

Saint John Wall Catholic School A Catholic School For All



Issue: 26

Friday 22 May 2020

Oxhill Road, Handsworth, Birmingham B21 8HH • Tel: 0121 554 1825 • www.sjw.bham.sch.uk • enquiry@sjw.bham.sch.uk



Weekly Information Bulletin

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Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'

Prayer

Father, we thank you for all the staff in our school & schools across this country. We thank you for their hard work, commitment, care and love they show to those who they educate. We thank you for the lives they have changed and transformed. On this 'thank a teacher day', bless those members of staff who have contributed to the lives of others, inspiring them to respond to what God calls them to be. Let this day be a day of appreciation, respect and recognition to all our staff, the people who see the best in others and strive to make something beautiful out of it through education and care. Amen.

Thank you!

Wednesday was **National Thank A Teacher Day**. Each of us remembers our teachers. Doubtless some not only had an impact on us whilst at school but also saw their influence stay with us as we made our way through life. Perhaps they were there for us at difficult times or even cheered us up, encouraged us to play a sport or to take part in drama? Each of my three children is a teacher and I know the impact particular teachers had in inspiring them to enter the profession.

Pupils here at Saint John Wall are no different. I'm sure they've shared with you over the years views and opinions of their teachers. In normal times they'd have been able to thank them themselves. As the school is currently closed Miss Marston encouraged our own staff to mark **National Thank A Teacher Day** by thanking a particular colleague, whether it be a teacher or member of the support staff, for a kindness that has helped. Indeed you can read these in this newsletter.

On behalf of the governors I wish to thank each and every one of the staff at Saint John Wall for all their hard work, dedication and compassion. They are a truly exceptional group of people. A star is this year's theme of **National Thank A Teacher Day.** Each member of staff here is a star in my eyes. It makes my blood boil when I hear some politicians and members of the media criticising teachers who are at this time rightly worried for their own welfare, and that of their families, over schools reopening as the lockdown eases.

SJW Values

Eloquent & Truthful

Finally, I wish to thank Miss Marston. The lockdown has presented problems for us all in differing ways especially for those employed in the front-line services. Headteachers have been faced with a very difficult dilemma in having to partially or fully close schools and so aid the reduction in transmission of the virus whilst also supporting children of key workers as well as the most vulnerable of pupils. It is just over a year since Miss Marston was appointed as the Headteacher of Saint John Wall School. Nobody could ever have foreseen the circumstances we currently find ourselves in. Miss Marston has approached each challenge pragmatically weighing up the pros and cons before making her decision and then communicating it clearly to staff, pupils and yourselves. It won't come as a surprise to learn that Miss Marston is already busy planning not just for the new school year beginning in September but also how pupils may be helped in the weeks before then. As always you will be fully informed of these developments as they unfold through our excellent website (www.sjw.bham.sch.uk). Thank you Miss Marston - you are a shining star.

Until the next time please take care. I'll end with this prayer:

Almighty God, may we hold in our hearts all those whose families and friends have died. May you guide and protect our health care workers and inspire those researching new treatments and medicines to help restore the sick to full health. May we who are merely inconvenienced remember those most vulnerable, the anxious and the fearful. May we who have the luxury of working from home remember those who must choose between preserving their safety or earning a living. During this time when we cannot physically wrap our arms around each other let us find ways to be your loving embrace to our neighbour. Amen.

Saint John Wall, pray for us.

Martin Jones, Chair of Governors

Staffing Update

Good luck to Mrs Towie who begins her maternity leave on Monday 1 June. We wish her all the best giving birth during this strange time, and thank her for everything she has done to set up the art and design department so it runs smoothly whilst she is on maternity.

Miss Marston, Headteacher

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#ThankATeacher

#HowWillYouSayThankYou

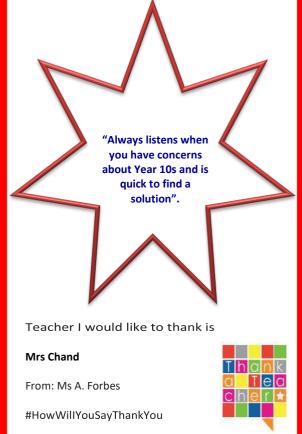
National Mental Health Awareness Week

This weeks National Mental Health Awareness Week is focused completely on KINDNESS. Approximately one in four people in the UK will experience a mental health problem each year. Mental Health Awareness Week aims to get people talking about their mental health and reduce the stigma that can stop people from asking for help. Throughout this week and as we venture further into the year let us take time to show kindness to others. This can be by calling a loved one or friends who is living alone and checking in on them, using kind words when speaking to people or participating in an act of solidarity for those in your family or local community.

I am sure you can see by all the 'Thank you' messages we have received for 'Thank a Teacher Day' that your kindness is already spreading! Well done to everyone who has been involved with our newsletter this week. Let's keep spreading kindness to all.







