schools are to operate.

At the end of last term a huge amount of work was done at Saint John Wall ahead of safely welcoming back in January our Year 11 pupils. That went straight out of the window when it was abruptly announced that schools were to be closed until March at the earliest; except of course for vulnerable pupils and those children of key workers.

Miss Marston and the staff wasted no time in getting to grips with what needed to be done. You will be aware of the extensive remote learning programme the school has introduced. Recently governors heard details from Ms Hanson of how effective it has been. Mr John and Mrs Crooks informed us of how pupils, particularly those in Year 11, are coping with the demands of on-line learning. Mrs Adams also explained the additional support being given to pupils with additional needs while Mrs Kawecka outlined what is being done for pupils for whom English is not their first language. What governors heard was very encouraging. Staff appreciate the strain this form of schooling is putting on all households as jobs and the usual domestic chores have also to be juggled. Each of the above staff paid credit to you as parents for your support in ensuring your children take full advantage of all that the school is offering.

At the same meeting Miss Timmins described to governors the various methods used, both last term when pupils actually attended and again now they are at home, to encourage pupils to conduct themselves responsibly. This is particularly important as pupils are expected to spend so much time on-line.

I want to mention at this point the terrific work Mr Mull does in producing the weekly Friday newsletter. It never fails to be informative as well as highlighting and celebrating the pupils' achievements. The edition issued on Friday 29 January was an excellent example of this. If you missed it you'll find it on the school website. Please go back and have a read. You won't be disappointed.

Around this time of year we normally receive provisional details of our new school budget. In advance of this governors met in January with the school's finance team to plan how best to pay for the next set of priorities in our school improvement plan. The current circumstances have made Mr Holden and Ms Whitehouse's jobs even more difficult than usual. Nevertheless, I can assure you that together with Miss Marston they are being prudent in our spending.

Mrs Ellis

At a recent governors' meeting Mr Price explained how difficult it has been, with our school community being near totally virtual, to further develop the Catholic life of the school. Despite these most testing of times an enormous amount of work is being done to bring the Word of God into the lives of our pupils. He also outlined the plans the school has for when our pupils eventually do return which, fingers crossed, might even be before the Season of Lent ends. We were delighted to hear from Mr Price of the appointment as our new school chaplain of Father Tomas Zuna.

The event that has overshadowed this half-term above anything else has been the death of Keon Lincoln. You will have seen from the media the devastating effect it has had on Keon's mother and sister. It shocked not only the local community but the country as a whole. Governors send their deepest condolences to them, to the rest of his family and his friends. On Monday at 12.15 pm a Mass for Keon is being celebrated by Father Tomas at Saint Chad's Cathedral. It will be streamed live from the Cathedral. You can find the link for this on its website: www.stchadscathedral.org.uk.

On that sombre note and until the next time I'll end with this prayer for Keon:

Eternal rest grant unto him, O Lord, and let perpetual light shine upon him. May his soul and the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Saint John Wall, pray for us.

Martin Jones, Chair of Governors

Good Luck

Good luck and goodbye to Miss Williamson, who is re-locating and will be leaving us on Friday 12 February. Miss Williamson has worked at the school for 17 years and will have enhanced the lives of many children and families over the years. Thankyou for her lengthy service to the school and its community.

Miss Marston

Teams Support

We have members of staff available every day who are here to help and support pupils with problems using teams or general IT support. If you are having problems accessing your lessons, sound issues, need to reset your password or having issues with your device then contact Team Controllers directly by emailing:

TeamsControllers@sjw.bham.sch.uk

In your email you need to put the following information;

First name: Surname: Form: Contact phone number: What is the issue you are having?

Parents can contact school via 0121 554 1825

If you require IT Support and or need stationery you can do this by emailing TeamsControllers@sjw.bham.sch.uk



• Do you need:

- Sim Card for Internet data?

- Router to help getting onto the Internet?
- BT Wifi password to improve connectivity?

If Yes, we might be able to help.

For more information ring the school on 0121 554 1825 and ask to speak to your child's Head of Year.

All devices available on a first come first serve basis

Saint John Wall Catholic School hill Road, Handsworth, Birmingham, B21 8HH Tel: 0121 554 1825

Remote Learning Heroes



Express Yourself Competition for Children's Mental Health Week

Due to the overwhelming number of entries, the winners will be announced after half term to give Titan Network enough time to look at all submissions.

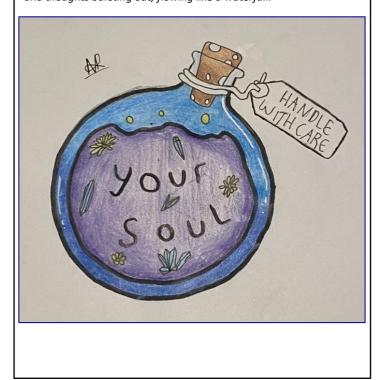
Last week Years 7 & 8 took part in Arts Weeks as part of our Titan School Network. All pupils had the opportunity to create something that allowed them to express themselves and could choose from:

- Artwork
- Photography
- Poetry
- Short Story
- Play
- Song lyrics
- Design for a product
- Menu for your own restaurant

Pupils were asked to consider how they see the world and what their hopes and dreams are. Many pupils chose to create something that relates to their hobbies and time with their families and loved ones. The following pages reflect the talents of our pupils, some of whom would not consider themselves to be 'arty', but have worked really hard and are very proud of what they have produced.

