



Saint John Wall Catholic School

A Catholic School For All



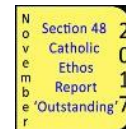
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Friday 20 November 2020



Weekly Information Bulletin



Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'

Prayer

TERMLY THEME: LIGHT

Dear Lord,
Help me today to work positively with everyone around me,
including with those that I find difficult. Give me the strength to
be an instrument of Your peace. Amen.

Important Dates to Note

- **Year 7 and Year 9 Assessment Week**
Monday 23 November 2020 to Friday 27 November 2020
- **School closes for Christmas Holidays to all Pupils**
Wednesday 16 December 2020
- **Year 7, 9 and 10 Remote Parents' Day using Teams**
(Appointments will be allocated to meet with teachers online)
Thursday 17 December 2020 – 8.30am to 4.30pm
- **School Opens to all Pupils**
Wednesday 6 January 2021

Headteacher's Message

A huge thankyou to Mrs Crooks and Mr Price for planning and co-ordinating the school's Cultural Capital Day yesterday. Thankyou also to the visitors who attended from Precious lives, stop and search, WMP police, 2020 Dreams, and to our staff for leading a variety of different sessions focusing on Healthy Body, Healthy Mind and Healthy Relationships. This bulletin contains images and comments from the day which demonstrate it's positive impact on our pupils.

By Miss Marston

Free School Meal Vouchers

Some of you may have heard on the news about the Government providing FSM vouchers for October half term. More information will come out about this next week.

By Mrs Crooks - Assistant Principal (Personal Development, Safety, Behaviour & Attitudes - DSL & SPOC)

Drawing by David Kurek 10FOR for his Art exam



Birmingham School Health Support Service

NHS

Birmingham
Community Healthcare
NHS Foundation Trust

SCHOOL NURSE VIRTUAL DROP-IN CLINIC

Every
Tuesday
from
4:30-5:30pm

Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

Join the link and talk to a School Nurse. We provide a confidential and friendly service.

<https://nhs.uk/BCHC/C-F/Schl-Nurse/Drop-In>



Cultural Capital Day

Year 8 made an excellent contribution towards Cultural Capital Day, and I am pleased to report on the different activities our year group participated in. Our pupils had the opportunity to participate in knife awareness, led by front line emergency services staff all the way to understanding road safety and the real impact this has on people's lives. Here is what some of our pupils had to say about our Cultural Capital Day

"The whole day was very good, in particular the role plays and activities during the different lessons." **By Nathan Jiang 8JAN**

"I really liked the road safety session and understanding about life outside school." **By Hannah Khan 8JON**

"I enjoyed the knife awareness lesson as I learnt new things about the police, including the police uniform, equipment and accessories."
By Kyle Niemiec 8JOS

"The mental health lesson was very good as I learnt that you could share your feelings with others and release your stress."
By Jasmeet Kaur 8RAT

"I learnt how to better care for myself and the different hygiene products available for girls and women." **By Sophia Baloghova 8WIO**

Finally, on behalf of all of Year 8, I would like to thank all our school staff and external visitors for enriching our learning and shining a light of care, hope and generosity.

By Mr Hussain – Head of Year 8

During the Cultural Capital day for Year 10 pupils were able to participate in sessions on Love, Honour, Cherish which is about positive relationships; Loves me loves me not which again highlights the importance of being in a positive relationship and how this impacts our friendship and family environments. Also, a mindfulness session which allowed pupils the opportunity to just hear the sound of their own breathing and centre themselves thinking about their jar being half full not half empty.

2020 dreams who are a company we have had in school before came to speak with year 10 about emotional resilience getting pupils to think about coping and communicating effectively if support was needed.

A fabulous session on healthy breakfast took place too, where pupils were challenged on their sugar intake specifically in foods they may regularly eat such as Doritos, Haribo etc.... and finishing this off with different types of toast and a wide variety of toppings to promote healthy eating in the morning to set them right for the day.

All of the external visitors to the school spoke very highly of their interactions with pupils and were impressed with how they participated in discussions.

