



Saint John Wall Catholic School

A Catholic School For All



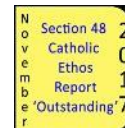
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Weekly Information Bulletin



Mission Statement

'To educate each and every unique child in our care to hear and respond to what God calls them to be'

Catholic Life

Solidarity: Love the World

As we journey through this strange time, apart but always together as a St John Wall family, we focus on our theme for the term of Solidarity: Love the World.

This week we are going to focus on what we're doing in the St John Wall family to show Solidarity

One of our house patrons, Pope John Paul once said that **'We are all one family in the world. Building a community that empowers everyone to attain their full potential'**.

This is exactly what we do at St John Wall. We stand in solidarity with each other, look after and encourage one another to be the best we can be whilst also responding to what God calls us to be.

What have we been doing the past few weeks to show Solidarity?

- Staff have been phoning our free school meal pupils every Monday to help with accessing Free School Meal Vouchers.
- Mrs Crooks and the Pastoral Team have been making phone calls and visits to make sure everyone is safe and well.
- Mrs Gandhi, Miss Lally and other members of staff have been creating and delivering PPE to local hospitals.
- All your teachers have been sending out work to you and helping you with any issues, including Mrs Forde who drove round to pupils' houses with work.
- Miss Marston, Mr Price, Miss Quinn and other staff have volunteered to support their community as NHS volunteers or local volunteers
- Staff have been recording videos to sing Happy Birthday to those who are celebrating their birthdays in lockdown.

It's your turn:

#SOLIDARITY Challenge 1

For the first #SOLIDARITY challenge, we want YOU to show solidarity to those around you by:

Leaving a note or small token of thanks on display outside your home for those key workers still serving your community, this could be:

Refuse Collectors	Postmen/women
Delivery Drivers	
Shop keepers/workers	Nurses/Doctors/Carers

You can do this however you want to, as long as you do it safely & in line with social distancing rules. There are some examples below. When you've done it, take a photo and email it to Mr Mull or Mr Price.



By Mr Price

SJW Values

Eloquent & Truthful



Remember: Wash your hands regularly with soap and water for at least 20 seconds

Ofqual – Year 11 Examination results

This week pupils in Year 11 will have received an email with a letter from Ofqual explaining how GCSE and BTEC grades will be awarded for summer 2020 results. Teachers are being asked to submit expected grades. All teachers at Saint John Wall are taking this responsibility extremely seriously. We had a meeting this week to outline the processes and evidence that we will use to decide the grades. These grades will be submitted to examination boards for final moderation later this term and it is likely that pupils will be able to collect their results during August. We will keep you updated about this via school email, newsletter and the website.

By Miss Marston

Year 8 Pathways Choices

Just a reminder to all Year 8s that if you have not handed in your option form or responded to my email please check your inbox to tell me the subjects you wish to study next year.

By Ms Hanson

Year 11 Post 16 Information

There has been obvious anxiety caused by the impact of coronavirus resulting in the cancellation of exams. This will be a time of great uncertainty for all GCSE pupils. The following video clip gives pupils advice on maintaining positive mental health:

<https://m.youtube.com/watch?v=NrJhf57SBp0&list=PLI-m4nFgU6AJqvJyLb047GEHbnymdcMdW&index=3>

I have been emailing Year 11 pupils with regular updates from various colleges and sixth forms. It is important that you are still securing yourself a place of study for September 2020. I appreciate many of you had already been doing this earlier in the year but I am sure there will be some of you who may have left it until the last minute. You must use this time at home to ensure you are searching and applying for courses.

If you are struggling to find something you are suitably interested in, please contact our careers advisor - Tina. Her email address is tinasmith9466@gmail.com

Similarly, if you need a reference just email me with the details so I can complete it for you - mlally@sjw.bham.sch.uk

The GCSE exams have been cancelled but that doesn't mean you should give up on securing your future post 16.

By Miss Lally

Goodbye to a Member of Staff

This week we have said goodbye and good luck to Mrs Taylor. Mrs Taylor has been on maternity leave since last year and has decided to spend more time with her family and work part-time in a new school. Thankyou for all her hard work in the Science Department and good luck for the future.

By Miss Marston

I would like to say a big thank you to Mrs Taylor for all of her input to the Science Department over the last couple years. Her wealth of experience for developing staff to achieve their full potential and incorporating Teaching and Learning strategies such as IDEAL, have proved valuable to the improvement of pupils' grades at Saint John Wall. Mrs Taylor is an excellent teaching practitioner and will be an asset to her new school. As a Department we wish her all the best for the future.

By Miss Timmins and SJW Science Department

Important Notice

School is still fully closed to all pupils

Please note that this is a national closure. We will re-open as soon as we can and will keep you updated on the school website and via text message.

- Pupils in Years 7 to 10 should complete [development homework](#) found on the school website, and any other work your teachers set you.

- Pupils in Year 11 should complete examination/revision/coursework/[development homework](#) using the materials provided by their subject teachers.

Eligible parents will receive free school meal voucher codes via the school email system. Beware of scam emails from other sources - DO NOT provide your bank details to anybody.

Working at Home Humanities and MFL Focus on History

The History teachers have been sending out regular "History at Home" documents to every pupil in Years 7-10. Have a look at the example below:



<p>Something to watch.....</p> <p>The Witchfinder General</p> <p>https://www.youtube.com/watch?v=u3j2kwh5P4</p> <p>This is linked to our learning about the rise and fall of witchcraft accusations.</p>	<p>Year 9 going into Year 10.....</p> <p>In Year 10 we will study the topic of Early Elizabethan England.</p> <p>Go to this website and read the information 'Elizabethans overview'.</p> <p>https://www.bbc.co.uk/bitesize/guides/zvrb6k7/revision/1</p>	<p>Brushing up on that writing.....</p> <p>Explain why the Bloody Code was abolished in the 1820s and 1830s. (12)</p> <ol style="list-style-type: none"> 1. It should be at least three paragraphs long. 2. It should include detailed description and explanations linked to the focus of the question. <p>When completed send it to your teacher.</p>
<p>Something to read.....</p> <p>Go to this website and read the account of Whitechapel written in 1889:</p> <p>https://www.casbook.org/victorian/london/whitechapel/1.html</p> <p>Can you summarise the key features of Whitechapel in 5 bullet points?</p>	<p>Something to investigate.....</p> <p>The Gunpowder Plot had lots of links to the West Midlands. Research this and email your teacher with your findings.</p> <p></p>	<p>Something to remember.....</p> <p>In 19th century England there was a 'Garrotting Panic'. Click on the link below to find out more about it.</p> <p>https://www.historic-uk.com/historyUK/Historyoffilthain/Garrotting_Panic/</p>

It is important that you are completing work at home to consolidate and extend your learning. There are a range of different tasks and activities to keep you entertained. Please email your completed work to your History teacher and ask if you need any help.