Mrs Breslin

"I expressed myself through drawing and colouring these 2 artworks. The first one, the one with the soul in the bottle, represents how delicate your soul is, it also represents how important your soul is because there is a label on the bottle that says, 'handle with care.' The skull represents how easily you can be broken. Your attention is drawn to the skull, and you barely notice the fact its broken and all these mushrooms are flowing out. I used the mushrooms as emotions and as thoughts. So, when you think about it, this isn't a skull with a bunch of mushrooms coming out of it, it's bottled-up emotions and worries and thoughts bursting out, flowing like a waterfall."



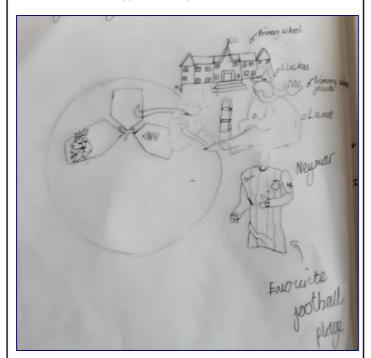


By Aisha Rana - Year 7



By Elisa Breton Johnson- Year 7

"This drawing expresses me because I love, playing football. Also, I added my primary school and best primary school friends because I miss them. Their names are Luckas and Lamek. After school we used to go to football club together. We all supported different team.s I supported Barcelona, Luckas supported the Red Devils (Manchester United) and Lamek supported Liverpool."



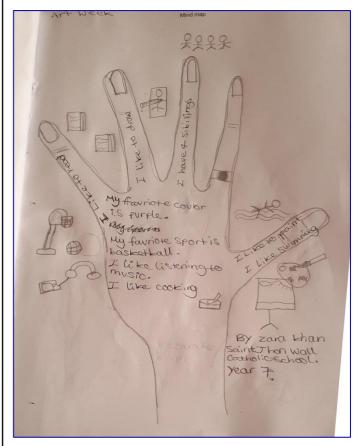
By David Ejiofor - Year 7

"This picture expresses me as a black girl the racism in this world everyday, I ask myself can we or can I do something about it to support other people."





By Jakub Letowski - Year 7



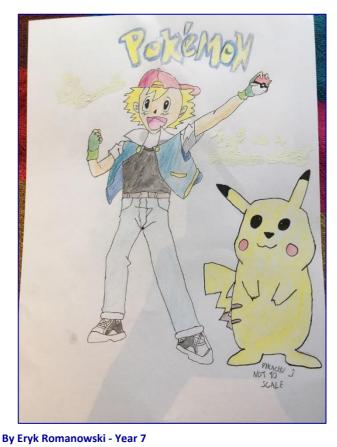
By Zara Khan - Year 7





By Alicja Gomes - Year 7

"I have drawn myself as a Pokémon trainer. I really like Pokémon and it cheers me up when I watch it or play with the cards."



"At first I was just checking out what I could do with my camera because I don't use it much. After some messing around I discovered filters, there were so many but only one of them interested me the most, it was the 'negative' filter then I decided to take some photos but none of them looks as good as I wanted them to look. In the afternoon I went back to my bedroom and I looked outside my window, then I took a photo of it and I loved it that is why I chose this photo to draw."

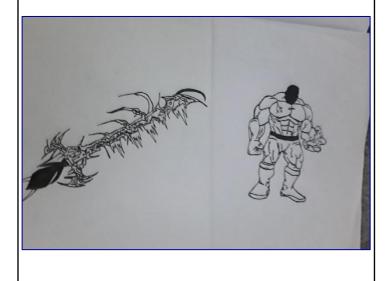


By Yoosuf Bouterse - Year 7

"I chose to make a song because I love my music and it calms me down if I'm angry or not in a good mood. With my music I can dance and not care about what is around me. So, I dance in my living room.!"

By Hannah Nyika - Year 7

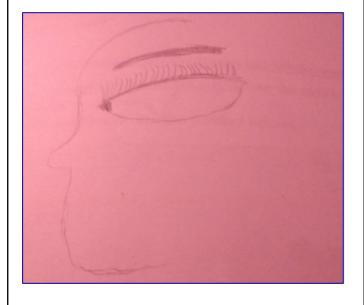
"I made yos because it was hard work and it has a nice backstory to it a very special person helped me with this but I can't see them much it's my memory of them."



"This picture is taken of my dog and I did half vibrant and the other black and white because before my dog came into life I did not like photography, but after he was the reason I got into photography. He has made a difference in my life and made it vibrant, just like the coloured photo to symbolise this. My dog made me express myself."



By Sophia Baloghova - Year 8



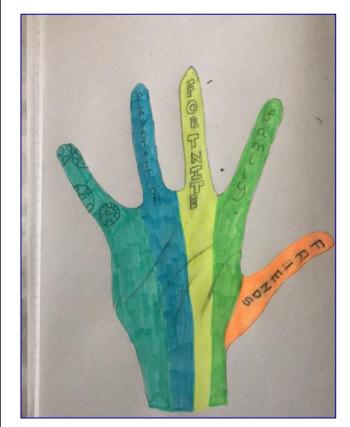
By Fatou Ndow - Year 8

"I made it a photograph/drawing. (The photograph is mine.) I like it as it is."



By Kleopatra Cieslak - Year 8

"This expresses all the good things in my life."