#ThankATeacher

#HowWillYouSayThankYou



Remember: Stay Alert • Control The Virus • Save Lives

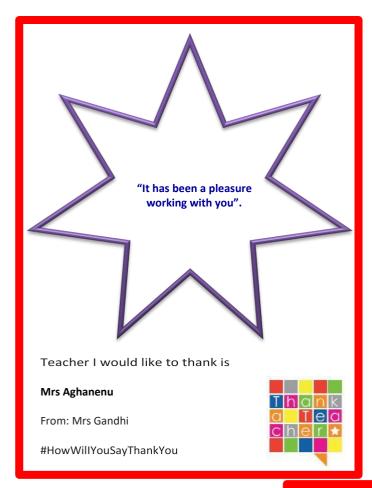
From: Mrs Gandhi

#HowWillYouSayThankYou

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#ThankATeacher

#HowWillYouSayThankYou



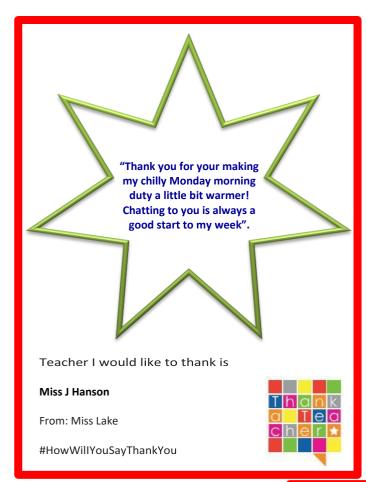






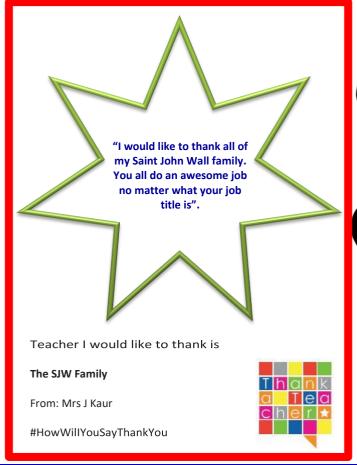
#ThankATeacher

#HowWillYouSayThankYou

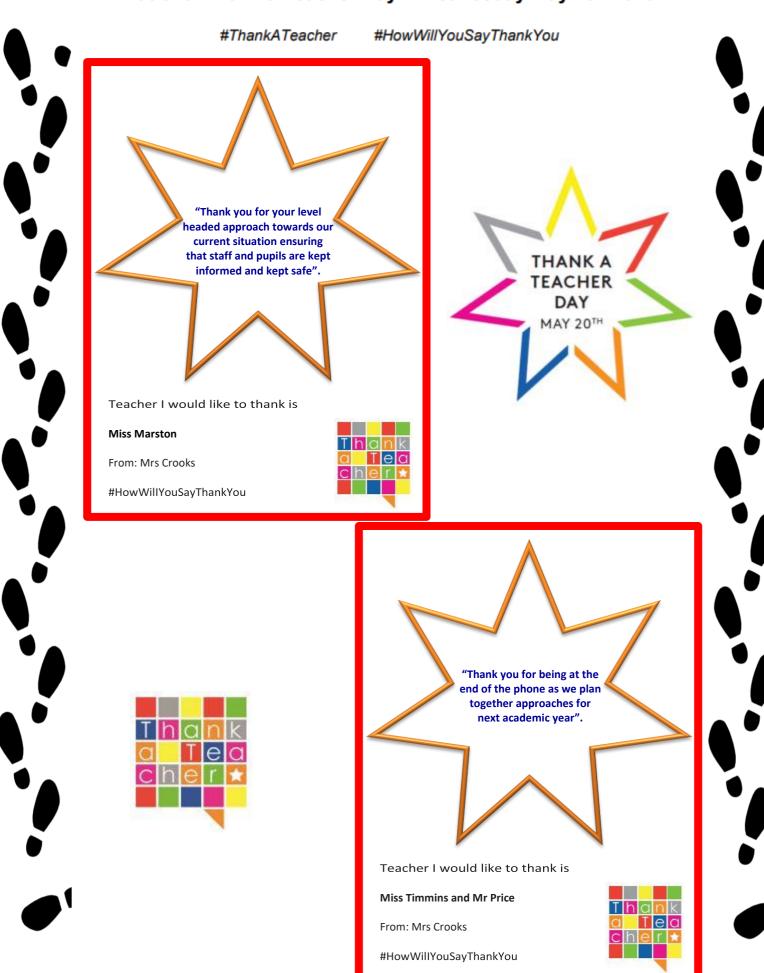














Remember: To stay 2 metres away from other people

#HowWillYouSayThankYou

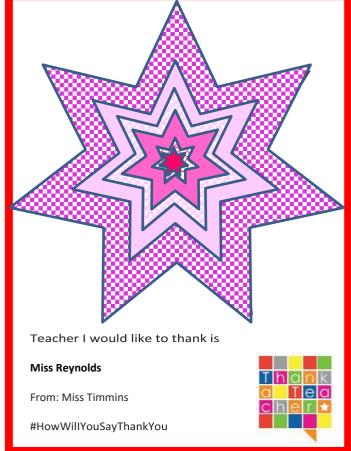
#ThankATeacher

#HowWillYouSayThankYou



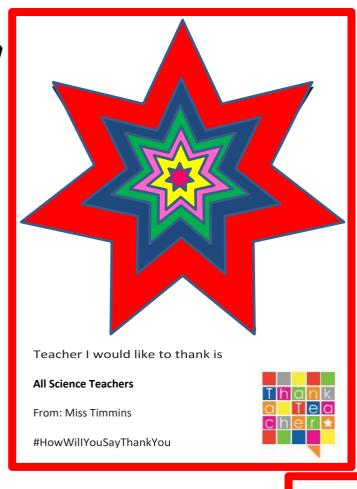






#ThankATeacher

#HowWillYouSayThankYou



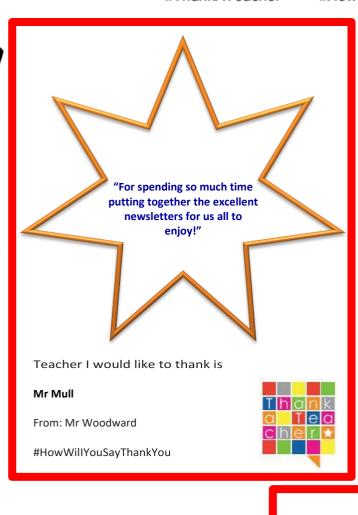






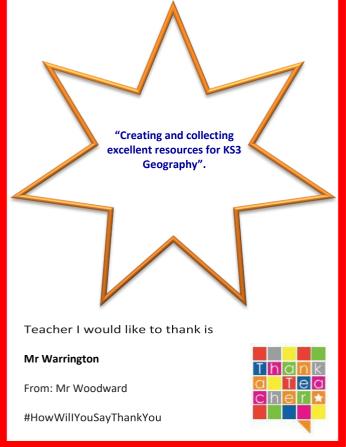
#ThankATeacher