"I enjoyed this session because we were able to talk about serious topics and what is acceptable/unacceptable in a relationship. I will remember this for the future." **By Chenai Pryce-Andrade 10FOR**

"It was nice because we were able to discuss different relationships and what is acceptable and what is not." **By Grace Ihaza 10WOO**

"I learnt a lot more about relationships." **By Jimmy Le 10FOR**

"I believe this lesson was very informative and taught us how to notice abuse and gave us good information for later on in life. It taught me to trust and respect my friends and family." **By Aryan Mann 10LAL**

"It was very helpful because it taught me about what you need for healthy relationships." **By Temi Luxmoore-Babalola 10FOR**

"I learnt about calories and how much sugar is in everything."
By Jennifer Adamova 10LAL

By Mrs Crooks

As you can see from the photographs, Year 7 had a really interesting Cultural Capital Day this week. They took part in sessions with 'Precious Lives' where they heard about the effects of knife crime on young people and their families. The Police worked with our Year 7 groups to help them to understand the process of 'Stop and Search' and pupils were able to ask lots of questions about this. Year 7 took part in a session about hygiene and were given lots of helpful advice about how to look after themselves as they go through puberty. Year 7 also learned about Road Safety and the importance of taking their time when crossing the road. Finally, they all took part in a session on First Aid which explored physical and emotional first aid, along with what to do when faced with an asthma or anaphylactic emergency.

The behaviour of Year 7 was brilliant, and they were all smiles as they left at the end of the day.

"I really enjoyed the talk from Precious Lives. I never realised the impact knife crime had on people and their families."

By Aqib Khan 7WAL

"I have learned a lot today and had a really good time." **By Elizabeth Ajayi 7BRK**

"My favourite session was First Aid. I learned how to cope in an emergency and know how to look after someone who is having an allergic reaction or asthma attack." **By Kameron Graham 7FLI**

"I enjoyed the session on stop and search. I didn't realise that the Police do it to look after us and keep us safe." **By Karen Karenga 7FOX**

"I loved meeting the new pupils in my form and joining in on the sessions. I really enjoyed the First Aid session and learned about how it is not just about CPR." **By Hannah Nyika 7BRK**

"I loved the story of Natalie from 'Precious Lives', it was inspiring."
By Grace Irwin 7WAL

"I loved how I felt more independent today and talked about the real things in life." **By Malika Reid 7WAL**

"I really enjoyed the hygiene lesson, we learned how to stay clean."
By Kai Nguyen 7FLI

"I enjoyed the Stop and Search session. It showed me that it is not a scary thing and that the Police protect us." **By Karen Karenga 7FOX**

By Mrs Ellis – Head of Year 7

Cultural Capital Day

Year 9 had a fantastic day doing their five different sessions, healthy body, gang awareness, TenTen-peer pressure, alcohol awareness and online safety. Feedback from those running the sessions spoke very highly of the year group and for that I would like to say well done to everyone for their effort and engagement through the day. I hope that they have taken something positive away from these sessions and will be able to use this in their day-to-day life. From speaking with many of those in the year group throughout the day they particularly liked the Healthy body session where they had to do the amount of exercise it would take to burn off particulate foods (Thank you Mr Creelman)

Comments from pupils:

"I enjoyed all of the activities today. The ones I enjoyed most were the sports and the bullying session because I learnt the most in them." **By Mekiah Nesbeth 9HAB**

"Cultural Capital day was really fun I really enjoyed the Healthy body session, I was able to have fun while working my out and have fun with my friends it's was very energetic!" **By Malika Rahman 9PAR**

"I enjoyed everything because I learnt new things about the real world and I liked learning about real cases (online safety). I learnt that the real world is tricky and full of obstacles and that we can get through it if we try and take in what we learnt today."
By Manjot Kaur 9PAR

"I liked all the lessons especially PE and Gang lessons because the school balanced fun and education equally." **By Brajesh Lal 9HAR**

"My most enjoyable lesson was about drugs and gangs. I enjoyed it because there was a lot of communication involved and we were all able share our opinions." **By Shaweta Banga 9PEJ**

"It was good to talk about topics that might help us in our future life from being teenagers to adults." **By Mohit Badhan 9PEJ**

"We talked about how alcohol is bad for you, it's a waste of time and energy. Also, there is a limit of drinking and if you go over the limit it will damage your body. It won't make you feel any better it will make you feel worse because your problems won't disappear, it's still going to be there. You should talk to someone you trust and it will make you feel better. But if you don't want to tell anyone you could write it down like a diary." **By Deborah Gebrekiristos 9HAR**