By Yanis Miguel Nchang - Year 8

"Aman has been very creative and made an arcade stick himself, which works! There is an outer and inside picture of it."

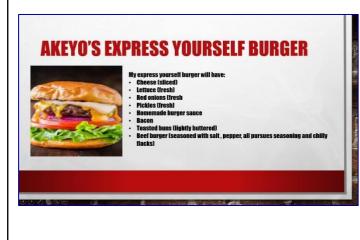


By Aman Luggah - Year 8

My writing shows how I love spending time with family.

"I woke up on a chilly Sunday morning in December. As I looked out the window, I saw a thick, shimmery, white layer of snow. It was Christmas day! I ran downstairs to be greeted by my family and loads of presents. I wished my family a Merry Christmas and opened all my presents (along with my siblings). We got some toys and sweets which made us joyful. Once we had some breakfast (which was delicious), we got into our three layer thick snow gear and barged through the door. We pounced into the soft velvety snow and tried to walk through it. Me and my siblings made snowmen, snow angels, had a snowball fight and went sledding. It was getting dark, so we went back inside our house and had some refreshing hot chocolate while we waited for the rest of our family to arrive for our scrumptious Christmas dinner. Just as we helped our parents set the table, our relatives arrived. *Everyone caught up with each other as we devoured our food. After* hours of bonding time with my cousins, they sadly left. But, to compensate for this, my parents agreed to let us watch a Christmas movie. We watched a great movie about Santa and his elf's, but it finished as quickly as it started. Time had passed so quickly and before I knew it, I was in bed thinking about how fun and eventful my day had been. Christmas wouldn't be the same without my family. "

By Hannah Khan - Year 8



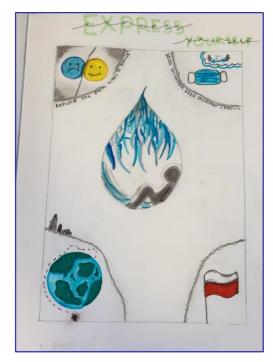


By Akeyo Cunningham - Year 8

Ti-Andre's Dazzling delights!

DESERTS: **Chocolate Truffles** Doughnut DRINKS: **Pumpkin pie Iced Coffee Apple pie** Fanta **Ice cream Milk Shakes Smoothies Main Dishes:** tea Fried chicken and wa **Baby back ribs Cheese Burger** Pizza (any choice)

By Ti Andre Wade - Year 8



By Paulina Michalowska- Year 8

"This butterfly as you can see it's different from others I'm different and I like butterfly's because they're all different just like me and even though I'm different I'm still myself."



By Alex Doveleag - Year 8

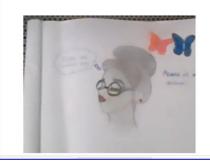
MY SELF ...

This drawing that I have done express me, this girl named Sasha really love to eat [as me] and she is brave and have courage doing things at the same time shes kind and have a great smile and I love her character :).



By Sakshi Mahey - Year 8

Ameira Peart Express yourself SJW Ameira Peart Year 8 Saint John Wall Catholic school This drawing expressed me by showing off my skills and showing what I love to do the most when I'm bored and letting my talent



By Ameira Peart - Year 8

"I need to express myself through colour."



By Hawa Jammigeh Tunkara - Year 8

"This has helped me express myself by drawing. The 3 reactions of me are just an extra touch and the flowers around the border show that I'm kind and peaceful. The pencil at the top shows my love for drawing. The bubbles show how calm I am and also that I'm bubbly. The broken mug shows how clumsy I am and the 'lazy' shows how tired I can be. The coffee mug with me inside shows how much I love coffee and the 3 kids at the bottom shows diversity and how I love everyone."



By Zaida Khanon - Year 8

"This poem was inspired by an anime/manga I read before I really enjoyed it."

I woke this morning with a spade in my heart. Watching people lying dying in the streets.

Roads blue and lights electric yellow at the KFC. Burgers everywhere straws on the floor.

My mother looking in the mirror saw nothing inside but fear. Taking people in the overcrowded graveyard. Far away a bunch of sirens yelling to the deep air. A man stabbed in the back litter covering the path.

Bullets flying around me unknowing where they ricochet. The walls of crumbling houses made of blood red stone.

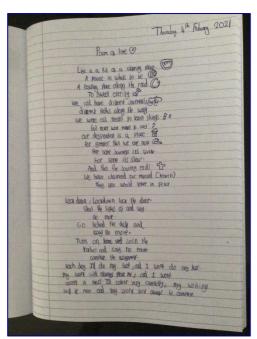
Beetles crawling on ceilings crocodiles swimming in gutters. I wonder why the burglars don't respond to my questions.

Tired and gruesome faces and I don't know why Empty eyes and pockets with no money to spend.

Surprised I am still alive surprised I'm kissing you. And everywhere the mud speaking of this crazy world.

By Allyn Utomwen- Year 8

Poem of Life



By Kameron Chem - Year 8

Invention: Mechanical Operating Buddy and Assistant

"I had this idea because there are people around the world who can't take care of themselves in lock down, so I want to help them."