#HowWillYouSayThankYou











#HowWillYouSayThankYou



Remember: Stay Alert • Control The Virus • Save Lives

From: Miss Guest

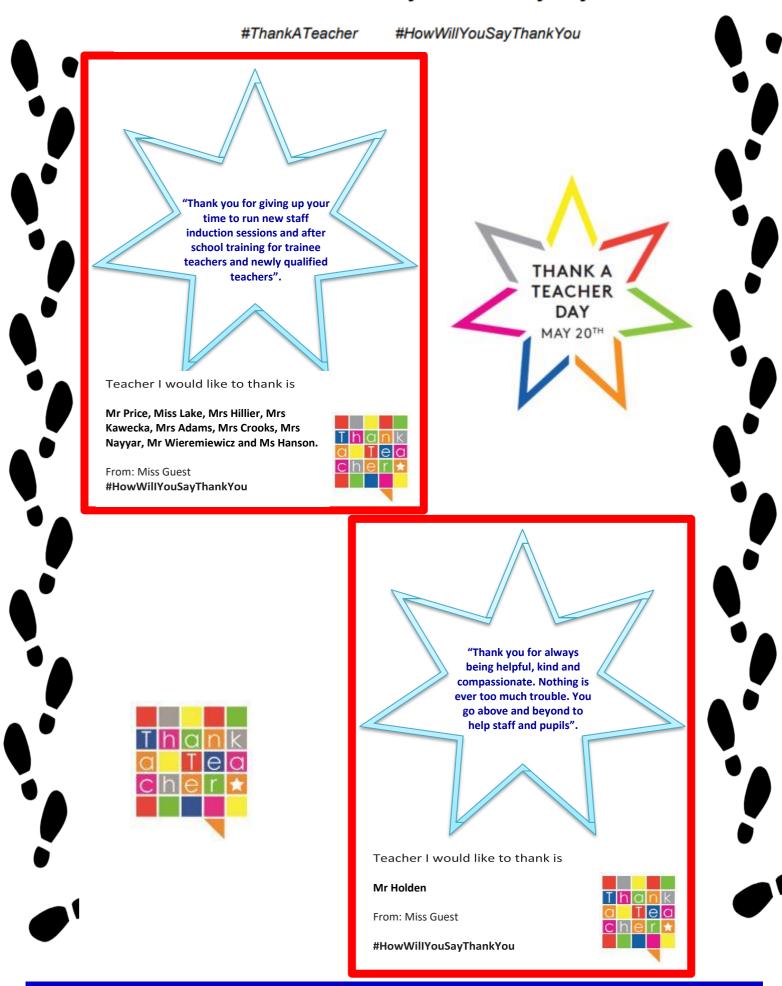
#HowWillYouSayThankYou



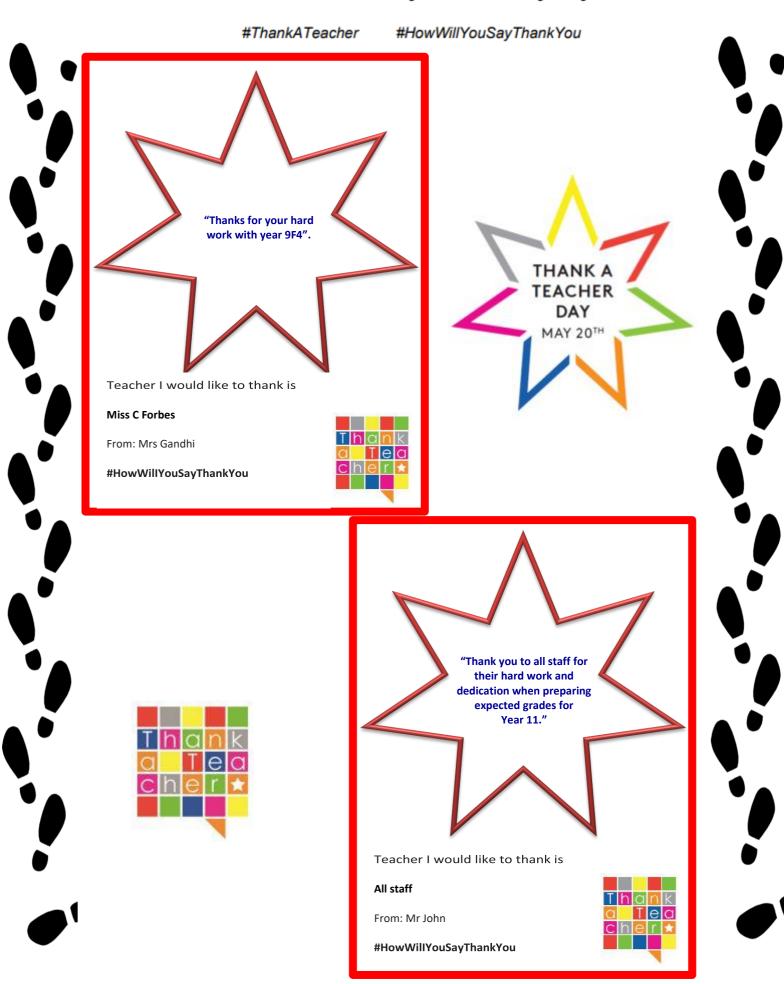
#ThankATeacher

#HowWillYouSayThankYou





Remember: Stay Alert • Control The Virus • Save Lives



#ThankATeacher

#HowWillYouSayThankYou



Remember: To stay 2 metres away from other people

Teacher I would like to thank is

Tea

Maths Department

#HowWillYouSayThankYou

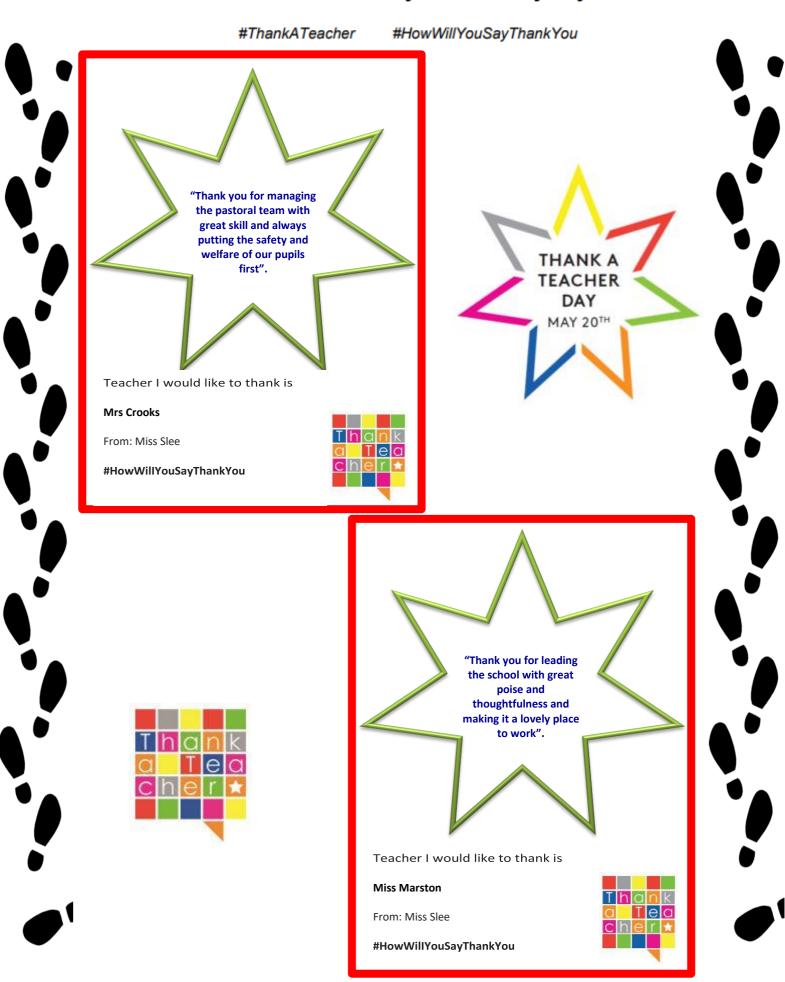
From: Mr John

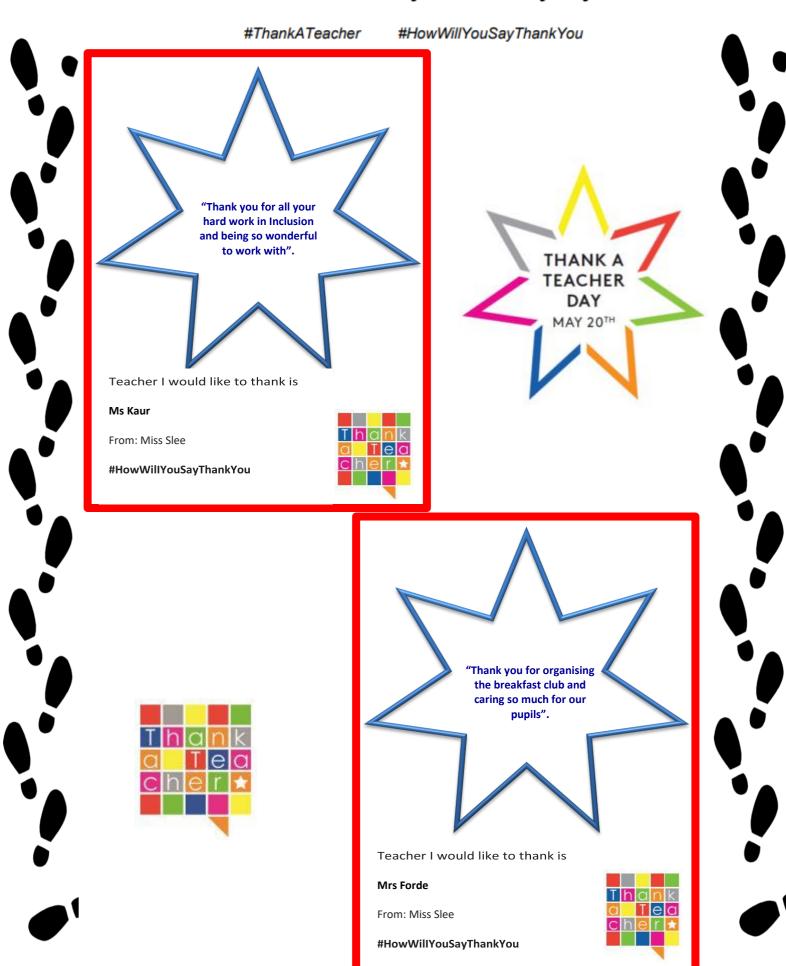
#ThankATeacher

#HowWillYouSayThankYou







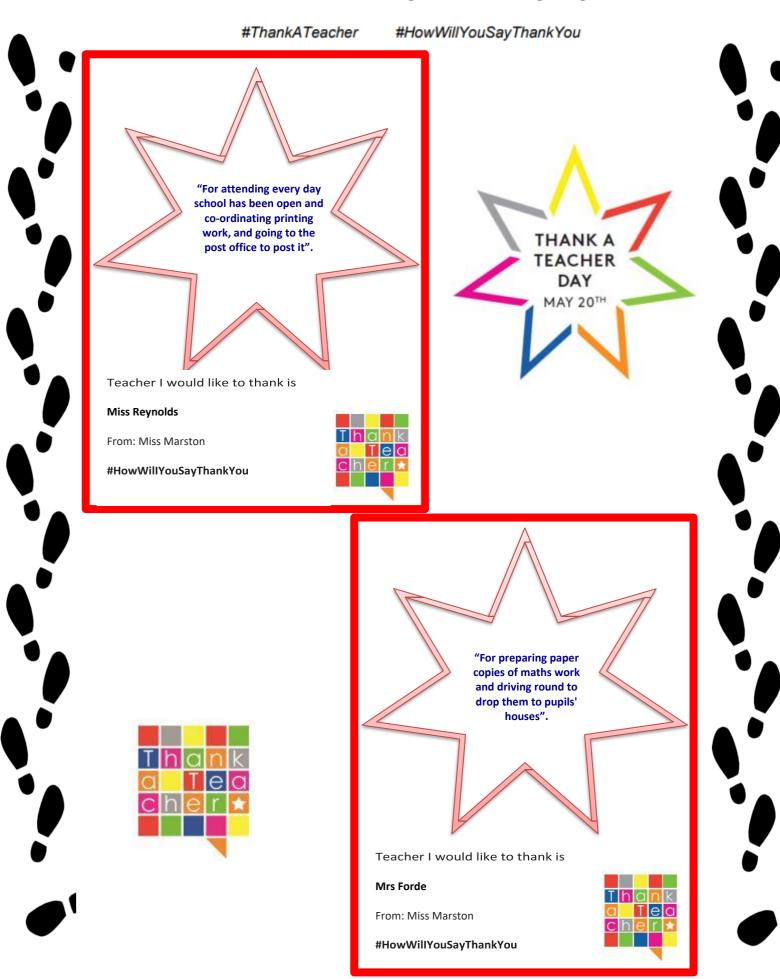


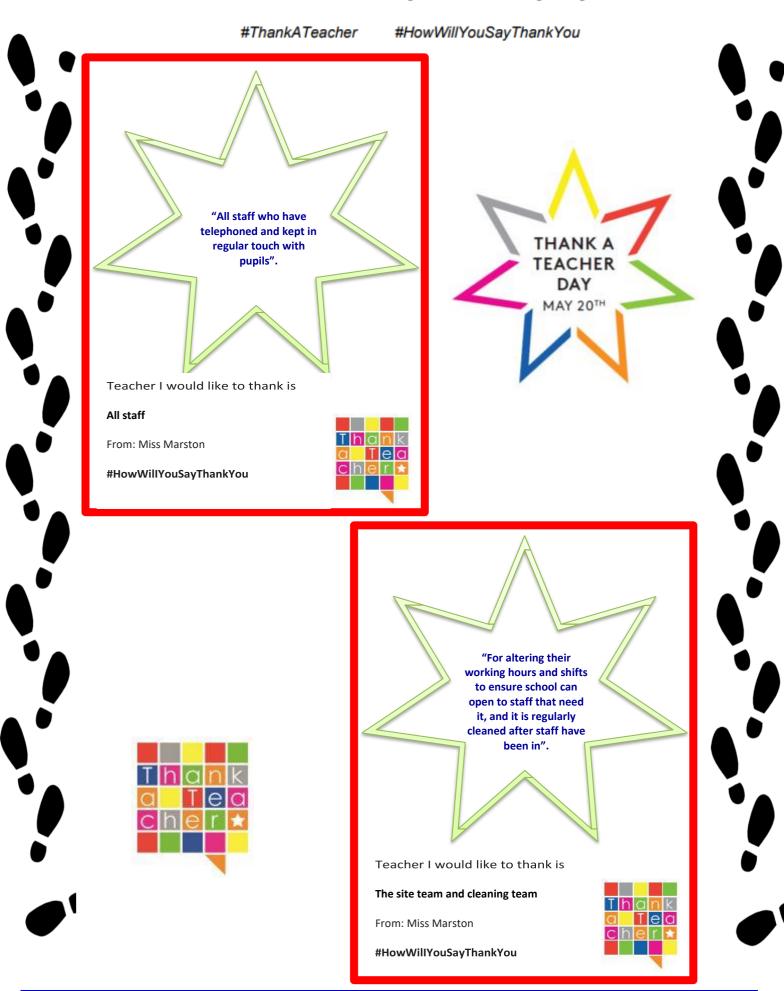
Remember: Stay Alert • Control The Virus • Save Lives

