

# Saint John Wall Catholic School

## A Catholic School For All



### Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'



Issue 28

Weekly Information Bulletin

Date: Friday 14 May 2021

### Catholic Life - Termly theme: Joy of Living

Prayer: Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen

This week, we celebrated the Ascension of Jesus. During form time, we read scripture telling the story of the Ascension. We reflected on how the disciples must have felt when Jesus ascended; lonely and scared. As this week was Mental Health Awareness Week, we also considered how we support each other when we feel this way.



### Headteacher's Message

#### Covid safety measures easing from Monday May 17

I am pleased to let you know that the government's guidance regarding face coverings in schools is changing from Monday May 17. The new guidance is as follows:

##### For Pupils:

From 17 May, face coverings will **no longer** be recommended for pupils in classrooms or communal areas in all schools.

##### For Staff:

Face coverings will also no longer be recommended for staff in classrooms. *Additional adults, please continue to use a face visor if closely supporting pupils.*

##### For Staff and Visitors:

We continue to recommend that face coverings should be worn by staff and visitors in situations outside of classrooms **where social distancing is not possible** (for example, when moving around in corridors and communal areas).

This means that your children will no longer be asked to wear face coverings in any areas of the school. They will still need to wear a face covering to get to school if they use the bus, but will remove it and sanitise their hands on entering the school site.

School is still closed to unannounced visitors. If you have a query please first look at all the information on our school website. Often information is provided in the newsletter, on the calendar, or in the pop up. If you do need to contact school please telephone or email rather than visiting. If a member of staff decides a visit would be helpful, then you will be given a pre-arranged time to visit school and any safety requirements will be explained to you before you visit.

This guidance update is a great announcement to be able to make at the end of mental health awareness week, as we have been very conscious of the impact face masks can have on pupils' mental health, learning and communication at school. It will be nice to see friendly and smiling faces again on Monday.

**By Miss Marston**



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# Eid Mubarak from everyone here at Saint John Wall!

## What is Eid-ul-Fitr?

Eid is the Arabic word for festival. Eid-ul-Fitr is the Muslim festival which celebrates the end of Ramadan. Ramadan is the 9th month of the Islamic calendar and is viewed as the holiest month in Islam, when the Muslim holy book the Quran was revealed to the prophet Muhammad (P.B.U.H).

## How do Muslims celebrate?

Muslims celebrate Eid-ul-Fitr with their friends and families. They start the day off with a congregational Eid prayer at the Mosque, to thank Allah (God) for the past month. They have feasts with lots of food to celebrate the end of a month of fasting, give money and gifts to each other, (including friends and family) and exchange sweets and treats to children. People greet each other with 'Eid Mubarak!', which means happy Eid.

COVID-19 means this Eid will be difficult for many families celebrating, so we remember those who have not been able to see this Eid in our prayer, and pray for strength of those who are celebrating alone.

**By Mr Rahman**

**and**

**Mr Hayaat**



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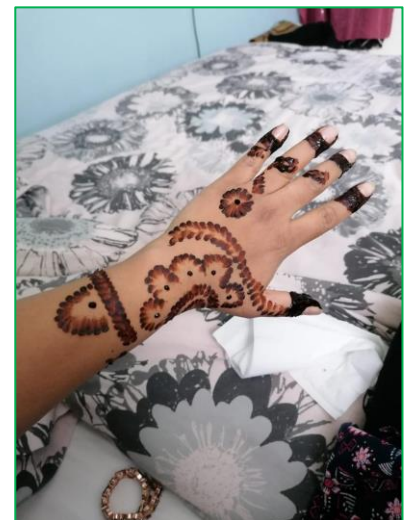
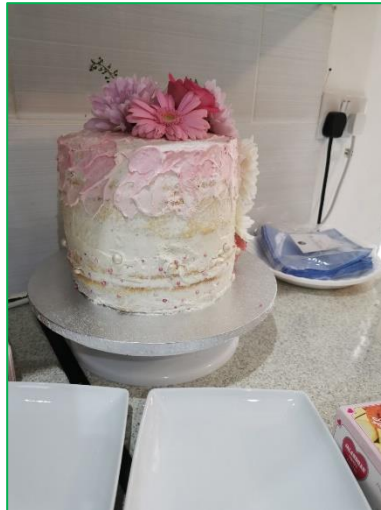
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## EID-ul-Fitr Celebration 2021 - By Mrs Habibullah

This week, the Muslim Community around the world celebrated Eid-ul-Fitr, which marks the end of Ramadan (the month of fasting). It's a Special family time, the day starts with prayers and a big meal is usually the main event, but there's lots of other ways people celebrate too. Here are some snaps captured! Enjoy! EID Mubarak!