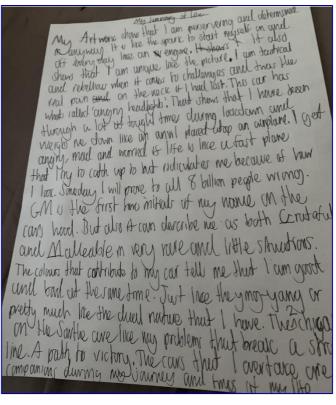
By Fabrice King - Year 8

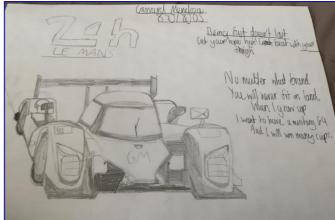
No one's out.



By Tayjuan Seivwright - Year 8

"I got the proportions right and that car is my spark to living a life to potential."

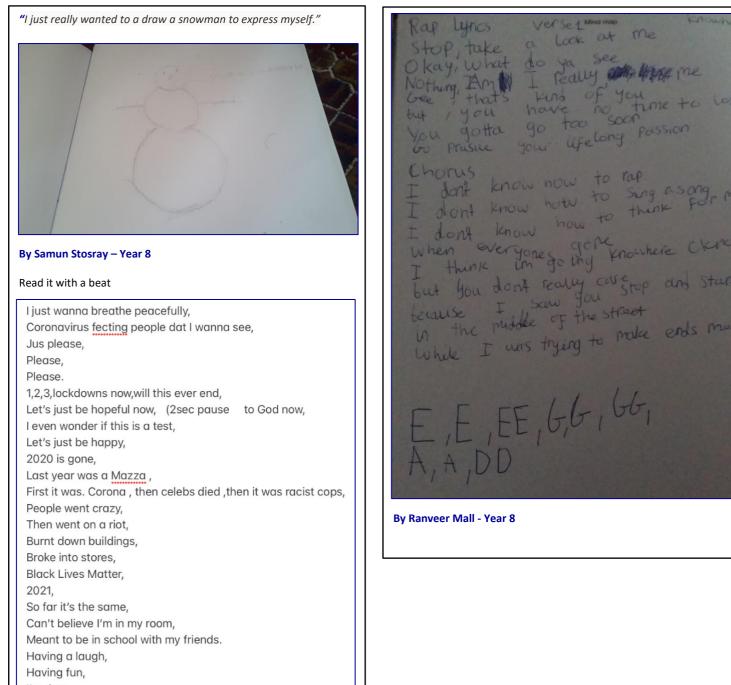




By Gerrard Mendoza - Year 8



By Mohammed Musa - Year 8



I'm done.

By Henry Huynh Nguyen - Year 8

English – Pupil Work



Ingredients you need to include this week:

Sensory descriptiontaste, touch, sight, smell, sound An exclamatory sentence Repetition

Write a description as suggested by this image.

Vocabulary Challenge You need to use the following words: <u>Enthral</u>: to captivate the attention of (fascinate)

Inconceivable: unbelievable/ hard to imagine

TYPE YOUR DESCRIPTION BELOW:

3rd of February 2021,

It was only last night when I discovered a wonderful, magnificent garden. I'd never seen anything like it I was astonished, but the only problem was it seemed dead. There were terrible trees but the one thing that stood out to me, that probably would stand out anyone, was the gate. It looked like it's been opened slightly but what was beyond it was far more inconceivable. It looked so majestic, the wonderful sunshine, the wonderful greens I just couldn't believe my eyes I didn't think there was such a beautiful thing to ever exist. Now my only regret is I never went inside it. I just saw it, I lived it but for a split second. I wonder who's opened it, there is the possibility that it is my uncle but I'm not too sure. If I find anymore discoveries on my next journey there, I will be sure to let you know I hope it's something good, because I really like this place but it's just a bit boring it's just school, tapestry, paintings, everything about the garden was enthral, even to me! Then anything would've been because I'd been so bored, but I really thought that this is something just didn't know what. The smell was quite exotic, but the sound was non-existent. There nothing there it was dead purely and simply dead. Wow! I still can't believe that I found it in the most boring of places as well. I didn't touch anything because I was still shocked. The taste as well, I could just taste some fruits and the view, the view was magnificent.

By Rayyaan Afzal Year 8

Spring House Competition

By Mr Owen

This term's competition is based on Photography.

Using the themes set for your year, take a photograph using your mobile phone and send to your form tutor. Best photos from each form will then be sent to myself to award points for the best captured photo in each year. Feel free to use a filter/edit but ensure it still looks realistic!

Year 10 = Food – a chance to celebrate and show off food in your culture.

Year 9 = Animals – could be a natural shot of your pet, dress up your pet or of animals around the area.

- Year 8 = Nature getting up early to catch a good picture of a sunrise, the sun setting or could be of a storm.
- Year 7 = Lockdown life show off new hobbies/activities you have taken part in during this time.

Staff can also get involved for extra house points – MUST be linked to their theme.

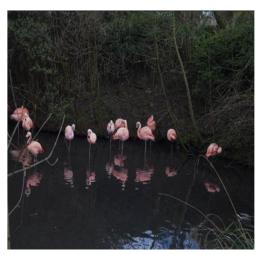
Deadline for photos is Friday 19 March.





Krystian Mendrykiewicz Year 8





Brajesh Lal Year 9

Luther King



Baljinder Ram Rani Year 10



Mrs Johnson (Year 8 form tutor)

Mandela



Mr Rathbone (Year 8 form tutor)



Rahma Samia Miah Year 8



Kleopatra Cieslak Year 8



Hannah Khan Year 8



Shera Khinda Year 8

Pankhurst

Head of Year

Head of Year 10 Message

Hello Year 10, what a half term it has been! You have displayed such resilience as you have adapted to new working conditions and the changes that have affected us all.