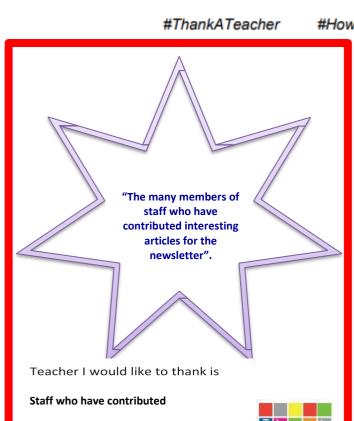












#HowWillYouSayThankYou





From: Miss Marston

#HowWillYouSayThankYou

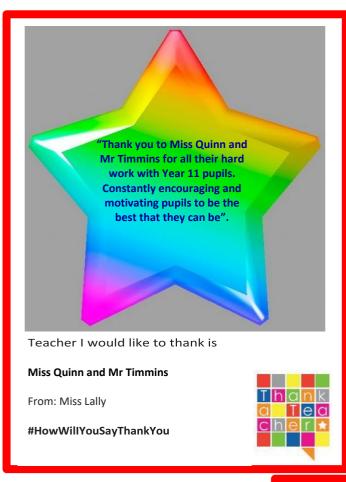






#ThankATeacher

#HowWillYouSayThankYou



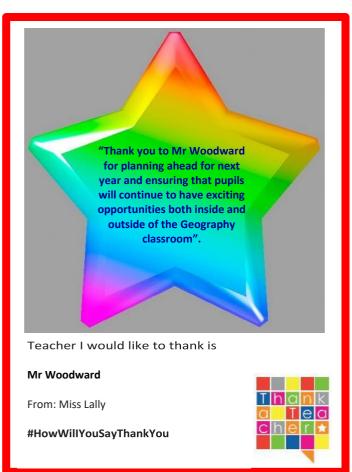






#ThankATeacher

#HowWillYouSayThankYou





Poem

This week marked National Thank a Teacher day,
an opportunity to show your appreciation in a unique kind of way.
Teachers are the parents and carers we didn't necessarily choose,
but the care they show to us is something we would never want to lose.
Each Miss, Mrs and Sir spend lots of time helping us to learn,
they put so much into doing this without wanting anything in return.
All our teachers want to see is that we grow up to be the best that we can be,
always helping us to achieve our full potential to the utmost degree.
Even when we feel that they make decisions we do not like,
deep down we know that they are only doing what they feel is right.
Our St. John Wall teachers have our best interests at heart,
it has even been obvious during lock-down while we've been apart.
So, lets take this chance to mark this day with a special feature
and celebrate these important people by saying thank you to all teachers!