Year 11 pupils, I sent you a 'transition to Year 12' work booklet last week. The activities in this booklet will help to prepare you for A-Level History. Ask your History teacher if you need any help with this.

This week in History:

27 April 1865 - on the Mississippi River, the worst steamship disaster in US History occurred as an explosion aboard the Sultana killed nearly 2,000 passengers.

28 April 1945 - Twenty-three years of Fascist rule in Italy ended as former Dictator Benito Mussolini was shot.

29 April 1992 - Riots erupted in Los Angeles following the announcement that a jury in California, had failed to convict four Los Angeles police officers accused in the videotaped beating of an African American man.

30 April 1789 - Boxer Muhammad Ali was stripped of his world heavyweight boxing championship after refusing to fight in the US army.

1 May 2004 - Eight former Communist nations and two Mediterranean countries joined the European Union (EU) marking its largest-ever expansion. The new members included Poland, Hungary, the Czech Republic, Slovakia, Slovenia, Lithuania, Latvia, Estonia, along with the island of Malta and the Greek portion of the island of Cyprus. They joined 15 countries already in the EU, representing in all 450 million persons.

Take a look in the stars of the week section for our History stars of the week.

Take care, stay safe and stay at home.

By Miss Guest

Working at Home Key Stage 4 Physical Education

GCSE

Mr Janes and Mr Owen are emailing out work each week that is based around a specific topic. This is a great opportunity to secure your knowledge on the areas we have covered in lessons. Rewards and Prizes will be given when we return to school to recognise outstanding commitment to learning. If you need any support just email Mr Janes or Mr Owen and they can guide you in the right direction.

BTEC Sport

Miss Burdick is regularly reviewing your coursework and providing general advice, it is crucial that you are completing the work set and emailing this to Miss Burdick. This is a great opportunity to attempt the higher level work so you can aim to excel and surpass your target grade. All the support is provided for you in the PE Shared Area, anything that you do not have just drop Miss Burdick an email. Keep working hard and striving to be the best you can be.

By Mr Janes

Working at Home Performing Arts - Drama & Music

This week I have spoken with Year 9 & 10 Drama pupils regarding your coursework. Please make sure you meet the deadlines I have set each of you. I can see on One Drive what you have done and I will be in contact regularly to support you via phone to keep you all on track. Remember- the more you do now, the easier you will find your return to school. Use this time wisely. If you need anything at all email me and I will call you. As well as the support material I have provided in the 'Support Sheet' folder use the links below to enrich your learning:

Year 9

Component 1 - Frantic Assembly- Curious Incident of the Dog in the Nighttime & Stanislavski – The Crucible

Year 10

Component 1 - Frantic Assembly- Curious Incident of the Dog in the Nighttime & Stanislavski – The Crucible

Component 2 - Skills Audit, Long Term Targets and Smart Targets.

Online Support:

BBC Bitesize website

<https://www.bbc.co.uk/bitesize/subjects/zbckjxs>

Frantic Assembly Digital

<https://www.franticassembly.co.uk/frantic-digital>

By Mrs Breslin

Working at Home Mathematics Department

Hi Everyone, each week I will focus on an online maths site that is available for you to use at home.
This week it is MathsWatch this is the site where you will find your development homework.

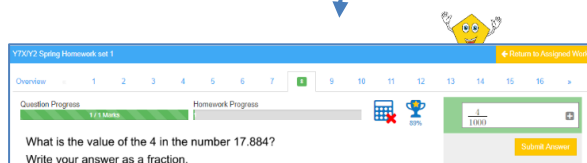


There are three different sets of homework for you to complete. Autumn, Spring & Summer assignments. Each set is approximately 3 hours' worth of work. For each topic you should watch the video that is available before answering the questions.
When you login you will see the different Assignments.

Assigned Work						
This Year's Work		Homework Assignments			Test Assignments	
Title	Type	Assigned By	Assigned	Due	Marks	% Grade
Year 7 Summer X1 Y1	HW	D Forde	13/03/2020	17/03/2020		
Y7X1 Spring Homework set 2	HW	D Forde	09/01/2020	17/03/2020		
Y7X1 Spring Homework set 1	HW	D Forde	09/01/2020	17/03/2020		
Y7X1 Autumn Homework set 1	HW	D Forde	12/09/2019	17/03/2020		



When you select an assignment to complete you will go to that assignment page where you can select to watch the videos and access the questions




Once you submit your answer it will be marked automatically. If you are not correct first time you are able to have another try.

If you have forgotten your login details or password just contact your Maths teacher.

Competition Time

We thought we would see what your observation skills are like.

Throughout this week's newsletter we have hidden images of Peter Pentagon 

Look very carefully he may be hiding, how many times can you spot him?

Email your answer to Mr Mull
pmull@sjw.bham.sch.uk

(only one entry per pupil).

Winner will be announced in next week's newsletter.

Good Luck!

By Mrs Forde

Working at Home RE Department

The RE Department have been busy working hard planning, creating and sending our resources to all Year groups to keep your minds working!

Year 7 & 8

Each Monday, your class teacher will email you the work they want you to complete. This work can be found on the school website. Your teacher will set you tasks from the page, once you've completed the tasks send it back to your teacher. There are also additional tasks you can complete if you finish the others. If you need help all you need to do is email your class teacher!

Year 7 RE Development Topic 1

Topic 1: Who is God & what is faith?

- Creation
- Communicating with God
- What it means to have faith
- Different religious beliefs about God
- Martyrs

Keywords	Definitions
Omnipotent	The belief that God is all powerful.
Allah	The name given to the Muslim God.
Monothelism	Believing in one God.
Revelation	When something that was previously hidden becomes known.
Prayer	Christians believe it is a conversation with God, to give thanks or to ask for help.
Big Bang Theory	A scientific theory which describes the early formation of the Earth.
Trinity	The Catholic belief that God is one but can be experienced in three different persons.
Nicene Creed	A Catholic summary statement of religious beliefs, often recited in worship.
Martyr	A person who is killed or sacrificed for their religious beliefs.
Faith	A strong belief in religion based on spiritual belief rather than proof.
Atheist	Someone who holds the view that there is no God.
Theist	Someone who believes that God exists.
Agnostic	Someone who holds the view that they cannot be sure of the existence or non-existence of God.