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## Eid-ul-Fitr

Eid-ul-Fitr (Arabic: عيد الفطر) also called the "Festival of Breaking the Fast" is a religious festival celebrated by Muslims worldwide that marks the end of the month-long dawn-to-sunset fasting of Ramadan. This religious Eid is the only day in the month of Shawwal during which Muslims are not permitted to fast. Although the date of Eid-ul-Fitr is always the same in the Islamic calendar, the date in the Gregorian calendar falls approximately 11 days earlier each successive year, since the Islamic calendar is lunar, and the Gregorian calendar is solar. Traditionally, Eid-ul-Fitr begins at sunset on the night of the first sighting of the crescent moon.

Eid-ul-Fitr has a particular salat (Islamic prayer) that consists of two rakats (units) generally performed in congregation in open areas like fields, community centres or mosques. The Eid prayer is followed by the sermon and then a supplication asking for Allah's forgiveness, mercy, peace and blessings for all living beings across the world. As an obligatory act of charity, money is paid to the poor and the needy (Zakat-ul-fitr) before performing the Eid prayer. After the prayers, Muslims visit their relatives, friends, neighbours and hold large communal celebrations in homes, community centres, or rented halls.

Although Eid-ul-Fitr is not a recognised public holiday in the United Kingdom, schools, businesses, and organisations allow for at least a day's leave to be taken for religious celebrations.

I would like to share this classic Eid dessert – Sheerkhurma. It is a rich vermicelli pudding made with milk, lots of nuts, dry dates and sugar. Eid festivities are kind of incomplete unless you have Sheerkhurma.

### Ingredients:

- 2 tablespoons ghee, 30 ml
- 10-15 cashews, broken.
- 10-12 almonds, chopped.
- 10-12 pistachios, chopped.
- 10-15 golden raisins
- 6-7 large dry dates chopped or use 10 small dry dates.
- 1 cup broken vermicelli.
- 1 litre milk
- 4 tablespoons sugar, or to taste.
- 1.5 teaspoon rose water.
- 1/2 teaspoon cardamom powder

### Instructions:

1. Heat ghee in a pan on medium heat. Once hot, add the chopped nuts, raisins, and dates to the pan.
2. Cook for 1-2 minutes until the nuts are fragrant and turn golden brown. The raisins will plump up. Remove the nuts from the pan and set them aside.
3. Now to the same pan, add the seviyan (vermicelli) and mix well.
4. Roast the seviyan for around 3 minutes until it starts becoming a light golden brown in colour.
5. Next add the milk to the pan and stir. Increase heat to medium high and let the milk come to a boil. Stir often in between so that vermicelli does not stick to the bottom of the pan.
6. Once the milk comes to a boil, lower the heat to medium and let it boil for around 8 minutes.
7. After 8 minutes, the milk will reduce and thicken slightly, at this point add in the sugar and mix.
8. Transfer back the fried nuts into the pan and mix.
9. Also add the rose water and the cardamom powder and mix.
10. Cook for 2-3 more minutes on medium-low heat and then turn off the heat.
11. Serve Sheerkhurma warm or chilled.

### A few tips:

1. One of the most important things here is to use whole milk. If you use fat-free or 1% milk, the result will not be the same. So, try to use whole milk for this recipe.
2. The pudding really thickens as it cools down, so I suggest adding a little milk before serving. It is a personal choice anyway if you like it thick then just let it be.
3. Be careful on the amount of sugar in this recipe. Dates and raisins also add to the sweetness so start adding 1 tablespoon at a time and then add more as needed.
4. You really need to use lots of nuts and dried fruits in Sheer Khurma but the most important one is dried dates. You cannot miss it!
5. Consistency of Sheerkhurma is a personal preference. I like mine thick. If you prefer a thinner khurma, use only 3/4 cup of vermicelli instead of 1 cup as mentioned in the recipe and use more milk.

**EID MUBARAK EVERYONE**

**By Mrs R Gandhi**



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## Mental Health Awareness Week 2021

**Wear an item of green  
to connect with nature**



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# Year 7 Computing Masterclass