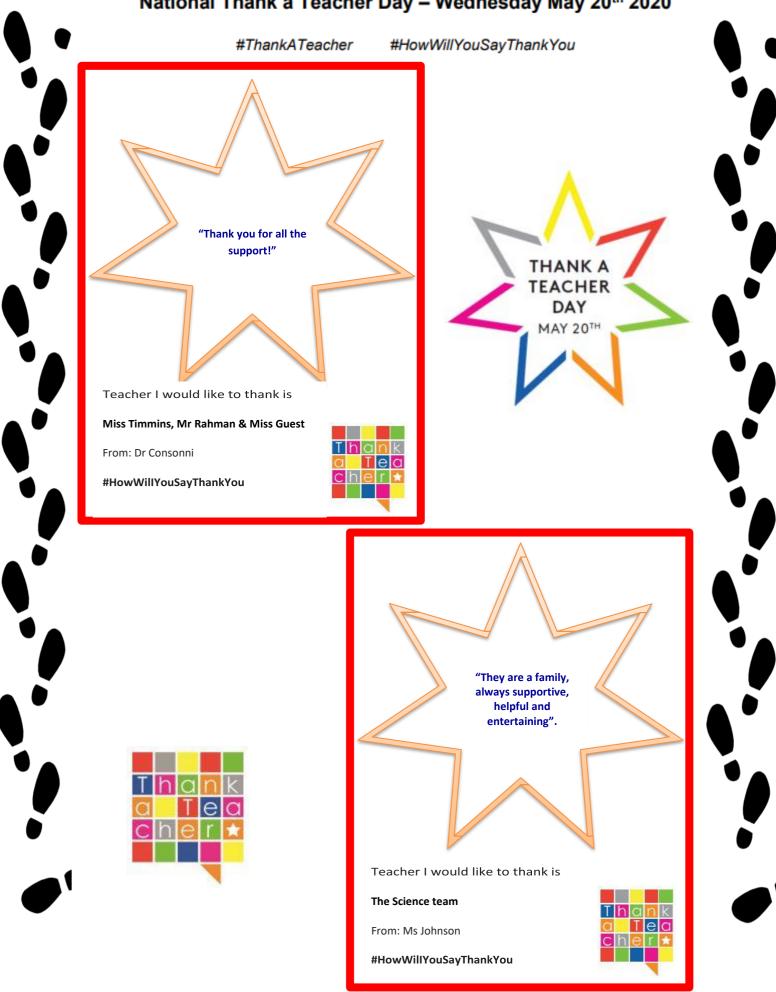
Teacher I would like to thank is

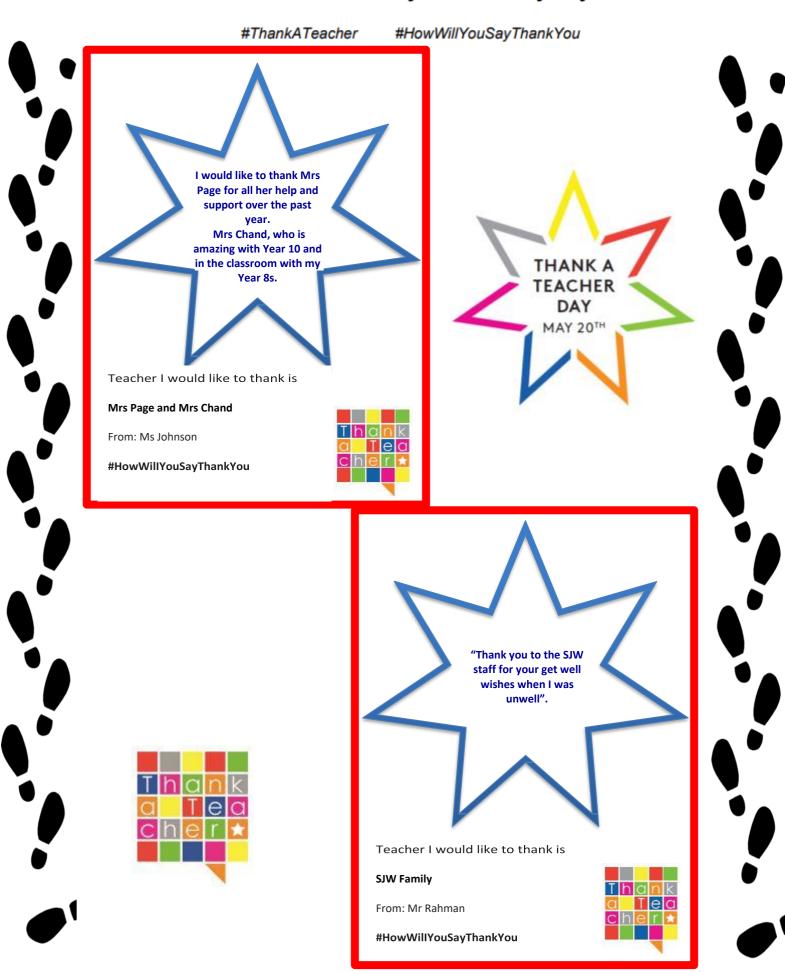
All Staff

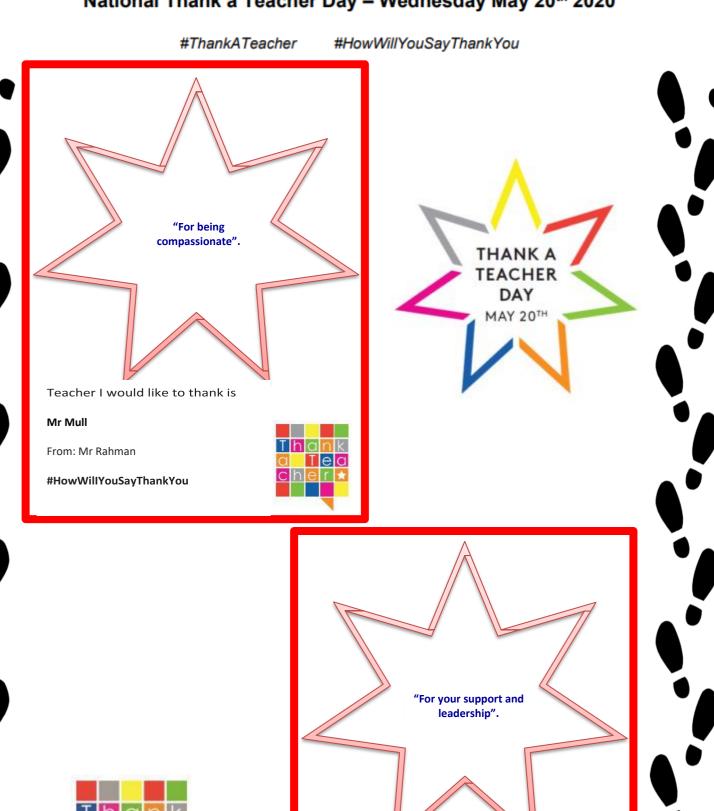
From: Miss Lally

#HowWillYouSayThankYou









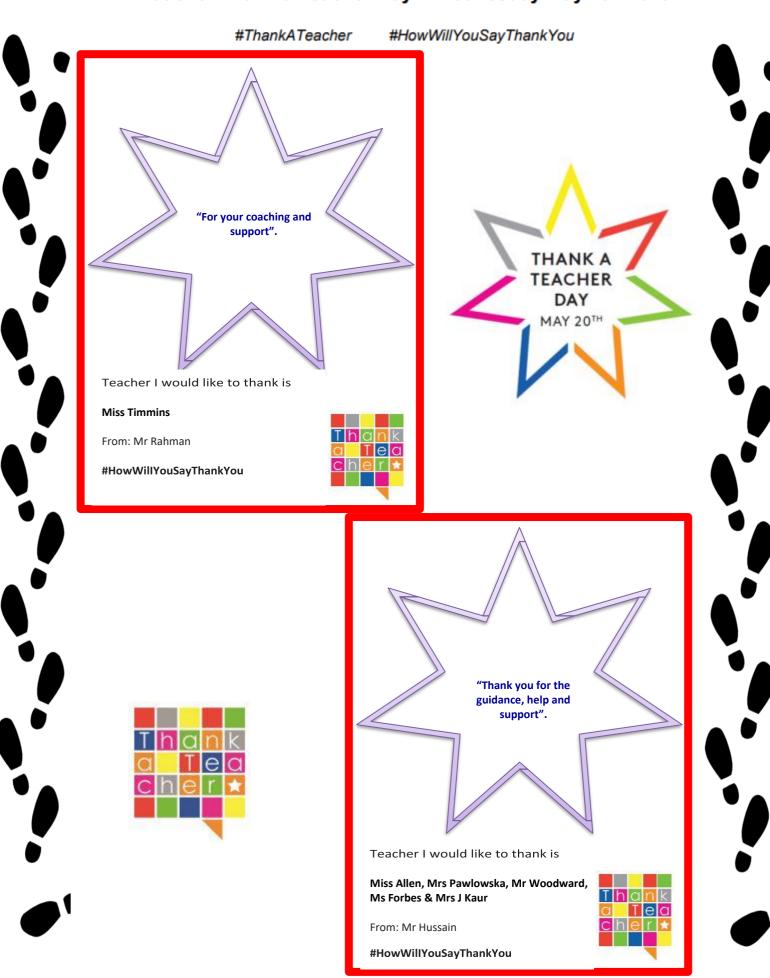
Remember: Wash your hands regularly with soap and water for at least 20 seconds