Task List:

- Pick five keywords and draw an image to symbolise them.
- Describe in a short paragraph how faith, atheist, theist, agnostic & prayer link together.
- Explain two different theories for the creation of the world. (You may want to research some of the keywords)
- Complete the table below (2 reasons on each side)

Task Description:

"The Trinity cannot exist, it is impossible"

Agree Disagree

You can either write it on paper, take a photo and email it to your teacher OR type your answers on a word document and email it to your teacher.

Some pupils have already completed some excellent work in KS3, the RE **stars of the week** are:

Year 7

Natalia Budna	Natasha Phaganina
Hashem Hassan	Ali Mirshekarizezerouri
Amelia Wrukowski	Ashpreet Kaur
Jakub Borawski	Kyra Mills
Rayaan Nawaz	Wiktorja Przerwa
Teya Davidson Harris	Sebastian Paul
Daniel Wainer Kodua	Warren Bauwisse
Tiffany Ung	

Year 8

Brajesh Lal	Amelia Baldyga
Sophia Baloghova	Chetan Sohal
Ronny Nkuidjeu	Sashae Black
Dina Isaac	Himna Mustafa
Varlin Kaur	

Year 9 & 10

Mrs Harms has set up Seneca classes and assignments for all of Year 9 & 10. She has emailed you all with the details you need. The classes can be joined by going to this website: <https://app.senecalearning.com/sign-up>

Once you've signed up you need to enter a code to join the classes and start your assignment.

For Year 9, the code is: asat1i2bhm
For Year 10, the code is: g05i9oe08t

The stars of the week for Year 9 & 10 are:

Year 9

Linh Hoang
Shantae Campbell

Safiya Muhumed

Year 10

Jasmeet Singh
Natesh Phaganina
Sara Akhtar
Ehsan Mohammed
Colin Ndou
Aron Michael

Jaqueline Loufilou
Grace Ihaza
Ben Ejiofor
Callum Khan
Esha Kumari

For updates on all things RE & Catholic Life, follow the RE Instagram page [sjw_re](#)

By Mr Price

Working at Home English Department

First of all, well done to all of those pupils from your English teachers to those who are working on their English skills at home.

If you look below, you will see the leader board for Seneca English - every week more and more of you are joining up and completing the assignments online. If you haven't signed up yet the links are in your weekly PowerPoint for you to use. Make sure you sign up to your year group!

As you know, Miss Flynn and Miss Moyo send you a weekly PowerPoint with your tasks for the week. You can complete the work on Word if you can, or you can write on paper. If you are able to send your work to your class teacher, email it to them and they will send you feedback.

Each year group has a set of tasks- these cover:

- Tasks using the home learning booklets on our school website.
- A creative writing task (on the PP too) or poetry task for Year 10.
- Weekly updated Seneca assignments.
- Independent reading - this should be a daily activity!

Hello Year 10, to help keep you focused and working on your English skills, we have put together a selection of tasks that you can access and work through independently. You can complete the work in your red book if you have it, on a Word document and save it or on lined paper.

WEEK BEGINNING: 27.4.2020

TASK ONE: A CHRISTMAS CAROL	TASK TWO: MACBETH	TASK THREE: Poetry	TASK FOUR: Subject Terminology
How much do you remember about Stave 1? Open the quiz attached in the email and complete all sections. Answers will be sent out next week.	This week you will be writing PEEZL paragraphs on a short extract from Macbeth. Follow all of the steps provided in slides 4-15 to complete this.	You need to access the Poetry document on our development homework site: http://www.senecalearning.com/development/2020-2021/English/Year10/Anthology_Poetry_Skills_WSSE_English_Literature.pdf Now read the poem A Wife in London (you can revise it online as well- lots of revision videos on YouTube). Complete the tasks on slide 3.	Write down a definition and an example of the following techniques: • Alliteration • Simile • Personification • Onomatopoeia

Remember: To stay 2 metres away from other people

Remember to keep in touch with your English teachers- we look forward to hearing from you and how you are getting on.

If you are looking for something different to read/listen to, Audible currently have books you can listen to free on their site- there are many to choose from and you can listen straight from your phone/device.

<https://stories.audible.com/start-listen>

We know it's difficult not being in school and managing a very different way of working- but please do your best to work on the tasks being set- it is all about keeping our minds active and not forgetting the brilliant work you have done in lesson.

Take care and stay safe!

Seneca English Leader board for the assignment week beginning 27 April:

Year 7

Modou	Njie
Rahma	Miah
Fatou	Ndow
Ali	Mirshakarizerouni
Amelia	Wrukowska
Ashpreet	Kaur

Year 8

Ria	Droch
Natalia	Moszczyńska
Varlin	Kaur
Jaspeet	Kaur
Moses	Johnson
Simran	Tiwana
Alya	Khan
Julia	Zyla
Amelia	Baldyga
Himna	Mustafa

Year 9

Zaneta	Zajacova
Rahima	Riya
Mariam	Ali
Aryan	Mann
Malick	Jarju
Jenny	Tran
Chenai	Price-Andrade
Kosi	Nwananochi
Chandani	Chana
Grace	Ihaza

By Mrs Hillier

Working from Home Science

I would like to thank our pupils for their on-going commitment for completing set tasks/work online set by class teachers. In particular, Year 11's for their determination to complete online tests on Seneca. SJW pupils have shown over the years their motivation towards learning as a positive and this was evident from the good exam results that our pupils achieve. If you are a Year 11 pupil you should now be busy making applications for college places for September. In addition, many of you would be thinking about apprenticeship places for September. My advice would be to keep on searching online for new opportunities that you could embark on in September.

Please note that the work set by your teachers must be completed as this will allow you to make progress in the subject. If you are finding difficulty logging in please email your teachers.

I would like to congratulate the stars of the week who are as follows:

Stars of the week

Navien Kaur - for completing all tasks and making an effort to email Mrs Habibullah to ask for extension work.

Colin Ndou - for achieving the highest percentage on Seneca.

Mankaran Sodhi
Donat Yonas
Jasmeet Singh
Natesh Phagania
Lovejit Dhanda
Rohan Luggah

Sofia Marsden
Kiem Hoang
Salaar Muhammad
Roberta Ricketts
Jacob Milligan

For actively working on Seneca.