Well done to our Remote Learning Heroes this week. Your continual hard work and positive contributions in lessons set an example for us all:

Tomasz	Czech	10FOR
Kevin	Seidi	10FOD
Aleksy	Chmura	10LAL
Jemima	Malundama	10FOR
Aryan	Mann	10LAL
Shiv	Patel	10LAL
Salem	Ghebrezghi	10WOO
Rajdeep	Singh	10BRO
Szymon	Skrobisz	10FOD
Shantae	Campbell	10FOR
Jemima	Malundama	10FOR
Geremie	Ntelo	10FOD
Kai	Chand	10FOR
Brajan	Kozakiewicz	10FOR
Michal	Zajac	10WOO
Regina	Mukuangu	10BRO
Kosi	Nwananochi	10LAL
Alexandra	Tatomir	10LAL
Joel	Wren	10FOR
Szymon	Wrukowski	10BRO
Bless Takoh	Ashu	10FOD
Shantae	Campbell	10FOR
Eisa	Hasnain	10WOO
Kosi	Nwananochi	10LAL
Sophie	Khan	10BRO
David	Kurek	10FOR
Bless Takoh	Ashu	10FOD
Sarah	Ishma	10WOO
Tomasz	Czech	10FOR
Randul Anton	Fernando	10FOD
Ricky	Sangar	10LAL
Franklin	Medukam	10FOD
Safiya	Muhumed	10FOD
Ricky	Sangar	10LAL
Randul Anton	Fernando	10FOD
Aleksy	Chmura	10LAL
Sarah	Ishma	10WOC
Joshua	Fadola	10LAL
Mahfuzur	Rahman	10FOD
Reakwon	Maguta	10WOO

After half term, please ensure you are all attending ALL lessons including form time and masterclasses - and be prompt. Registers and attendance are being logged for every lesson. Remember to notify school if you are not going to be able to make your lessons. This is so we can note down and inform teachers. If you arrive late to a lesson, let your teacher know that you have arrived late so they can mark you in on the register.

House Competition

This week we start the house competition of Photography. Our year group theme is food. Remember to take a photo of a meal or yourself cooking. Send these to your form tutors who will send them to Mr Owen, who will decide the winners. Deadline for entries will be Friday 19 March.

A scripture for reflection as we head into the half term holiday:

Psalm 9:1

I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds.

Have a wonderful half term break, stay safe, and please bear in mind the messages you've received this week about staying safe online as they are more important now than ever, Best wishes,

By Miss Moyo

Head of Year 8 Message

As we reach the end of this half term, I feel now is the right time to reflect and congratulate each other on our achievements, but also create action points for next half term.

We started our 2021 school term learning online every school day and this has included form time, lessons, Collective Worship, and masterclasses. You have shown resilience in your quest to be active and faith filled and I hope for after half term, our momentum will continue towards achieving our academic and personal targets.

Congratulations and well done to our 100% attendance pupils - you have been amazing.

Year 8 take this opportunity to thank all the hard-working members of staff at our school. You have given us your commitment and dedication and we are grateful for your efforts.

"Thank you to all teachers who have tried to help us during lockdown" - Rayaan Afzal

"Thank you to all the members of staff for making this online learning experience wonderful" - Jakub Borawski

"Microsoft Teams is difficult to use, and I really respect the time and effort put in by staff in teaching and supporting on Teams. So, from me, I am saying thank you to every member of staff at Saint John Wall" - Akeyo Cunningham

"All the staff at school take care of you and help you when you feel low or sad, and give you hope when you feel hopeless, and the school will comfort you" - Emmanuel Ifeosame

"Thank you for teaching me to help me get a better future, even when it's complicated and in a global pandemic!" - Zaida Khanom

"To all the lovely teachers at this hard-working school - thank you for providing us with an excellent and insightful education. Thank you to all the cleaners, who have kept the school sanitised in these unpredictable and dangerous times. Thank you for being here for us when we needed help the most, and each teacher is unbelievably caring, diligent, generous, and the BEST! God bless you, we all appreciate your hard work, and you are the powerhouses of Saint John Wall Catholic School" – Pavan Kumar

"To the whole St John Wall staff - thank you for helping us during these rough times, and times have been tough, but you have been here for us all. I appreciate it a lot and thank you!!!" - Jessica Martin

"Thank you all for helping us! It has been a very difficult time, but all the staff members have been working very hard. We all appreciate everything and thank you!" - Paulina Michalowska

"The staff at SJW have been very helpful and kind during my online remote learning and I like to thank all the staff and my teachers for caring about my learning during these difficult times" - Sebastian Paul

Head of Year

"I would like to personally thank you for going out of your way and helping us with our learning. As COVID-19 has prohibited us from learning face to face, times have been hard but luckily, we have you. Thank you to all teachers and staff for helping us succeed" -Tiffany Ung

"Thank you for all the hard work you do to teach us" - Amelia Wrukowska

It is vital when we return after half term, you attend every lesson and every school today. You must be fully engaged and creating meaningful dialogue in your lessons and our target is to achieve 100% attendance for everyone. My message is simple - yes, we can!

Please use your half term wisely and enjoy your time with your family and loved ones. We must not forget about the current pandemic and the sacrifices we are making and hopefully soon, when we reach the finish line - we come out as better people. As COVID-19 vaccines are currently available for certain groups of people and will be available for more people in the future; we must encourage everyone to take this safe vaccine and avoid the fake news.