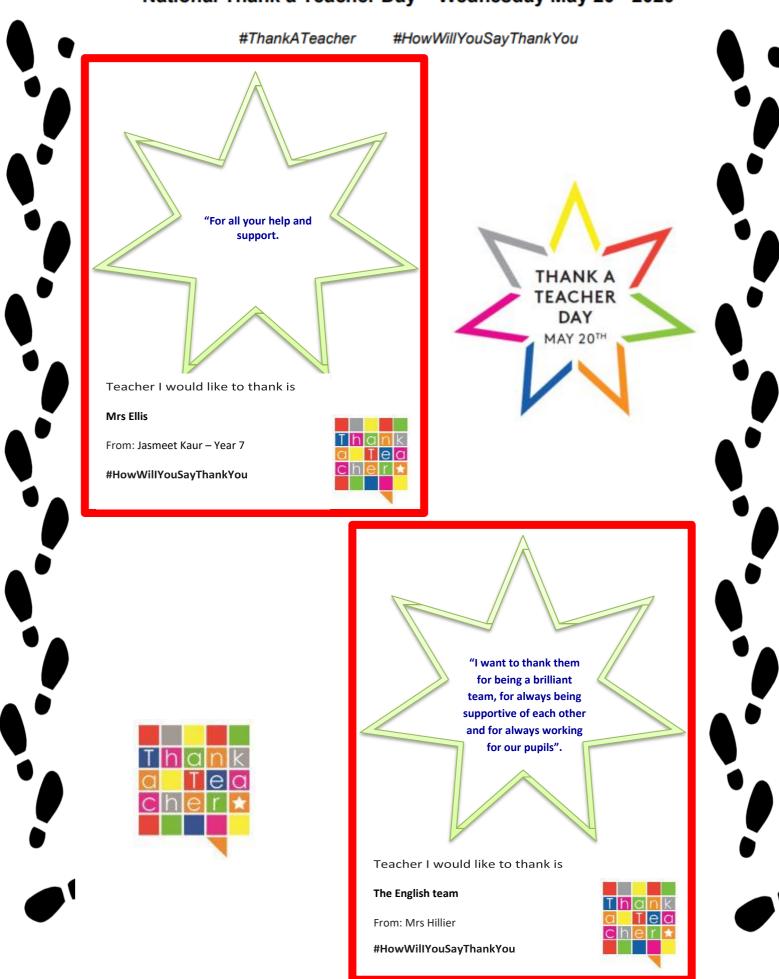
Miss Marston

From: Mr Rahman

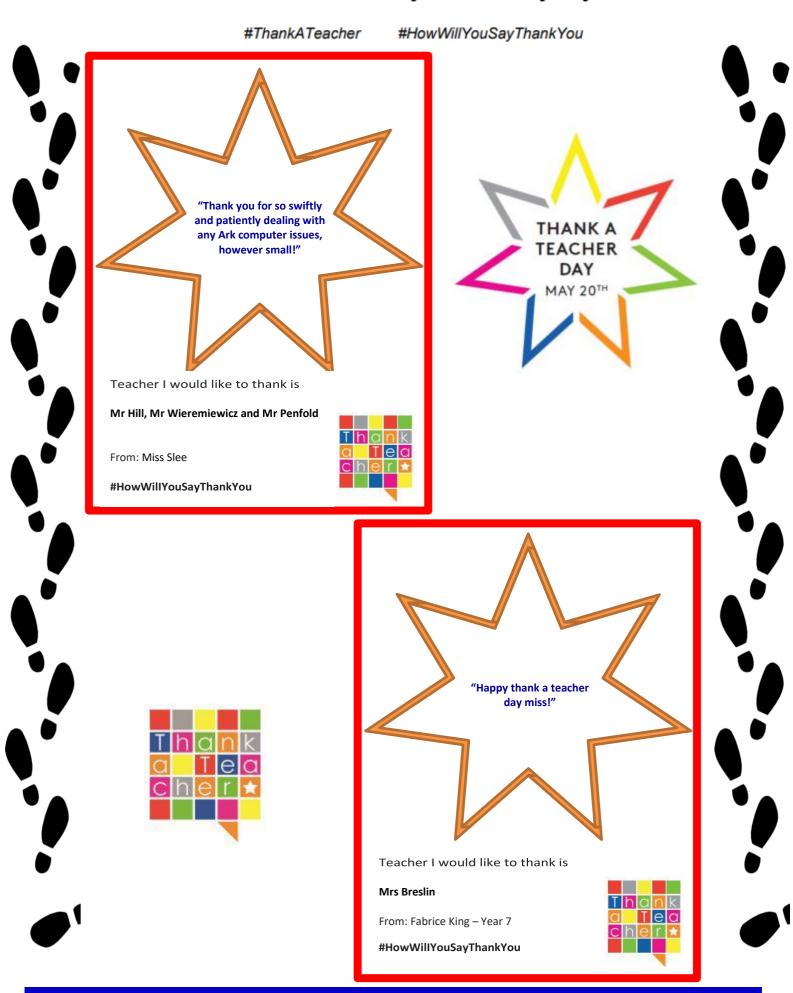
#HowWillYouSayThankYou

Teacher I would like to thank is









#ThankATeacher

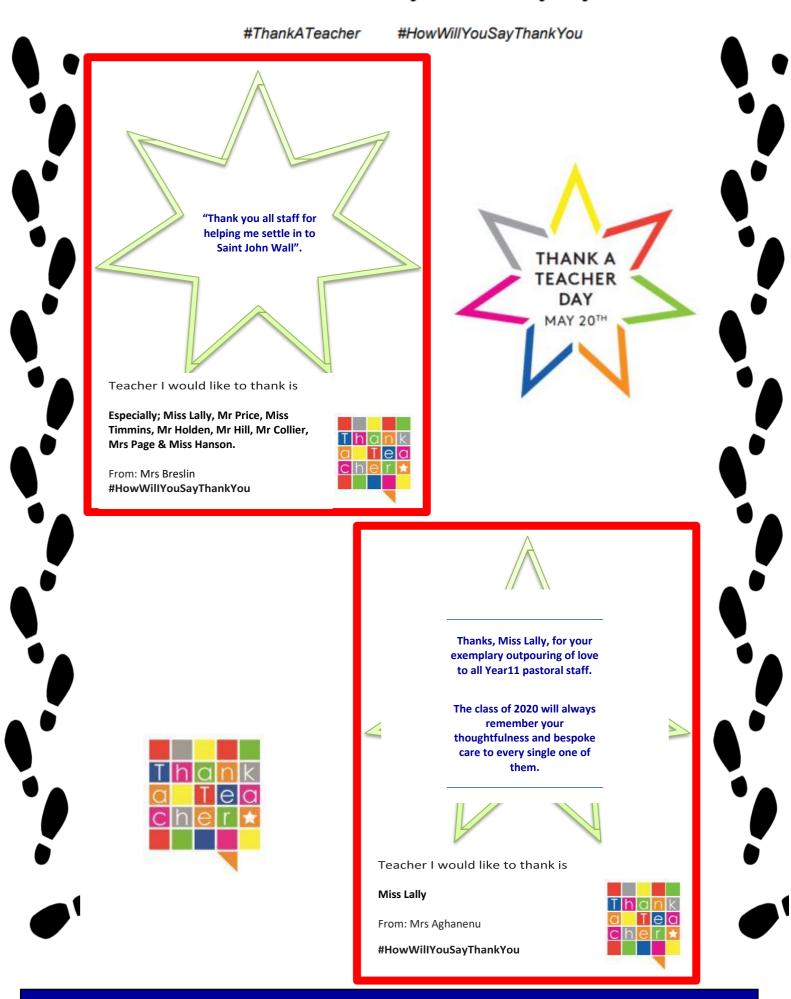
#HowWillYouSayThankYou

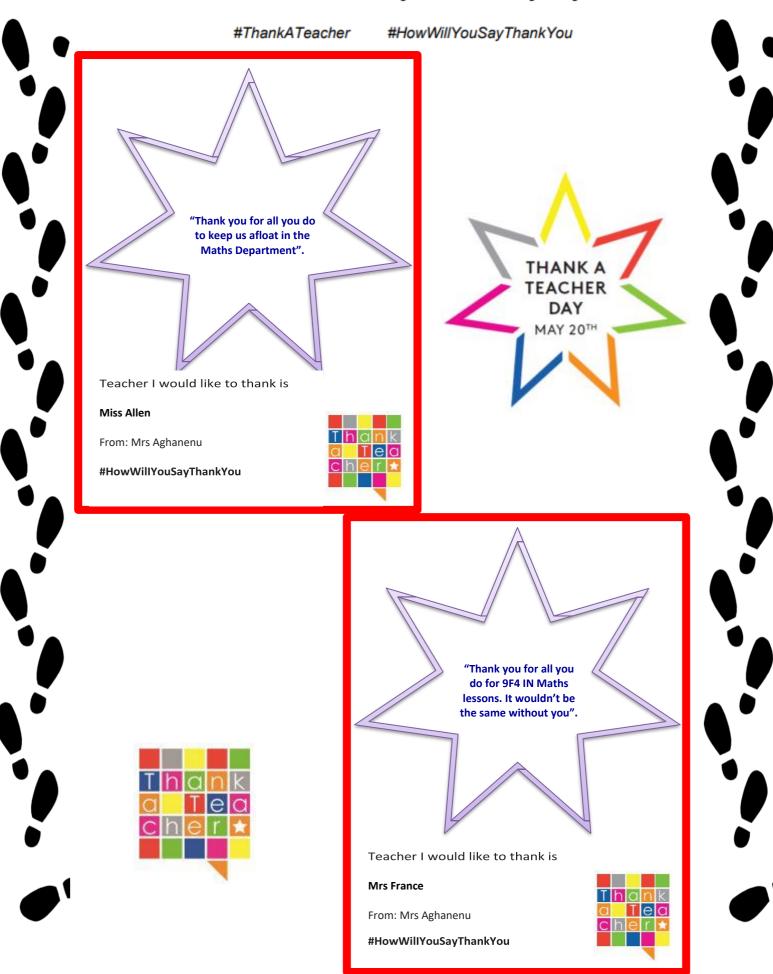














Remember: Stay Alert • Control The Virus • Save Lives

#ThankATeacher

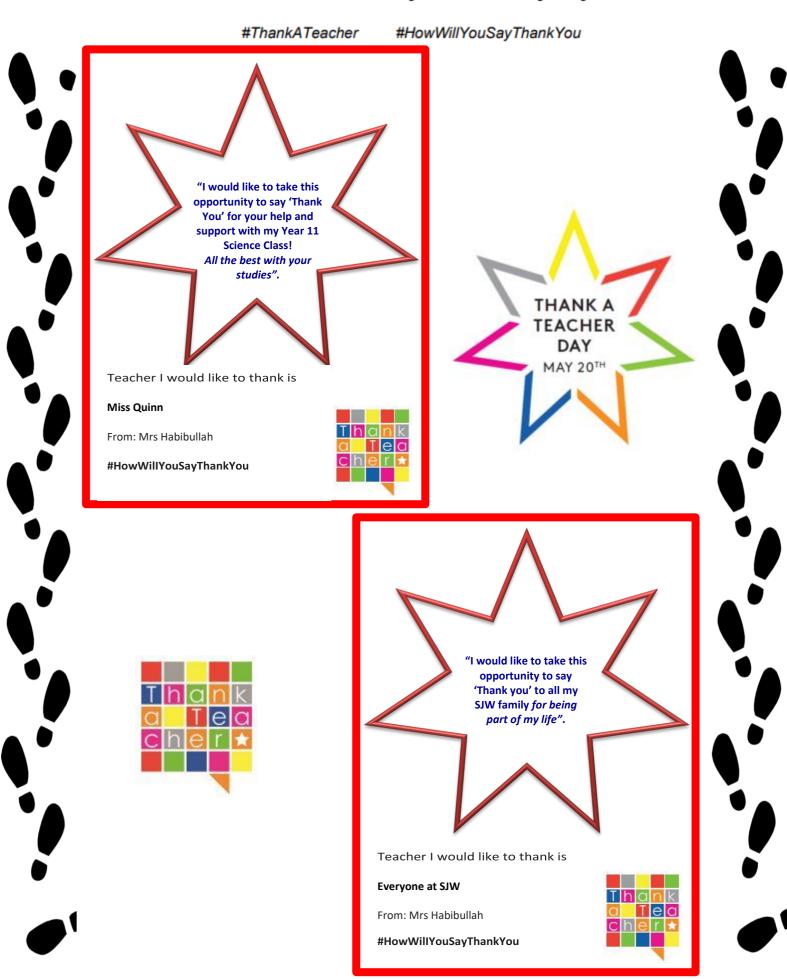
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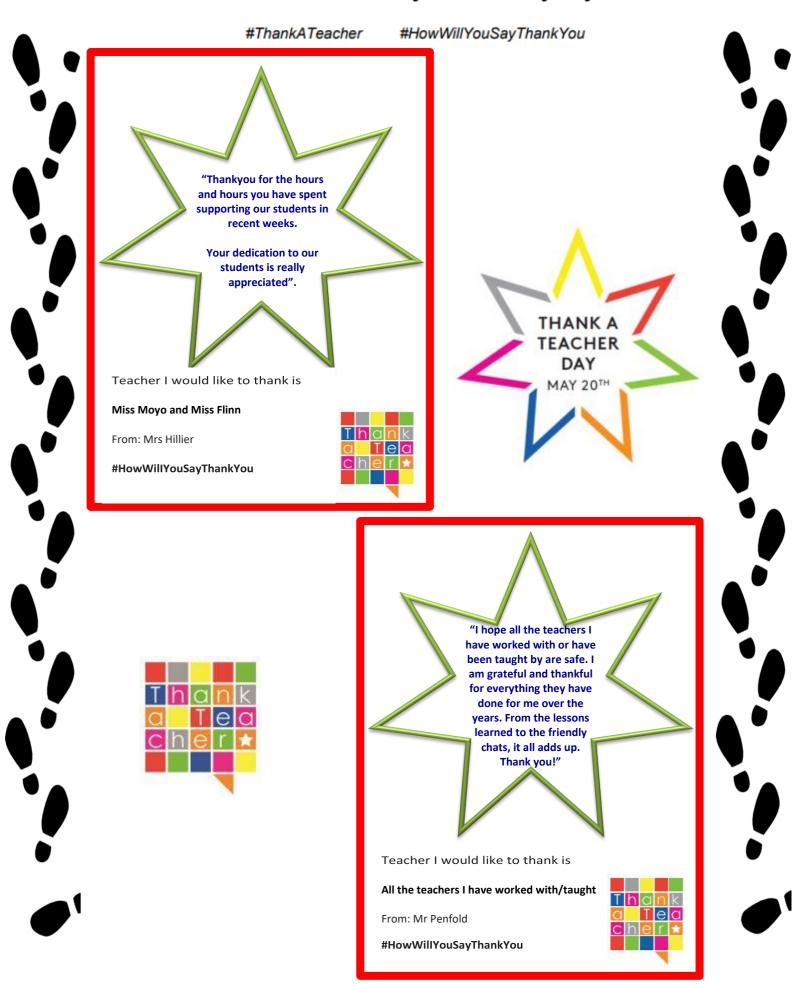