By Mrs Habibullah

Igor Tomasz
Kamari Foster
Anjan Nayak
Gurjot Singh
Tuayib Mohammed
Prabin Yadav

Alex Feraru
Saima Akhtar
Balvinder Singh
Natalia Zajac
Pawanjot Saini

By Ms A Forbes

Marvellous Oselvoemen
Cairo Herbert
Zaida Khanom
Jessica Martin

Sophia Baloghova
Emmanuel Ifeosome
Fabrice King

7 Century stars

By Mrs Adams

Stars of the Week

Amelia Baldyga
Ivie Imadonmwinyi
Aly Khan
Ronny Nkuidjeu
Julia Zyla

Kymani Harvey
Varlin Kaur
Brajesh Lal
Sahar Stosray

Completed work on Century.

Olamide Adekunle-Olayiwola
Sashae Black
Varlin Kaur
Himna Mustafa
Malika Rahman
Sahar Stosray

Amelia Baldyga
Jaspreet Kaur
Aly Khan
Crystabel Owusu
Asher Rogers

Completed work on Seneca.

By Dr Consonni

Finally, I would like to thank the above pupils for their effort and hard work for completing the tasks fully. In addition to school work you could and should do independent revision and complete tests from BBC bitesize, and physics and maths tutor websites. Those of you who are observing Ramadan, make sure you are keeping yourself hydrated by drinking plenty of water during Iftar time and early morning meals. Please stay safe, stay at home and be sensible.

STAY SAFE & PROTECTED



By Mr Rahman

Sara Akhtar - for being an exemplary pupil by creating some exceptional, top quality revision resources for GCSE Poetry Anthology that will benefit the whole of Year 10.

Aly Khan, Amelia Baldyga, Julia Zyla, Darren Nzoukou, Mariam Ali, Shiv Patel and Aryan Mann - who have all completed some excellent work this week, proving to be learned and wise.

By Ms Flinn

Stars of the Week

Fatou Ndor
Daniel Slowikowski
Sashae Black

Alisha Shafiq
Chetan Sohal
Samuel Milligan

Salaar Muhammad
Mohammed Atif

Talullah Wagenfuhrer
Kemystery Wright

Etsubdink Tegegn
Kamari Foster
Ajay Kumar

Saima Akhtar
Kawalpreet Bedi

Well done to all of you for showing great commitment to your maths studies.

By Mrs Forde

Esha Kumari as a star of the week for a brilliant creative writing task. Her piece is below:

Task 6 - Creative Writing Challenge

The court exploded. With indistinct chatter of course, what else? My ears had succumbed to its din, my hands lingered in the air, shaking, hidden only by the sheer panic upon my face. My verdict sat on that very document, my life, my entire life, had been split down its middle, turned upside down and back round again, the rest of my inevitable fate being written in stone, in ink. This life of mine is set upon one word- innocent or guilty. The document clutched onto the envelope whilst being busily passed between varying parties as I wished only for a momentous event to intervene the hearing of the downfall of my existence. I stood as wrecked as the Titanic had in 1912 except this was 2020, and my life is yet to be taken from me. That being said, I held no intention in regard to serving my life, confined to four walls, the price of my existence- the jeering of aristocracy. Humiliation was a word now, with no meaning, as this court had sufficed. I had felt no anticipation at this vital stage; my blood had seemed to lose its throb and my eyes called only for its closure. My eyes became droopy as the light began to fade. I felt myself falling, both metaphorically and literally. Why me?

By Mrs Hillier

Kyra Mills – for conducting a Science experiment with great results! She caught a ruler from a height. First was just a normal catch, then she had to catch one after running, then after holding her arms in the air for 5mins etc.

Below are her results:

Science
<ul style="list-style-type: none"> 6cm from index finger 7cm index finger with eyes closed 8cm index finger with arms up for 2 minutes 9cm index finger with running on the spot for 2 minutes 10 cm index finger after 20star jumps 9cm after 10 minutes rest It has all gone up by 1cm except from the last one

By Mrs Adams

Remember: Wash your hands regularly with soap and water for at least 20 seconds

More Stars of the Week

Natalia Moszczynska 8YW - For staying on top of her English tasks and producing some fantastic creative writing.

Milly Rahman 8XS - For consistently working hard to produce some brilliant work and completing all her tasks.

Ricky Sangar 9XS - For always finishing all English tasks to the best of his ability this week and every week.

Hyab Woldai 9XS - For producing some lovely creative writing this week.

Talullah Wagenfuhrer 10XS - For taking lots of initiative in her studies at home.

By Miss Jones

Nancy Ovbije, Julita Wrukowska, Jakub Borawski and Alya Khan.

All completing Music work and emailing it to me.

By Mrs Crooks

**Navien Khangura
Nancy Ovbije
Rohan Luggah**

By Mrs Breslin

Malika Rahman	Esha Kumari
Sara Akhtar	Oliwia Janiszewska
Shiv Patel	Jenny Tran
Amelia Baldyga	Rahma Miah
Simran Tiwana	Ali Mirshekarikazerouni
Natasha Phagania	Julia Moszczynska
Natalia Moszczynska	Shantae Campbell
Grace Ihaza	Darren Nzoukeu

For being active and curious and showing a great attitude towards their "History at Home" work.

By Miss Guest

Larry Quansah - for completing the next part of his BTEC Sport Coursework to a very high standard.

By Miss Burdick

Jakub Borawski	Natalia Budna
Sebastian Paul	Natalia Moszczynska
Shantae Campbell	Simran Kaur
Grace Ihaza	Aleksandra Tatomir

For showing an amazing effort, persistence and great achievement in English.

By Mrs Wieremiewicz

Shantae Campbell 9F1 - active and curious in her work.

By Mr Hussain

English Creative Writing

Well done to Joel Wren who has wrote this creative piece of writing below.

By Miss Lake

Slowly, she opened the door, her hands grasped around the iron handle, the delicate carvings embedded in the polished oak seemed to stand out more. A light crept through the small crack she had made casting luminous glow onto the worn-out floorboards. She pulled at the handle causing dust to fly of the floor and into the air as the door swung open. Light poured through the door illuminating the entire room. She tried to see what caused the brightness but had to look away for fear of blindness. A cool breeze gently brushed her face, inviting her to look up. As she did, she saw beauty that no-one had seen for a long time...

Lush green meadows with a sky as clear as purified water. She tried to step in, trying to get into this world so different from the polluted atmosphere and the small portion of desperate survivors of the apocalyptic wasteland. Unfortunately, there was an invisible barrier. She hammered at the forcefield tears cutting streaks of dirt off her face. The sun glared at her unbelievably bright unlike the corpse of her own. Streams and river flowed unpolluted and trees stood tall with leaves an emerald green. Mountains rose in the background like giants from a long sleep. She wished she could access this heaven compared to the hell she known all her life.