As you go through your journey you may have challenges and hardships, but on the other end are the fruits of your labour. On this note, I will leave you with an inspirational quote "if you want the rainbow, you've got to put up with the rain".

Please stay home and stay safe.

By Mr Hussain

Head of Year 9 Message

Well done on such a wonderful half term, you have shown real resilience in your online learning and I would like to say thank you to most of you for your attendance, work ethic and behaviour at this time.

Attendance

We as a year group are on 75% attendance to our online learning. Attendance to all lessons is logged and unfortunately, we are the lowest in the school. We have 22 pupils who have 100% to all online lessons, well done to those pupils who have! I would like us to have at least 40 by the end of next week. Then we can increase this more each time.



Big well done to those who received the remote learning heroes awards

Abid Ali	Connie Grant	Iasidara Jalo		
Maria Gonzalez	Shea Fleming	Alisha Shafiq		
Crystabel Owuse	Mohit Badhan	Ivie Imadonmwinyi		
Simran Tiwana	Amelia Baldyga	Daniel Wojciuk		
Jannatpreet Singh	Ruth Nkiambi	Subhan Ali		
Andrea Zajacova	Jaspreet Kaur	Deborah Gebrekiristos		
Natalia Moszczynska Te-Airey-Zidane Stennett				
Andrei-Petru Dahorea Dominik Ostrowksi				
Julia Moszczynska	Rain Love	Upen Rohilla		
Asher Rogers	Gerrard Kelly	Julia Zyla		
Sadiq Miah	Varlin Kaur	Brajesh Lal		
Himna Mustafa	Kymani Harvey	Samuel Wren		

Hope you stay safe over the half term. Give yourself some time away from your screens and time for some wellbeing activities. Do something that you enjoy and spend quality time together with those in your home. Follow the government guidance and keep you family and friends safe.

By Miss Reynolds

Head of Year

Head of Year 11 Message

A great, big well done to all Year 11 pupils for the continued dedication to their remote learning from home.

I would first like to say - fantastic achievement from the following pupils who have maintained 100% in all lessons, couldn't be prouder. I Would like to see more names added to this after the half term:

	** ~~~		
	* *		
-Sola			*57
550	Sandor Balogh	Jacob Brown	
	Lewis Collett	Lovejit Dhanda	**
*	Stephan Ifulu	Samah Khan	*
	Simran Khinda	Mishae IMadubuko	*
2	Nevar Mahmood	Jacob Milligan	X
(Sec	Salaar Muhamma	•	
	Larry Quansah	Balraj Singh	
*	Ravneet Singh	Vidhu Singh	
*	Ryszard Stach	Talullah Wagenfuhrer	
	Kemystery Wright	•	
	Navien Kaur Khan		
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Please join me in congratulating them for the fantastic enthusiasm to their learning.

Reminder: if you haven't completed your yearbook comments, check your emails from Mr Mull and complete these asap, the link was sent to you all in November. We will be taking orders soon and would like you all to contribute as this will be a reminder of your years spent at Saint John Wall Catholic School.

We will break up for half term on the 12th February and will return to school on the 22nd February. Please make sure you look after yourselves during this time at home.

Please remember that we will be having Mass at St Chad's Cathedral on Monday 15 February for Keon Lincoln who was a former pupil who passed away last month. We would love to see as many of our community come together online to remember him and keep his family in our thoughts and prayers. Please see message from Mrs Ellis for links to watch.

Year 11 will be having a Masterclass on Friday 26 February at 5pm with Mrs Chand and Sandwell College, attendance for this is compulsory and we will be sending invites for you to attend.

As always stay safe and look after each other.

By Mrs Chand

Head of Year 7 Message

Well done for all your hard work this half term, please keep this up! I am so proud of each one of you for your outstanding efforts. I'd like to congratulate the following pupils for their fabulous attendance last week!



Take time this next week to evaluate how you are feeling. Take some time away from your screens and enjoy a socially distanced walk with your household. Please stay inside unless exercising, there is no need for you to leave your home while we are still in this lockdown. Keep yourselves, your families, and your community safe. Keep washing your hands, using a face mask should you need to go outside and most of all, DO NOT meet up with anyone from another household unless they are part of your bubble.

Stay safe, God bless,

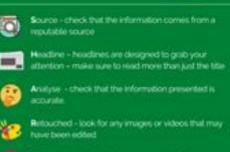
By Mrs Ellis

Safer Internet Day

By Mrs Crooks

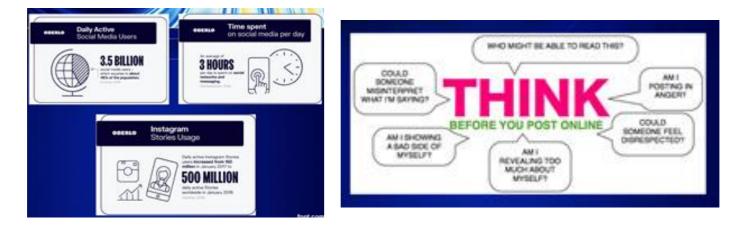


S.H.A.R.E CHECKLIST



ever - look out for bad grammar and spelling









An internet we trust Exploring reliability in the online world



Ages 11-14





Childnet Secondary Hub

Explore the Secondary Advice Hub with your child, showing them the advice and information about different online safety topics. Use this as a conversation starter to ask them about their online life and let them know they can also come to you with any questions: childnet.com/young-people/secondary.