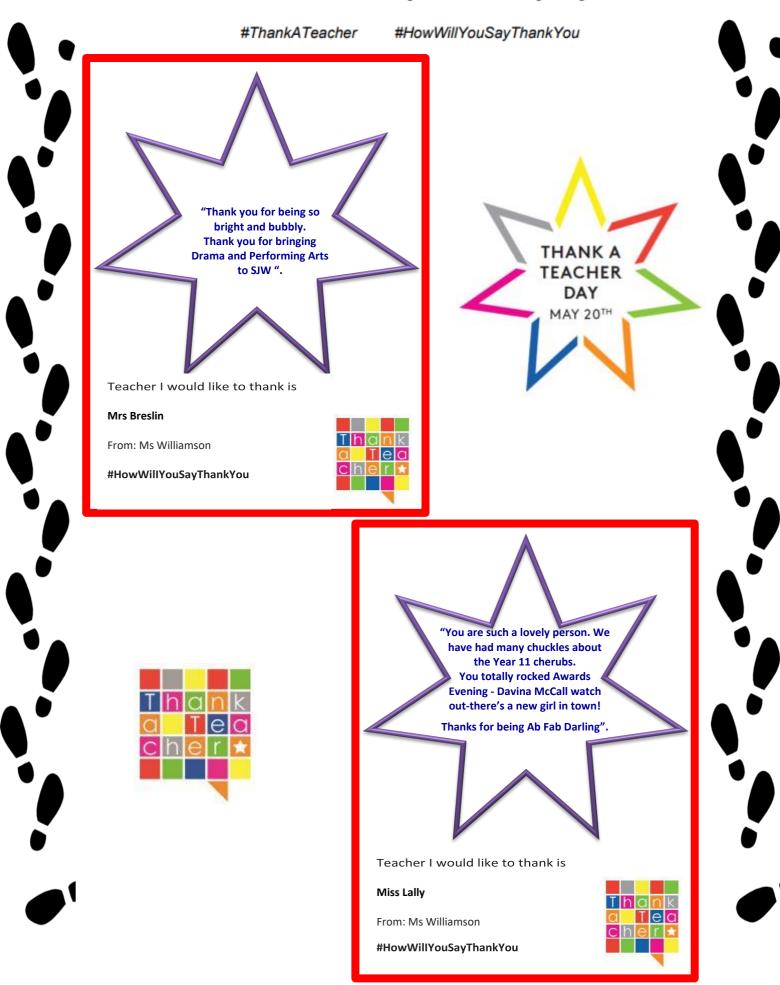










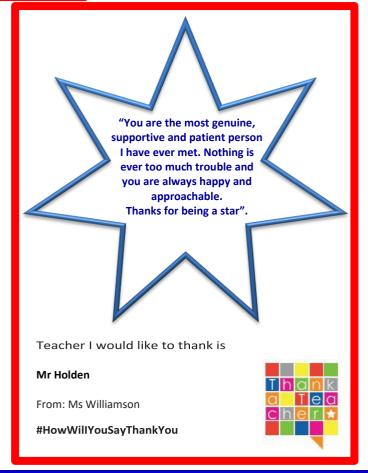




#HowWillYouSayThankYou





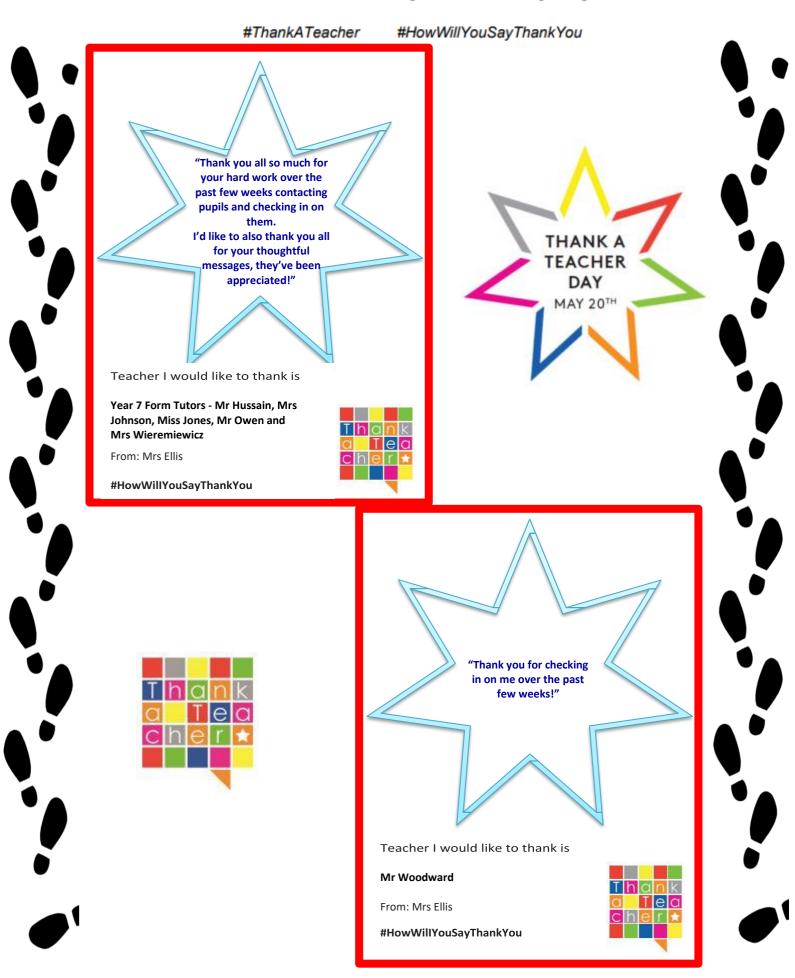


#ThankATeacher

#HowWillYouSayThankYou



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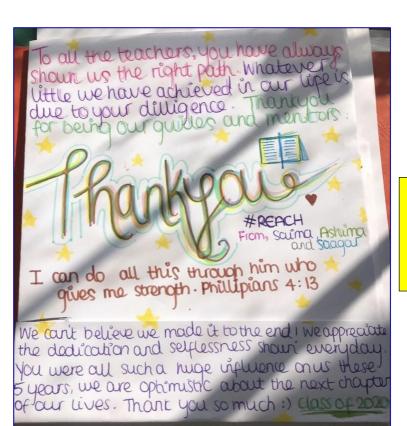


#ThankATeacher #HowWillYouSayThankYou "I would like to say the following thank yous: Thank you to Miss Lally, for always encouraging me to be a better version of myself and giving me second chances. Thank you for not giving up on me and showing me that I could change. Also, thanks for all the advice. Mr Rahman for always encouraging me to do better in and outside of school. Your consistent positive attitude influenced me to improve my grades and have a better work ethic. Mr Timmins for helping me with post 16 advice and encouraging me to put more effort into my school work and to persevere in and outside of school". Joyce Nkiambi - Year 11 "When I was nervous before a test "Mrs Wieremiewicz helped me by welcoming me Mrs Wiermiewicz helped to cheer me into our form room every morning. She always up!" makes sure that I have my equipment so that I can **Kameron Chem 7WIO** start the day right". **Ashpreet Kaur 7WIO** "Mrs Wieremiewicz helped me to stay concentrated with what I am doing. "Mrs Wieremiewicz is so helpful. She always gets Got the name right". things done and helps us when we are struggling". Rayyaan Afzal 7WIO Sophia Baloghova 7WIO "I forgot some equipment and Mr Owen let me borrow some from our form room. I'm always "Mr Owen always finds a way to solve a problem as thankful when he does things like that". a form". Emmanuel Ifeosame 70WE **Krystian Mendrykiewicz 70WE** "I was really scared when I came to St John Wall but "I am a bit shy but Mr Owen has helped me to Mr Owen helped me through it". Kyra Mills 70WE become more confident". Zaida Khanom 70WE "Mr Owen taught me not to be afraid of meeting "I was worried I wouldn't make friends but Mr new people". Teya Davidson-Harris 70WE Owen introduced me to my classmates and now I have lots!" Pavan Kumar 70WE

#ThankATeacher #HowWillYouSayThankYou "Mr Hussain helps me to concentrate and not "I was really nervous at school when Ii started to talk as much". Yanis Nchang 7HUS but Mr Owen told the class that he was new too. It made me feel better". Allyn Utomwen 70WE "I was so nervous to come to a Catholic school "When I thought that I was bad at football, Mr but sir helped me to feel comfortable". Owen encouraged me to try out the after school Hawa Jammigeh Tukara club and I enjoyed it!" Fabrice King 70WE "I was nervous at starting school but Mr "Mr Owen always makes me feel welcome". Hussain helped me with a lot of things". **Rhodasia Welch 70WE Azhan Faisal 70WE** "I forgot my equipment and was feeling upset. Miss Jones let me borrow some "Mr Hussain helped me by explaining things equipment from her classroom and looked that I don't understand". Haider Nawaz 7HUS after me". Sakshi Mahey 7JON "Mr Hussain is very encouraging and gets us to do the best that we can in competitions "On my first day it was all very new but and in our work". Hasan Muhammad 7HUS Miss Jones took the time to answer all my questions". Shahab Butt. 7JON "Mr Hussain took time to look after me and my friends". Anay Parekh 7HUS "Miss Jones encouraged me to talk with more people". Daniel Wainer Kodua 7JON "I didn't want to go to school on my birthday but Mrs Johnson made my day "When I was struggling to understand a so much better". Kyle Niemiec 7JOS question, Miss Jones helped me to understand it. I am thankful to her". "Mrs Johnson helped me with equipment **Gabriel Sylva 7JON** when I lost mine. I'm really thankful". Wiktoria Przerwa 7JOS "I was nervous about going to new classes but Miss Jones encouraged me". "Mrs Johnson makes me feel a lot better Paulina Michalowska 7JON because she really listens to me". Marvellous Aziegbemhin 7JOS