Remember: To stay 2 metres away from other people

Isolation activities

Over the last few weeks I have spent some of my time in lockdown working on a garden project. I always felt that my garden needed a re-vamp so I decided that now could be a good time to do something about it. I have done a little bit every day, digging out the old stones, trees and bushes, replacing the old fence panels, creating some garden borders and laying new turf.

This project has really helped me stave off some of the lockdown boredom, and it has given me a sense of satisfaction. Below are the before and after photographs:



Alongside doing my garden project and sending out work to my classes I have been keeping myself active by walking in my local area and reading lots of books. The books have mainly been historical fiction, one of the best ones that I read was Master of War – The Scourge of Wolves by David Gilman. It is about a knight in Medieval England that has been sent to fight and control land for King Edward in France.

If you are missing your History lessons and want to keep your interest up there are some great books and television programmes and films to watch. Here are a few that you could try:

Film and TV: The Boy in the Striped Pyjamas, Dunkirk, Horrible Histories, World War Two in Colour, Alone in Berlin (these are all available on either Netflix, Prime or BBC Iplayer).

Books: The Boy in the Striped Pyjamas, War Horse, Private Peaceful, The Tattooist of Auschwitz, Alone in Berlin.

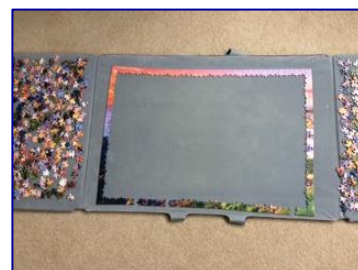
If you watch or read any of the films or books listed above e-mail me a review and you could see your name in the newsletter.

Remember to keep checking your school e-mail daily and complete work that is set by all of your teachers. It is really important that you continue with your school work so that when we all return to school again we are ready to progress and go beyond our targets and limits. Keep well, keep sensible and keep safe.

By Mr John

Isolation activities

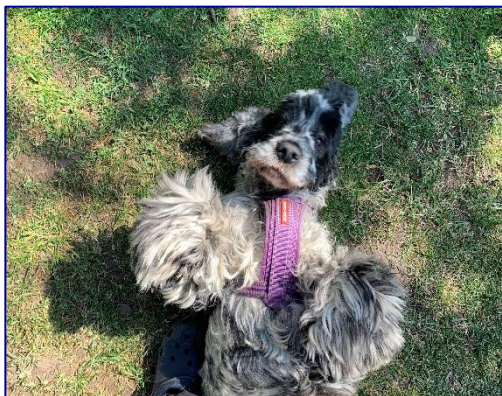
I expected the virus lockdown to be quite long so I have been saving my jigsaws. Now that Easter is over, I have started this one which will be a sunset over Santorini once it is finished. Having watched some of you attempting jigsaws in Saint Francis' Centre I thought I would take some photos for a step by step guide! First, get all the pieces facing upwards and separate out the edges and corner pieces from the rest of the pieces. Next, complete the edge. Then attempt sections of the jigsaw to fill it in; look for distinctly patterned or coloured pieces that are easier to try to fit together first. Finally, complete all the bits that are left; normally for me this is the sky where unfortunately, lots of pieces look the same, so this can be a bit slow. My family tradition is to complete the jigsaw without looking at the picture on the box - this makes it even more of a challenge! If you don't have any jigsaws at home then there are several good jigsaw apps that you can download for free.



By Miss Marston

Isolation Activities

Hello everybody, just a little catch up from Dougal. He is missing school a great deal. We are having to cuddle him lots to keep him happy until he can see you all again. He has been busy as you can see helping me with Lifestyle pupils' vegetables and flowers. We are managing to keep the broad beans, peas and sunflowers alive! He is looking forward to getting back to school to join us in the greenhouse and on our litter picking. See you soon.



By Mrs Clayton

Isolation Activities you can do at Home

Would you like to be featured in our weekly newsletter? If yes, then why not attempt one of the activities below. Write a sentence about what you did or take a photo and email it to pmull@sjw.bham.sch.uk

- Take time to reflect: Write a list - what have you accomplished in the last year? What goals are you setting for yourself in the next year?
- Write a short story.
- Fold a square piece of paper into a fortune teller you put your thumbs and pointer fingers into. Proceed to tell fortunes.
- Interview your grandparents (over the phone, of course) and save the audio. Can you create an audio story or book with that file?

By Miss Lally

Physical Education – Daily Exercise

All SJW Physical Education students - Make sure you are staying active and healthy by completing at least 30 minutes of exercise per day. Ideas can vary from going for a daily walk or a run - Research simple exercise ideas on YouTube, this will provide you with some fun and easy ideas to do at home with no equipment needed. Make sure you follow the School PE Twitter account for updates!

By Mr Janes

Numeracy Ninjas

Hello Ninjas! Hope you are all safe and well!
I have a new challenge for you:

GRAND MASTERY CHALLENGE

Are you as wise as the Ninja? Explain which shapes you see using key vocabulary in your answer.

Key Vocabulary - corner - side - right angle.

I am waiting for the best descriptions. The best one will be published in the next newsletter.
Be smart as a Ninja, Stay at home.

By Mrs Pawlowska

Remember: Wash your hands regularly with soap and water for at least 20 seconds

Recipes to try at Home

Well done to Esha Kumari 10PAW for this week's pick of back to basics recipe for Chocolate Brownies.

Ingredients:

250g plain flour
250g demerara sugar
65g plain cocoa powder
1 tsp baking powder
1 tsp salt
250ml water
150ml vegetable oil
1 tsp vanilla extract

Optional:

100g milk, dark or white chips/chips. You can always treat yourself and add all 3 flavour choc chips/chunks.

Equipment:

Measuring jug or food weighing scales
Mixing Bowl
Spatula
Teaspoon (tsp)
Baking tin
Baking paper or butter to grease your baking tin

Method:

1. Preheat the oven to 180 C / Gas mark 4
2. In a large mixing bowl pour in water, vegetable oil and vanilla and then mix until well combined (photo 1)
3. In the same bowl add together the flour, sugar, cocoa powder, baking powder and salt and mix until well blended (photo 2)
4. If you have had the extra treat, add in all the chunk chips/chunks (photo 3)
5. Line or grease your baking tin and spread evenly in a baking tin, preferably 9x13 in square tin (photo 4)
6. Bake for 25-30 minutes for moist brownies and 30-35 for firm brownies in the preheated oven, until the top is no longer shiny. Let cool for at least 10 minutes before cutting into 16 squares.
7. If the bake is not yet ready, put it back in oven and cover with foil to prevent the top from burning.
8. Seal in an air tight container for freshness up to a week that is if you can resist these brownies for that long.