Ages 14-18

Screenshot It

Ask your teen to screenshot three things that they have seen online that were suspicious or unreliable. This could be done over a week or just a day. You could do the same and compare with your child later.



Together, review the three examples you both find.

Discuss where, when, and how you came across your examples. How does your child feel about seeing this content online? Do they ever do anything about it and how does it make them feel? Find out how to report different types of unreliable or inappropriate content or contact here: childnet.com/resources/how-to-make-a-report.



Be a role model

Why not ask your teen to help you, or their younger siblings, to spot the signs of unreliable information online? They no doubt have some online wisdom to share. Ask them where they go for reliable information, and if there are different things that should be checked on different platforms. For example, does untrustworthy information look the same on Twitter versus TikTok?

Lifestyle Remote Learning Mental Health and Wellbeing

Mental Health outdoors

Go for a socially distanced walk in your area: Handsworth Park | Birmingham City Council

Attempt the Couch to 5K Challenge: Couch to 5K: week by week - NHS (www.nhs.uk) Give yourself a challenge and find yourself running 5K in 9 weeks!

Mental Health through media Create a Self Soothe Box

Feeling stressed, tense or anxious? Then a self soothe box could really help you to unwind. Click on the link below to find out how to make your very own. Remember you don't need a box, you could always use a space on a shelf in your room or a drawer.

How to make a self-soothe box (youngminds.org.uk)



<u>Fun wellbeing activites away from your computer screen!</u> Start a Gratitude Journal. Write down three things each day that have made you feel happy.

Mindful Colouring.

Take 10 minutes out of your day to colour in a picture or design. It doesn't have to be fancy, just take your time with it and don't rush.

Express yourself! Find an activity that you enjoy doing and give it a go this week.



Don't forget to log in to <u>www.kooth.com</u> for further support with mental health and wellbeing. This is a FREE and CONFIDENTIAL resource by Birmingham City Council just for you!

Good luck and if you wish to send me any lovely stories or photos we will feature them in the newsletter. <u>lellis@sjw.bham.sch.uk</u>

Birmingham Children's Partnership



From Birmingham with love - winter 2020

We've all been through a tough time with Covid-19 and repeated lockdowns. For many families it can get harder over Winter, which is why we're here to help. Here are some of

our partners' most used services and support, which might make life a little bit easier...

 Online parenting course. We've pre-paid for every parent in Birmingham to access a parenting course. Just enter the access code "COMMUNITY" at the top of the page to claim. There are courses for parents, carers and grandparents of children from bump to 19. Learn about how your child develops and get tips to manage their behaviour.

- 2. Mental health support. In these difficult times we have to look after our mental health. For young people aged 11-25 there are forums, guides and counselling available completely free at <u>Kooth</u>. If your child 0-25 needs support, get in touch with <u>Pause</u> by calling 0207 841 4470 or <u>email</u>. Adults can get support from <u>MIND</u> by calling 0121 262 3555. Or for urgent help call <u>Forward Thinking Birmingham</u> on 0300 300 0099. And remember to stay <u>active</u>.
- 3. Financial help. If you've lost your job or are struggling for food or rent, there are services that can help. Local welfare provision can make a big difference if you are in a crisis and need food, fuel or basic white goods. Discretionary Housing Payments may be able to help with rent. And there are food banks across Birmingham that are here to help.
- 4. Domestic abuse. For women and children affected by domestic abuse please see <u>guidance</u> or confidentially contact <u>Birmingham and Solihull Women's Aid</u>. For Men, please contact <u>Respect</u>. Also <u>Ask for ANI</u> and the <u>Safe Spaces</u> scheme where victims can access help through pharmacies.
- Problems with drugs or alcohol. A new, discrete app called Staying Free is available on Android or Apple. Use the code "birmingham11" for pre-paid access. To speak to someone call <u>Change Grow Live</u>.
- Bereavement support. It's a terrible time to lose a loved one you can get help by calling 0121 687 8010 or from <u>Cruse</u>.
- Early help for families. If anyone in your family needs more help, from public services or community groups, then please contact our <u>voluntary sector local leads</u>. We have ten areas which can connect you to support across the city.

If you are worried about a child, please call Birmingham's Children's Advice and Support Service on 0121 303 1888. In an emergency, including child abuse, contact the Police on 999. You can also <u>chat</u> to the Police.

For any other help, from public services or community groups, then please contact our <u>voluntary sector local team</u>. There are ten area hubs across the city which can connect you to support.

 Birmingham City Council
BIRMINGHAM CHILDREN'S TRUST Birmingham and Solihull Clinical Commissioning Group

> Sandwell and West Birmingham

NHS





west midlands



Birmingham Women's and Children's NHS Foundation Trust

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https://www.apprenticeships.gov.uk/apprentices https://nationalapprenticeshipevents.co.uk/ https://amazingapprenticeships.com/quizzes/ www.apprenticeships.gov.uk

The theme for National Apprenticeship Week 2021 is "Build the Future" as pupils are encouraged to consider how apprenticeships can help individuals to develop the skills and knowledge required for a rewarding career, and employers to build a workforce with future ready skills.

Make UK Virtual Open Day 2021

Good Afternoon

To coincide with National Apprenticeship Week we wanted to share with you our Virtual Open Day Video. We have a panel of Apprentices, Employers and Staff answering questions that were sent in to us.