#ThankATeacher

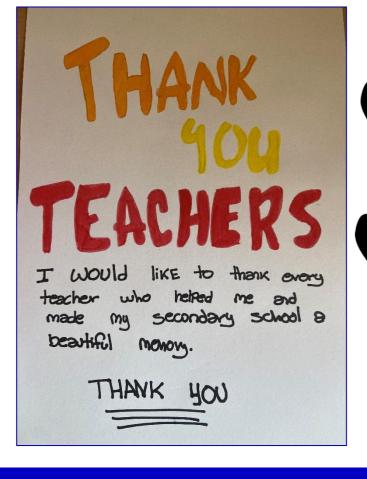
#HowWillYouSayThankYou



To: All Staff

From: Saima Akhtar, Ashima Harjiv and Saagar Hans – Year 11

From: Sanjay Bangar - Year 11



#ThankATeacher

#HowWillYouSayThankYou

Dear Mrs Wieremiewicz, I would like to say:

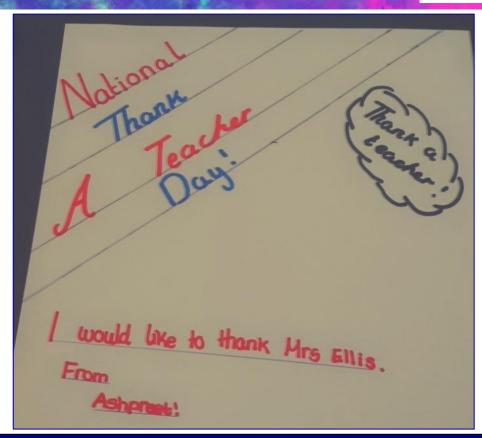
TAK YOU!

For helping me improve my English and making us read fascinating books that I don't think I would ever have read in my life!

*Yours sincerely,*Fabrice King

For Being with us through the year and giving your time to us so we can carry on with our learning!







BIRMINGHAM WEST / EAST NEIGHBOURHOOD POLICING UNIT

Lloyd House Headquarters Colmore Circus Queensway BIRMINGHAM West Midlands B4 6NQ

20th May 2020

Coronavirus: A Thank You from Birmingham Police

Dear Teachers, Parents and Carers,

COVID-19 has changed the lives of everybody, which is why the Government introduced a clear set of social distancing rules to keep us all safe.

The vast majority of families across Birmingham have stuck to the rules. I thank you and your children for doing this and helping to keep themselves and others safe.

We know that it's tough, but we ask you all to keep going. You are all doing so well.

If you need advice or support, here are some local groups who can help.

- the-waitingroom.org
- r2wbirmingham.info
- ipwm.org.uk
- bvsc.org/directory
- kooth.com
- policeandschools.org.uk

In the lead up to schools re-opening there will be short videos released every day to help young people re-adjust to a new kind of normal and cope with issues which may have affected them during the lockdown. Please search the hashtag #YouveBeenMissed

If not already, please register on wmnow.co.uk to get regular updates from us. It's free and a good way to find out what's happening in both the area where you live and around the school geography.

Once again, keep going with the social distancing rules. Things are getting better. Please stay alert, help control the virus and save lives.

Yours sincerely,

Stephen Graham

Chief Superintendent Birmingham West West Midlands Police Mat Shaer

Chief Superintendent Birmingham East West Midlands Police

Eid -Ul- Fitr

Eid-UI-Fitr is one of the most significant festivals for Muslims. "Fitr" means breaking the fast and 'Eid' means celebration so Eid-UI-Fitr is a festival of breaking the fast. This festival marks the completion of the holy month of Ramadan through which Muslims observe fasting. This festival is celebrated in a unique way all over the world. It is rejoiced by all Muslims as it is full of blessings of Allah. On this day Muslims wear new clothes, offer Namaaz (prayers) and prepare traditional food items. After the prayers, they greet family and friends to celebrate and spread the meaning of brotherhood.

Another significance of Eid-Ul-Fitr is that people believe in distribution of charity on this day. The charity can be either cash or foodstuff or clothes. It is a kind of help to poor and is also believed that by doing this the Muslims purify their wealth.

As we are going to celebrate Eid this weekend, I could not resist sharing this classic Eid Dessert – Sheerkhurma. It is a rich vermicelli pudding made with milk, lots of nuts, dry dates and sugar. Eid festivities are kind of incomplete until you have Sheerkhurma. I have very fond memories of waiting eagerly for Sheerkhurma during Eid and I would eat it like there is no tomorrow.

Seviyah(that's what vermicelli is called in Urdu/Hindi) was often cooked in my house in the form of kheer by my mum.

With Eid around the corner, I will be making Sheerkhurma and it always brings back fond memories.

I hope you guys enjoy this Eid special Sheerkhurma recipe. Please share your pictures in the next newsletter.

Ingredients:

- 2 tablespoons ghee, 30 ml
- 10-15 cashews, broken
- 10-12 almonds, chopped
- 10-12 pistachios, chopped
- 10-15 golden raisins
- 6-7 large dry dates, chopped or use 10 small dry dates
- 1 cup broken vermicelli
- 1 litre milk
- 4 tablespoons sugar, or to taste
- 1.5 teaspoon rose water
- 1/2 teaspoon cardamom powder

Instructions:

- 1. Heat ghee in a pan on medium heat. Once hot, add the chopped nuts, raisins and dates to the pan.
- 2. Cook for 1-2 minutes until the nuts are fragrant and turn golden brown. The raisins will plump up. Remove the nuts from the pan and set them aside.
- 3. Now to the same pan, add the seviyan (vermicelli) and mix well.
- 4. Roast the seviyan for around 3 minutes until it starts becoming a light golden brown in colour
- 5. Next add the milk to the pan and stir. Increase heat to medium high and let the milk come to a boil. Stir often in between so that vermicelli doesn't stick to the bottom of the pan.
- 6. Once the milk comes to a boil, lower the heat to medium and let is boil for around 8 minutes.
- 7. After 8 minutes, the milk will reduce and thicken slightly, at this point add in the sugar and mix.
- 8. Transfer back the fried nuts into the pan and mix.
- 9. Also add the rose water and the cardamom powder and mix.
- 10. Cook for 2-3 more minutes on medium-low heat and then turn off the heat.
- 11. Serve Sheer Khurma warm or chilled.

A few tips:

- 1. One of the most important things here is to use whole milk. If you use fat-free or 1% milk, the result won't be the same. So, try to use whole milk for this recipe.
- 2. The pudding really thickens as it cools down, so I suggest adding a little milk before serving. It's a personal choice anyway, if you like it thick then just let it be.
- 3. Be careful on the amount of sugar in this recipe. Dates and raisins also add to the sweetness so start adding 1 tablespoon at a time and then add more as needed.
- 4. You really need to use lots of nuts and dried fruits in Sheer Khurma but the most important one is dried dates. You cannot miss it!
- 5. Consistency of sheer khurma is a personal preference. I like mine thick. If you prefer a thinner khurma, use only 3/4 cup of vermicelli instead of 1 cup as mentioned in the recipe and use more milk.

EID MUBARAK EVERYONE Mrs R Gandhi



Be Empowered Workshop — Early Support Programme for SEND Parent Carers

Every Tuesday from 10am -1pm for 6 weekly sessions

Starting Tues 9 June, and then continues on Tues 16 June, Tues 23 June,

Tues 30 June, Tues 7 July and finishes on Tues 14 July 2020

We warmly invite you to join in a series of workshops that have been written and led by trainers who are parent/carers of a child with additional needs themselves.

These workshops are for parent/carers of children and young people of any age, with any additional need following diagnosis. They are an attempt to support parent/carers through times of change and at whatever stage of the journey participants may find themselves.

Due to the current Covid-19 situation, the above workshops may be offered <u>via</u>
<u>video-conferencing however if government guidance changes and social distancing</u>
<u>measures change, the above</u> BEW sessions <u>may</u> be held at Lakeside Children's

Centre, 22 Lakes Rd, Erdington B23 7UH.

If you are interested in accessing these workshops <u>either online or in person at a venue</u>, please apply via emailing the attached booking forms to either Sarah Adams or Oenca Fontaine at the addresses below.

Please choose how you would like to access these workshops and you will be contacted directly at the beginning of June to confirm how these workshops will be offered and whether you will be offered an alternative set of workshops in the future.



For more information please contact Oenca Fontaine (Parent Engagement Consultant) oenca@innerdimensions.co.uk_ or Sarah Adams (EYIS – Early Support Service)

Sarah.Adams@birmingham.gov.uk/ 07827 082751

To book, please complete and sign attached booking form and consent and email to either Sarah Adams or Oenca Fontaine.