Hope you liked this super quick and easy recipe.

Keep sending in your entries for the next week for your recipe and you never know you could be the lucky winner. Please send all requests to kkaur@sjw.bham.sch.uk



By Ms Kaur

Maths

Last week's answer:

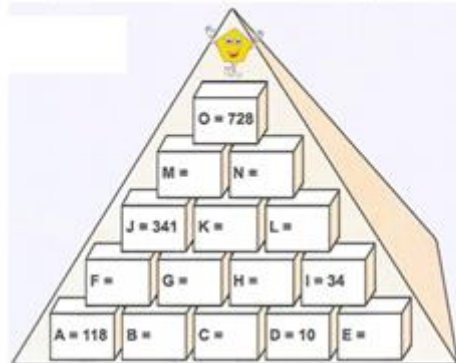
Each symbol stands for a different number. In order to reach the correct total at the end of each row and column, what is the value of the circle, cross, pentagon, square and star?

					= 28
					= 31
					= 22
					= 15
					= 26
=	=	=	=	=	
26	20	25	25	26	

star = 6 cross = 1 square = 9
 circle = 3 pentagon = 4

New Puzzle:

Every brick in this pyramid contains a number which is the sum of the two numbers below it, so that $F=A+B$, etc. Just work out the missing numbers!



Answer in next week's newsletter - good luck!

By Mrs Forde

Remember: To stay 2 metres away from other people

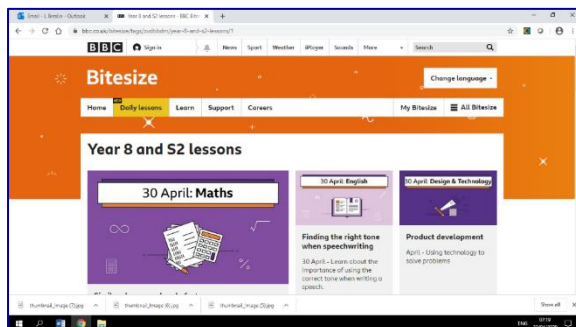
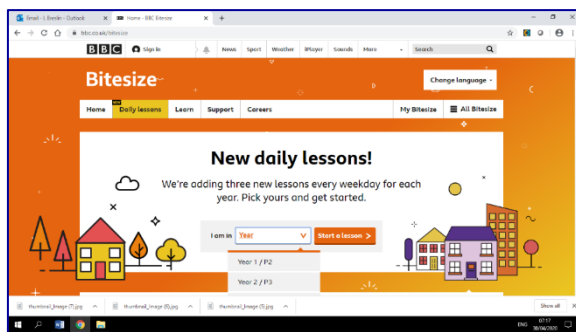
Year 8

Hello Year 8!! This week many of you will have had phone calls to discuss your options for Year 9. Teachers have said how much they have enjoyed talking to you all and finding out what you have been up to. If we have not been able to get in touch please make sure you contact Ms Hanson or myself by email, so that we can place you in your classes for next year as a matter of urgency.

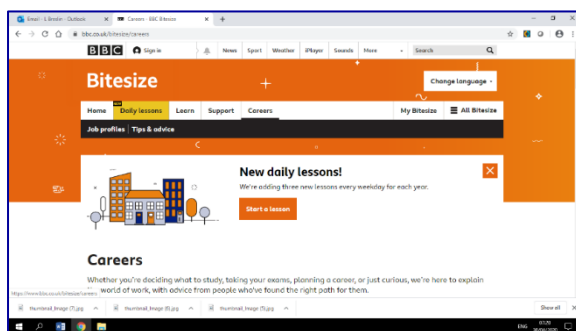
Here's a reminder of where you can access work:

- School website- Development Homework for all subjects.
- BBC website Live Lessons- <https://www.bbc.co.uk/teach/live-lessons>
- BBC Bitesize- <https://www.bbc.co.uk/bitesize>

This website allows you to enter your year group and it takes you to the lessons that are suitable for you.



- CareersBBC - <https://www.bbc.co.uk/bitesize/careers> take some time to research career paths that interest you. Click on the careers tab on the menu bar. See below:



During my phone calls this week some of you have asked me when we will return to school. As soon as we know anything we will inform parents. Make sure you are learning from home so that you have less to catch up on when you return to school.

The Window Display Challenge - 1 May International Space Day – Send me a picture of your window when it is done.

WINDOW DISPLAY CHALLENGE

Got bored kids? Got bored adults?!!
Why not create a fun themed window display for everyone to enjoy when they're out for walks around the town!

Upcoming themes with decoration ideas:

23rd April	St George's Day England flags, dragons, knights, princesses	
1st May	International Space Day Rockets, planets, stars, astronauts	
20th May	International Bee Day Bees, flowers, trees, beehives	
1st June	Dinosaur Day Dinosaurs, footprints, volcanoes, trees	
13th June	Queen Elizabeth II's (Official) Birthday Crowns, birthday cakes, balloons, gifts	

Ephesians 4:2

"Be completely humble and gentle; be patient, bearing with one another in love".

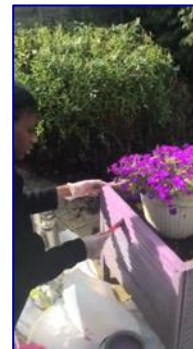
Take care and stay safe,

By Mrs Breslin

Isolation activities

During the Easter holidays I have spent a number of days in the garden cutting back the old growth of trees, shrubs and even turned my hand to painting fences as well as planting a few flowers. Over the years I have come to develop a love and appreciation for the environment but even more so during this time, as it is a great way to boost your mental and physical health, spend more time with my children as well as supporting elderly neighbours with jobs which might be physically challenging for them. The great thing about gardening is it doesn't matter how big or small a space we have but everyday plastic containers can be used to plant seeds; place them on a window sill where there is plenty of sunlight and don't forget to water every day.

Keep safe.



By Ms Hanson

Year 7

Hello Year 7! It has been wonderful to receive so many emails from you over the past week! I have really enjoyed hearing about what you have been getting up to and knowing that you are all staying safe has been an absolute blessing. I wanted to remind you again of our current standings for our Saint's League. There is ALL to play for!

(See table at the end of this newsletter)

When we return to school your final standing to go into Year 8 will be based upon work completed on your developmental homework AND evidence of the life-skills that you have worked on at home.

Evidence of work completed can be sent to me online or brought into school when we return on paper or in a book. It's not too late to start now!