We normally host a couple of large open days even year, and we know nothing beats coming to see our fantastic facility. But during these challenging times we have had to adapt, so as we can't open the doors to show you our High Tech facilities you can have a virtual visit instead. So here is the link to the Make UK Virtual Open day <u>https://youtu.be/4il4BQ7dUAI</u> it's approximately 30 minutes long.

Our Virtual open day explains our offering, you get a tour, meet some of our apprentices, employers and staff. We are proud of the work we do here at Make UK and wanted to showcase what we do.

I hope you enjoy the virtual open day and if you would like to discuss anything in more detail please do not hesitate to get in touch with us.

We would also appreciate any feedback, we have included our most asked questions but if we are missing something please let us know.

The recruitment team are here to help and support and to ensure applying for an apprenticeship is an easy straightforward process. There is a huge skills gap in Manufacturing and we need to attract more young people to this fantastic sector. There are wonderful opportunities with exciting companies and fantastic career progression.

Our vacancies are updated daily and available at, <u>www.makeuk.org/future-makers/become-an-apprentice</u>, if the young people you are working with want to be updated as suitable vacancies get advertised, get them to complete the September 2021 generic vacancy and we will update them.

We also have the short film we did for last year's National App Week, <u>https://youtu.be/3u1uegeTJyc</u> which is only five minutes long

We look forward to welcoming you back to the centre as soon as we can, but in the meantime please get in touch if we can support you and your learners in anyway.

Kind Regards

Venetia

Venetia Hardiman Recruitment Manager (Apprenticeships) Make UK the manufacturers' organisation Technology Hub Nobel Way Birmingham B6 7EU

Virtual Careers Event for Y11 2021 leavers

Birmingham Careers Service is offering a free virtual careers event for your Y11 2021 leavers and their parents / carers on Wednesday 3rd March 2021. The event will run twice during the day (10 am -12 noon then repeated from 1pm - 3pm). The event workshops will cover the range of post 16 options - including college courses, traineeships and apprenticeships, as well as a session on employability skills. Each event will be followed by an optional market place activity - featuring a number of stalls covering a range of opportunities and support from 12 noon - 1pm and 3 pm- 4pm. For Parents and carers, there will be a webinar session from 5pm - 6pm. Young people attending can enter our free prize draw to win a tablet or Amazon voucher.

For further information - and to book tickets, please visit:

https://www.birminghamcareersservice.co.uk/my-choices-careers-event/

MY CHOICES . CAREERS FOR YOUNG ID

Wednesday 3rd March 2021

1pm - 3pm

Morning Session 10am -12pm

Parents/Carers Session Afternoon Session 5pm -6pm

Left school in 2020 and not sorted?

Leaving school in 2021 and not sure what to do next?

ne 1120,

You're invited to attend our free online careers event for 2020 and 2021 school leavers. Offering you the chance to:

about the options and opportunities available to

Talk 'live' to our Careers

ude videos from

South & City College Birmingham (PM);

Ask Apprenticeships and Barclays Bank

choosing your options and support to make

Enter our prize draw for a chance to win a Tablet or an Amazon e-voucher!!

Parents/Carers you're invited to our online webinar from 5-6pm on 3rd March giving you the chance to find out more about the options and opportunities available for young people at 16+ and an opportunity to put your questions to our qualified Careers Advisers

register now <u>www.birminghamcareersservice.co.uk</u>







BIRMINGHAM CAREERS SERVICE guiding young people

Do you need any support over lockdown?

Food:

Food Parcels collections 5-6pm Daily Midland Langar Seva Society Dale End Bus Stops (Stall) Birmingham City Centre B4 Asian Resource Centre Villa Road 0121 523 0580



Food Bank Centres New Life Weslyn Church Holyhead Road Handsworth Birmingham B21 0RA 0121 507 0734 (Thursdays 1-3pm) Salma Food Bank Unit 8 Ash Court Crystal Drive Smethwick B66 1Q 07767164246 Aspire Housing Rookery Road 308 Rookery Road Handsworth Birmingham B21 9QG 1pm Mon/Wed/Fri

The Soup Kitchen, Street Food Bank every Friday & Saturday 6pm - 7pm infront of Handworth College, Soho Road, Birmingham

<u>Half Term:</u> Keep safe this half term. Make sure you follow the social distancing rules- stay at home as much as you can.

Keep yourself, your friends and your family safe this half term. If you need any support whilst at home, the wellbeing@sjw.bham.sch.uk email address will still be active so do get in touch! <u>Bereavement & Loss:</u> If you or anyone in your family suffers the loss of a family member or friend at this difficult time, there are some websites below that may help & comfort you:

Winston's Wish Website: https://help2makesense.org/ Email: ask@winstonswish.org

Cruse Bereavement Care Website: https://www.hopeagain.org.uk/ Phone: 0808 808 1677



Keeping Safe Online

- 1. <u>Manage your digital footprints</u> and 'THINK before you post.'
- 2. <u>Know where to find help</u>: understand how to report to the website and use blocking and deleting tools.
- 3. <u>Don't give in to pressure</u>: once you've pressed send you can't take it back.
- 4. <u>Respect the law</u>: use reliable services and know how to legally access the music, film and TV you want.
- 5. <u>Check your sources</u>: use trustworthy content and check that the website has good reviews.