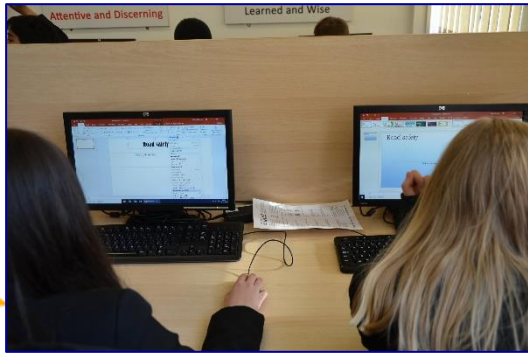
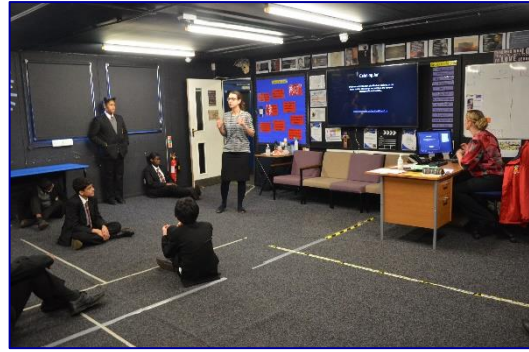
By Miss Reynolds – Head of Year 9



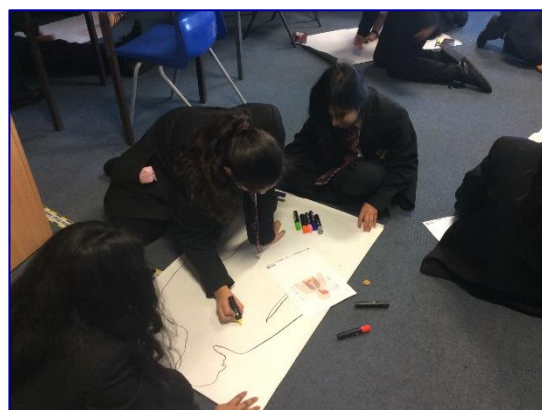
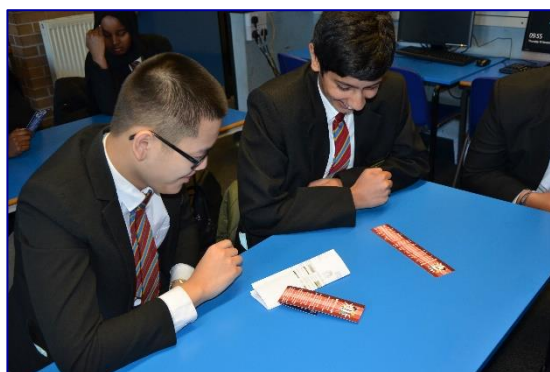
Cultural Capital Day



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Cultural Capital Day



Remote learning Masterclass Timetable

Timings: After school Live Masterclass 3:00pm to 3:40pm

Evening Microsoft Teams Masterclass 5:00pm to 5:40pm

Saturday Masterclass 11:00am to 11:40am

PLEASE NOTE - All masterclasses will be taking place on Microsoft Teams (SPM) until 2nd December 2020

Term 1	W/C	Monday	Tuesday	Wednesday	Thursday	Saturday Assessment Week Master Class Prep.
	16	Year 10 Evening ENGLISH Masterclass Mrs Mann	Year 9 Evening GEOGRAPHY Masterclass Mr Cockburn			
			YEAR 7 Evening SCIENCE Masterclass Mrs Johnson	Year 9 Evening DRAMA Masterclass Mrs Breslin	Year 9 Evening RE Masterclass Miss Hanson	Year 9 Saturday SCIENCE Masterclass Mr Forbes
	23	Year 8 Evening SCIENCE Masterclass Mrs Adams		Year 10 Evening MATHS Masterclass Mrs Gandhi (FOUNDATION) Mr Pajeta(HIGHER)	Year 9 Evening MATHS Masterclass Mr Simmons/ Mrs Forde	
	30		YEAR 7 Evening SCIENCE Masterclass Mr Mahmood	Year 10 Evening Health and Social Care Masterclass Mr Parekh		
December	7	Year 10 After School ART Masterclass Miss Restauri Room 1	Year 9 After School PE-PHYSICAL TRAINING Masterclass Mr James Room 32	Year 10 Evening SCIENCE Masterclass Mrs Habibullah	Year 9 Evening SCIENCE Masterclass Miss Timmins	
	14	Year 10 After School ART Masterclass Miss Restauri Room 1	Year 9 After School ENGLISH Masterclass Mrs Wieremiewicz	Year 10 Evening MATHS Masterclass Miss Allen (HIGHER)		
	21			End of term		

Things you need to know about on-line bullying or abuse