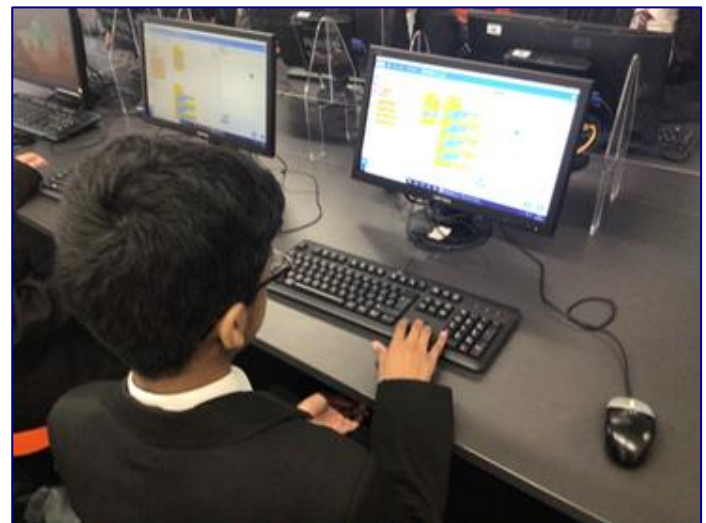
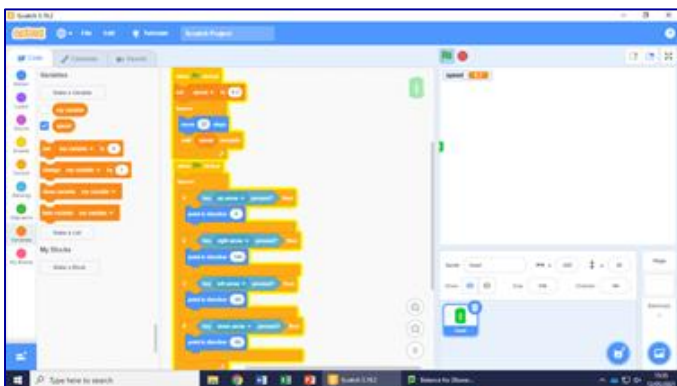
## By Mr Esmaili

On Wednesday 12 May, Year 7 pupils had a Computing Masterclass on learning to code through Scratch which allowed them to make the classic video game 'Snake'. The pupils really enjoyed learning programming concepts and getting exposed to how programs work whilst applying them to a fun mini project.

*"I enjoyed learning how to make a functional game on Scratch and how to use different variables and codes to make my snake character move."* - **Aisha Rana 7FLI**

*"I liked the app scratch and I liked learning how to use codes."* - **Yousma Mustafa 7FOX**

*"What I really liked in this computing masterclass was when we got to control the scratch with the keys and movements. I hope there will be more masterclasses so we could learn more about this and learn more scripts."* - **Nicola Matusik 7WAL**





## Remote Learning Masterclass Timetable (Summer Term 3)

After School Masterclass 3.00 – 3.40pm at school  
Evening Teams Masterclass 5:00 - 5:40pm at home

Term 3	W/C	Monday	Tuesday	Wednesday	Thursday
May	17-May	Year 7 Evening ART Masterclass Mrs Brooks	Year 10 Evening Spanish Masterclass Mr Rosellon		SEND Intervention After School (Mixed year group) Mrs Kaur
	24-May			Year 7 After School Wellbeing & LifeStyle Masterclass Mrs Ellis	
	31-May	Half Term			
June	07-Jun	Year 8 Evening RE Masterclass Mrs Harms		Year 10 Evening RE Masterclass Miss Fox-Roberts	



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# PIPA

An online **P**arenting **I**ntervention to **P**revent  
affective disorders in high-risk **A**dolescents:  
**The PIPA Trial**

## The PIPA Trial

The PIPA trial is exploring the effectiveness of an online resource for parents/carers to help reduce depression and anxiety in young people.

## Who can take part?

With the assistance of schools, we will be recruiting families of young people aged 11-15 from Birmingham, Coventry and surrounding areas.

## What does it involve?

Parents/carers and young people will be asked to fill in some online questionnaires and parents/carers will be invited to work through a series of online modules or factsheets.

## Benefits for families

Improve knowledge of mental health and emotional wellbeing in young people. Pick up some useful tips and strategies to help support young people.

## Get in touch!

Email: [PIPA@warwick.ac.uk](mailto:PIPA@warwick.ac.uk)  
Phone: 02476574316 or 02476575078  
Website: [www.warwick.ac.uk/pipa](http://www.warwick.ac.uk/pipa)





# ARE YOU STRUGGLING TO PAY YOUR WATER CHARGES?

If you are a Severn Trent Water customer and require assistance, apply for help today via:

## THE BIG DIFFERENCE SCHEME

- You could receive up to 90% off the average Severn Trent water bill through the Big Difference Scheme
- Eligibility for the scheme is based on all household income (excluding housing entitlements, Disability Living Allowance, Personal Independence Payments and Attendance Allowance)
- If you are eligible for income based free school meals it's likely that you will qualify for the Big Difference Scheme

### HOW TO APPLY:



APPLY ONLINE AT  
[WWW.BIGDIFF.CO.UK](http://WWW.BIGDIFF.CO.UK)



COMPLETE THE ONLINE  
APPLICATION FORM



SUBMIT YOUR  
APPLICATION

The Big Difference Scheme is funded by Severn Trent Water, which offers significantly reduced water charges to some households on a low income.

Apply now: [www.bigdiff.co.uk](http://www.bigdiff.co.uk)



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