Your life-skills project can be in the form of a diary kept each day of what you have been getting up to, or a project created on power point. It can include photographs, pictures, quotes from family... pick something that suits you and your individual talents. I want to see how you are looking after your own well being while you are away, are you reading for pleasure? Gardening? Helping with chores? Listening to podcasts? Meditating? Praying? Cooking? Baking? Painting? Drawing? Crafting? Playing board games?

I can't wait to see your projects! Good luck!

By Mrs Ellis

Isolation Activities

I know you have all been waiting on the edge of your seats to find out how my sunflower is doing.... here's my weekly update...

I was going to plant it out today but it was raining so hard I decided to wait for a better day.

So, it is still in a pot and might I add looking glorious.



Next time I hope it will be planted and looking taller.

By Mrs Crooks

Online Safety Tips to keep your child safe

This week: Live streaming and video apps

1. Talk to your child

Talk to them about what they're doing online and how they can stay safe. Let them know they can come to you, or another adult they trust if they're feeling worried or upset by anything they've seen online. They can also get support from Childline.

2. Explore apps and sites together

Explore what your child likes to do online together. This can help you to understand why they're using certain livestreaming or video apps. You can use Net Aware to help you.

3. Agree what's appropriate together

Agree your own rules as a family when using apps, sites or games. You can use our family agreement template to help get you started.

4. Check your settings

Check the technology your family uses and use privacy and location settings to keep your child safe. You can call our 02 NSPCC Advice Line for support on 0800 800 5002.

You might like to consider what parental controls are in place...

What are parental controls?

Parental controls help you to block or filter upsetting or inappropriate content, and control purchases within apps. You can install parental control software on your child's and family's phones or tablets, games consoles, laptops and your home internet.

Parental controls can help you to:

- plan what time of day your child can go online and how long for.
- create content filters to block apps that may have inappropriate content.
- manage the content different family members can see.

By Mrs Crooks

Remember: Wash your hands regularly with soap and water for at least 20 seconds

Ramadan 2020 in Isolation



Ramadan Kareem!

MS H HABIBULLAH



Iftar and Suhoor dishes.

Stay at home and save lives!

When I was a teenager, my dad taught me that the month of Ramadan is a training month, it should reflect on what positive changes you want to see in yourself for the next 11 months and if you successfully develop yourself mentally, physically and spiritually then Eid (which marks the end of Ramadan) would be a celebration in true terms.



Homemade Pakoras and Samosas

Keeping that in mind, I plan and prepare my observance during Ramadan month. Although this year I can't leave the house for special prayers at mosque or visit family and friends for *Iftar* (Dinner) party, never the less this gives me more reflection time to develop myself. I am spending my extra 'stay at home time' cooking, baking, painting, sewing (basically I'm exploring the creative side of me) and of course praying for everyone.

So far, I have cooked at home many authentic dishes for *Iftar* (breaking fast around 8:30pm) and *Suhoor* (start of fast at dawn around 4:00am) full of essential nutrients to remain energised for 18 hours of fast during the day (without any food or drink).



Medjool Dates

I break my fast with dates and try to avoid too many fatty foods yet can't resist homemade samosas, pakoras and kebabs. Biryani is my favourite. I also drink plenty of fluids to keep me hydrated throughout the day. At *Suhoor*, I eat a full meal (yeah, I know at 3:00am) which is protein rich, high energy, slow burn food. I never forget to have my mum's special semolina and milk drink (it serves as a thirst quencher).

Fasting for 18 hours a day helps me reflect on the suffering of less privileged and hungry people around the world. As we are facing the Covid-19 crisis around the globe, poor people must be lacking basic necessities such as food and access to clean water. So, I have donated charity money (annual *Zakat*) to help these people which is also a major part of this blessed month.

Whether you are fasting or not, stay at home and be safe. It is very important that we protect ourselves and people around us by taking precautions and following guidelines given by the government. I am going to leave you with the saying by prophet Muhammad (PBUH)....

...The Prophet, peace be upon him, said: *If you hear that there is an infectious disease in a land, do not enter it; and if it (infectious disease) visits a land while you are therein, do not go out of it.*

If you have any questions or comments about this article please email me on HHabibullah@sjw.bham.sch.uk
Picture courtesy of my dearest sister U. Habibullah.



Following on from my announcement of this event last week... we had a successful first week where a number of pupils from SJW took part in a live chat with a Scientist and Psychologist.

Here's some of the questions asked: (You can find out the answers on the website)

? Latest Questions

Do you know what made you want to be a scientist? (5 Comments)

How can I improve in science? What helped you? (4 Comments)

What is a carbon nanotube and what could it be used for?

Sticking with the sci-fi theme... is teleportation possible? Have scientists achieved it, if so at what scale? (1 Comment)

How close are physicists to finding a theory that makes general relativity and quantum mechanics work together? Does (1 Comment)

How do you think the future of robotics will change careers available for people and daily life as a whole? (1 Comment)

What do we know about dark matter and what would change if we knew more?

Do you think religion and science complement each other or contradict each other?

Quite a vague question, and I'm not sure exactly what I'm looking for here, but... what is the 4th dimension? I've

What is antimatter and why is there so little of it?

[View all answered questions](#)

BIG SHOUT OUT 🙌 to the following pupils for being active and curious- Well Done!

Rayaan Nawaz 7WIO

Anay Parekh 7HUS

Emmanuel Ifeosame 7OWE

Irene Rose Jain 10HUL



Next live session will be on Wednesday
6th May at 2pm (Remember to Login)

Don't forget to

VOTE for your Scientist of the Week!

By Mrs Habibullah

Year 7 Saints League

Gold Pupil

Muhammad Esa (7JOS)	Amelia Wrukowska (7HUS)	Azhan Faisal (7HUS)
Jakub Borawski (7HUS)	Anay Parekh (7HUS)	Peter Pham (7WIO)
Muhammad Adif Hussain (7HUS)	Adam Hannan (7HUS)	Julita Wrukowska (7JOS)
Daniel Wainer Kodua (7JON)	Dhiraj Ram (7WIO)	Kyle Niemiec (7JOS)
Krystian Mendiakiewicz (7OWE)	Pavan Kumar (7OWE)	Wiktoria Przerwa (7JOS)
Ali Mirshakarizadeh (7JON)	Tiffany Ung (7JOS)	Sebastian Paul (7JOS)
Fidelle Randy Kelian Huyge (7JON)	Thang Chim (7WIO)	Darren Okonkwo (7HUS)
Zaida Khanom (7OWE)	Anes Omar (7JON)	Hassan Muhumed (7JOS)
Rohan Sehjail (7JOS)	Jasmeet Kaur (7HUS)	Janelle Ajayi (7OWE)
Sakshi Mahey (7JON)	Ranveer Mail (7JON)	Meher Saeed (7OWE)
Maria Bacalan (7JOS)	Hasan Muhammad (7HUS)	Laiba Shahzadi (7OWE)
Shera Khinda (7JON)	Jessica Martin (7OWE)	Fabrice King (7OWE)
Natasha Phaganja (7WIO)	Maja Tchorek (7JOS)	Kameron Chem (7JOS)
Mohammed Musa (7JON)	Nikola Dawicka (7HUS)	Sanamdeep Kaur (7JOS)
Stefan Dahorea (7JON)	Modou Njie (7WIO)	Valerica Tofei (7JOS)
Chelle John Omoozee (7WIO)	Manmeet Singh (7OWE)	Nathan Jiang (7OWE)
Derrek Okonkwo (7JOS)	Mohammed Abdi (7JON)	Rayaan Nawaz (7WIO)
Keiron Mokanda (7HUS)	Gabriel Sylva (7JON)	Mohammed Hasan (7WIO)
Marquise Harris (7JOS)	Dylan Shandari (7JOS)	Ashon Nossu (7HUS)
Sami Miah (7HUS)	Gerrard Mendosa (7JOS)	Rohit Din (7OWE)
Mandelkosi Ndlovu (7JON)	Bartosz Jan Hamela (7HUS)	Warren Bauwisse (7WIO)
Rahma Samia Miah (7HUS)	Christiana Ngobeh (7WIO)	Lasiba Akhtar (7WIO)
Cairo Herbert (7JOS)	Paulina Michalowska (7JON)	Fatou Ndow (7HUS)
Faisal Ahmedzai (7WIO)	Robertina Nae (7WIO)	Tarjuan Seivwright (7OWE)
Benjamin Bujur (7OWE)	Sara Baranowska (7JON)	Rayaan Afzal (7WIO)
Teya Davidson-Harris (7OWE)	Henry Nguyen (7JON)	Aman Luggah (7OWE)
Malcolm Ngandu (7JON)	Kyl Givans (7OWE)	Amari Stewart (7JOS)
Allyn Utomwen (7OWE)	Shamari Feurtado (7WIO)	Vaughtniner George (7WIO)
Holly Kiely (7OWE)	David Tran (7JON)	Sara Rebeca Savastita (7JOS)
Samun Stosray (7OWE)	Faria Khan (7JOS)	Akeyo Cunningham (7WIO)
Maria Simona Constantin (7JON)	Julian Omenma (7WIO)	Emmanuel Ifeosame (7OWE)
Mohammed Hasan (7WIO)	Sophia Baloghova (7WIO)	

Silver Pupil

Ubaid Akhtar (7HUS)	Tanvir Ridwan (7JON)	Natalia Budna (7HUS)
Elizabeth Mpesi (7HUS)	Kleopatra Cieslak (7JON)	Yuvraj Sidhu (7WIO)
Davemtay Arlington (7WIO)	Daniaal Ahmed (7HUS)	Kyra Mills (7OWE)
Bilal Ul Hasan (7WIO)	Renato Dinu (7OWE)	Rhodasia Welch (7OWE)
Ricardo Daniel Dinca (7OWE)	Lovinnia Rose (7JOS)	Emanuel Dinu (7WIO)
Talhah Munawwar (7OWE)	Natalia Frackowiak (7HUS)	Joyce Makumba (7JOS)
Ashpreet Kaur (7WIO)	Hasnain Khurram (7JON)	Jasmeet Kaur (7JOS)
Tjahari McDonald (7OWE)	Haider Nawaz (7HUS)	Ti Andre Wade (7HUS)
Hashem Hassan (7WIO)	Hannah Khan (7JON)	Danyana Henry (7OWE)
Khadajah Ceasay (7JON)		

Bronze Pupil

Hasnain Hussain (7JON)	Samra Mohamed (7HUS)	David Seli (7OWE)
Yanis Mchang (7JON)	Safiya Rice (7HUS)	Joha Kushehin (7JOS)
Rebecca Alexandra Dobrin (7OWE)		Ezekiel Osazamwinda (7HUS)
Marvellous Oselvoemen Aziegbemhin (7JOS)		Prince Isiah Brou Henry (7JOS)
Tahani Mohammed Sutherland (7WIO)		Joseph Daniel Chanda (7HUS)
Shaneka Carter (7JON)		

Do you need any support?

Food:

Food Parcels collections 5-6pm Daily (hunger relief)

Midland Langar Seva Society

Dale End Bus Stops (Stall)

Birmingham City Centre

B4

Food Bank Centres

New Life Weslyn Church

Holyhead Road

Handsworth

Birmingham

B21 0RA

0121 507 0734

(Thursdays 1-3pm)



Salma Food Bank Project

Unit 8

Ash Court

Crystal Drive

Smethwick

B66 1Q

07767164246

If you qualify for Free School Meals, please check your emails every Monday morning. A member of staff from school will have emailed you a code to use, follow the instructions in the email to claim your money. (Check your junk email folder if you cannot find it).

School Work

It is important during this time that you are keeping your brain active by completing the work your teachers are sending to you. To help you do this, here are some tips:

- Get into a routine e.g. get up at the same time, get dressed etc.
- Create a space to work without distractions
- Email your teachers for help if you need it
- Work together with your friends using facetime
- Have regular breaks to enjoy your hobbies
- Use/download the apps that our school has (e.g. Seneca)

Bereavement & Loss:

If you or anyone in your family suffers the loss of a family member or friend at this difficult time, there are some websites below that may help & comfort you:

Winston's Wish

Website: <https://help2makesense.org/>

Email: ask@winstonswish.org

Cruse Bereavement Care

Website: <https://www.hopeagain.org.uk/>

Phone: 0808 808 1677

Childline

Website: www.childline.org.uk

Phone: 0800 1111

Grief Encounter

Website: <https://www.griefencounter.org.uk/young-people/>

Phone: 0808 802 0111

Please remember you are not on your own- if you need more support, please email Miss Marston, Mr Price or Mrs Crooks.

Support During Ramadan:

Now Ramadan has begun, people living in Birmingham and Solihull are being encouraged to take care of their health during the fasting period; and to ensure that they continue to practise social distancing during the COVID-19 pandemic. For more support, visit these websites:

-Muslim Council of Britain: <https://mcb.org.uk/resources/ramadan/>

-Birmingham Central Mosque: <https://centralmosque.org.uk/timetable/>